



The Regis School
The best in everyone™
Part of United Learning

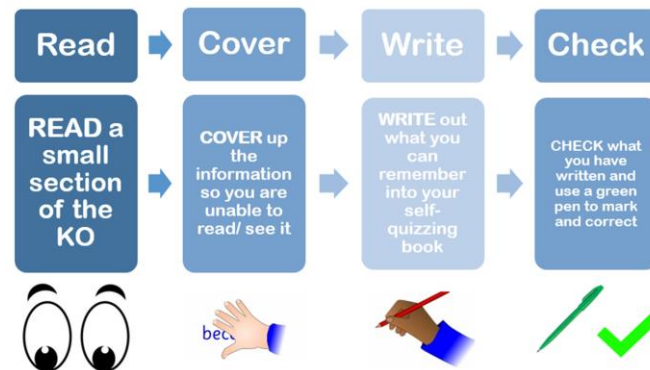


Year 8

Knowledge Organiser: Cycle 1

Name: _____

Tutor group: _____



Article 29:
Education must develop every child's personality, talents and abilities to the full. **UNCRC**

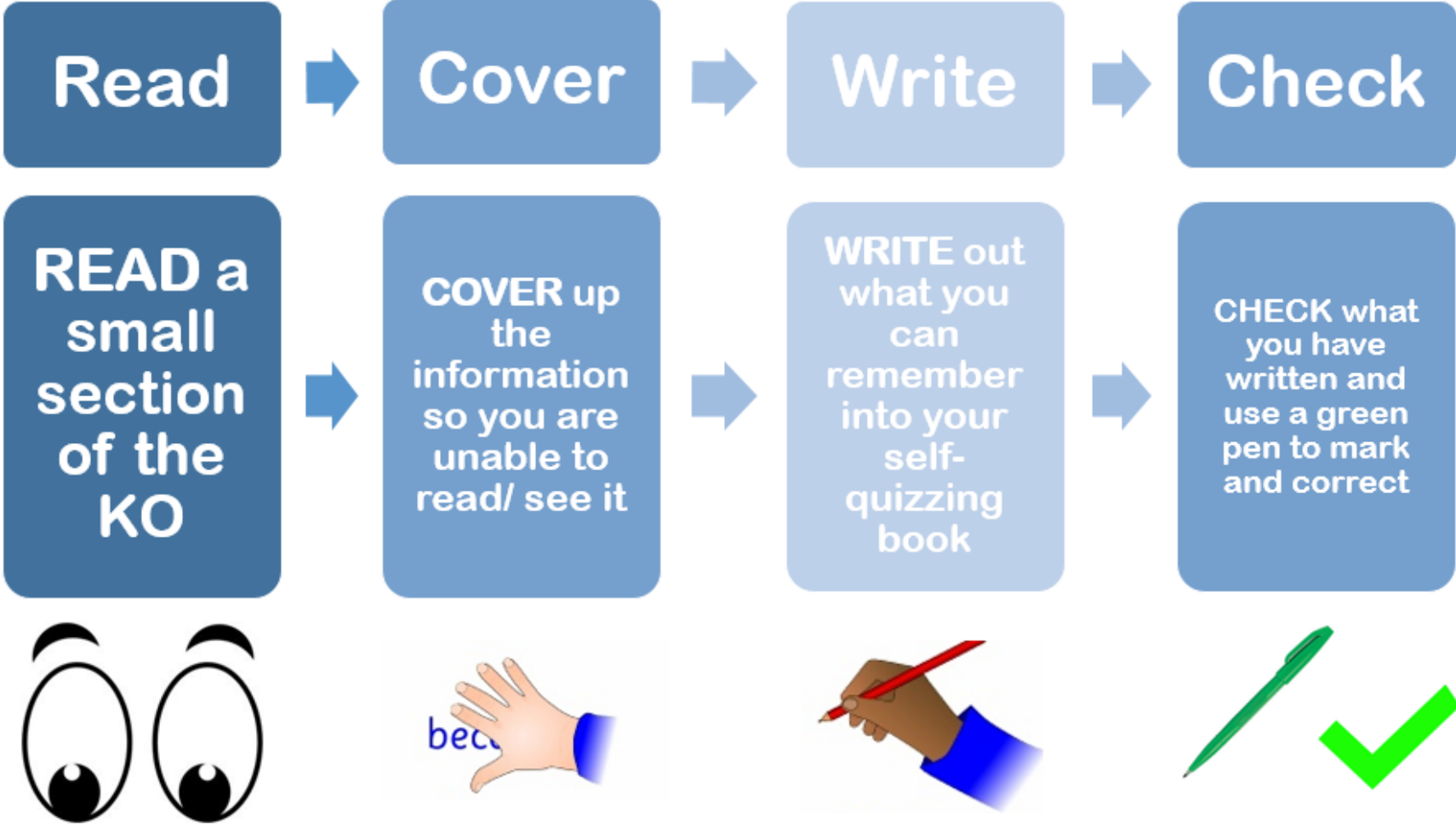
Your Knowledge Organiser

- Knowledge Organisers contain critical knowledge you must know. This will help you recap, revisit and revise what you have learnt in lessons in order to remember this knowledge for the long-term.
- You must have this book for every lesson – it is part of your equipment.

Using Your Knowledge Organiser for Revision

- Students remember 50% more when they test themselves after learning.
- You can use your book to help **memorisation**.
- **Read** a section of your Knowledge Organiser.
- **Cover** it up.
- **Write** out what you've remembered.
- **Check** the Knowledge Organiser to see if you're right.
- **Repeat** this process.
- Do this **every day** to help commit the information to your **long-term memory**.

How to Use the Book for Self-Quizzing



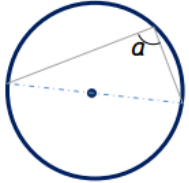

Using your Knowledge Organiser for Revision

Research shows that students remember 50% more when they test themselves after learning something.

You can use your 100% book to create flashcards.

These should be:

- **double-sided**
- **a question on one side, the answer on other**
- **a keyword on one side, a definition or image on the other**
- **used for self-testing.**

<u>Circles</u>	<u>Circles</u>
<ol style="list-style-type: none">1. What is the size of angle a?2. State the rule.	<ol style="list-style-type: none">1. What do you know about the angles x and y?2. State the rule.
	

Q1 What is emulsion ? Oil, water, droplet, shake, immiscible, bond, mixture.	Q2 What is one similarity between an alkene and an unsaturated fat ?
Q3 What is the name for the test for unsaturated fat or alkene ? Describe what you would see .	Q4 Describe two ways that saturated fat and unsaturated fat (oil) are different .
Q5 What is the advantage of cooking food in oil ? Explain your answer.	Q6 Describe what an emulsifier molecule does.
Q7 Name the two parts of an emulsifier molecule.	Q8 What is the difference between a monounsaturated fat and polyunsaturated fat ? Mono = one Poly = many

Feedback

Your teachers will give you feedback about your learning and progress in many different ways. These will include:

- Verbal feedback about something you are working on in the lesson (practical or written work).
- Verbal feedback through asking questions.
- Guided independent self-assessment.
- Guided peer assessment.
- Instant/quick written comments or identification of SPAG errors on your work as you complete it.
- Written feedback on your work and setting R4 or extension questions for you to complete.
- Knowledge quizzing/short tests that give you a score (i.e. 15/20).
- Longer tests that may also give a score (i.e. in %) as well as feedback about the content you need to re-learn/refresh.

You will be expected to respond to feedback in the following ways:

- ✓ Correcting all SPAG errors and copying out spellings as directed by your teacher.
- ✓ Answering R4 questions and completing extension questions/tasks in green pen.
- ✓ Giving peer feedback when it is expected by the teacher, using the format provided.
- ✓ Setting yourself targets when required, to ensure that you keep developing your knowledge and skills.
- ✓ Focusing on the areas of knowledge that you need to learn and quizzing yourself on these for homework.
- ✓ Showing that you take pride in your work by presenting it neatly.
- ✓ Always asking for help if you don't understand the work or what to do.

The Literacy Mat

Connectives

Adding Ideas

Furthermore, in addition, similarly, also, and, too.

Showing Difference

But, however, on the other hand, although, whereas, alternatively, arguably.

Evaluating

Consequently, surprisingly, significantly, interestingly, unexpectedly.

Listing

Firstly, secondly, last, then, next, finally.

Common Mistakes

Correct Capital Letters

To start EVERY sentence.

For 'I' (as in 'I went').

For ALL names.

Film/book names.

NeVeR To be uSed

RanDomLy!

Would HAVE' vs 'Would OF'

NEVER use 'of' after a modal verb:

'Would have' NOT 'would of'

'Could have' NOT 'could of'

'May have' NOT 'may of'

'Should have' NOT 'should of'

'Might have' NOT 'might of'

Great Big Nevers!

Gonna - going to

Ain't - am not

We/they was - we were

Gotta - have got to

Innit - isn't it

Gotten - got

Coz/cause - because

Homophones

To/too - I went to school (towards).

I ate too much (more than enough).

I am happy too (also).

Their/there/they're - They're (they are) over there (that place) reading their (belonging to them) books.

Your/you're - Your work is great (belonging to you). You're awesome (you are).

Correct Sentences

Simple Sentence - must contain a verb and a subject.

subject verb
Matt was very cold today.
subject verb
I always eat breakfast in the morning

Compound Sentence - two simple sentences joined by a connective.

connective
I tried to speak slowly **but** I was far too excited.

connective
Dan is very organised and he always helps others.

Complex Sentence - contains a simple sentence and one or more 'subordinate clauses' (extra information!).

subordinate clause comma
When he handed in the homework, the teacher knew he had worked hard on it.
comma comma
She told a joke, **which was hilarious,** to her friends. subordinate clause

Proof Reading

Follow this checklist when proof-reading or editing your work, especially assessments!

1. Check your presentation: Underline your date, title and any subtitles. Check that your work is laid out in paragraphs.
2. Skim read: Make sure capital letters and full stops are 100% accurate.
3. Skim read again: Check that your complex sentences have accurate commas.
4. Skim read again: Check the spelling of words you are not sure about (neighbour/dictionary/teacher/literacy mat).
5. Read a final time but carefully: Do **ALL** of your sentences make sense? Is there a better, clearer way of explaining/describing something?

Apostrophe Rules

1. Contractions

The apostrophe is put in the place of missing/omitted letters:
I will becomes I'll / should not becomes shouldn't etc.

2. Possession

If something belongs to someone, we put an apostrophe, then an 'S':
Toby's football / The dog's collar / The door's handle.
But if the name already ends in an 'S', you just put an apostrophe:
Chris' guitar / Jess' book / Mr Jones' classroom.

3. Plural Possession

If something belongs to a group, we just put an apostrophe at the end.
The class' whiteboard / The boys' shoes.

4. It's vs Its

'It's' should ONLY have an apostrophe if it is being shortened from 'it is'.
NEVER for possession: Its legs were long and hairy.

Never use an apostrophe for plurals! Carrot's / Ball's / CD's

The Literacy Mat: Common Spellings

<p> accommodation actually alcohol although analyse/analysis argument assessment atmosphere audible audience autumn beautiful beginning believe beneath buried business caught chocolate climb column concentration conclusion conscience conscious consequence continuous creation </p>	<p> daughter decide/decision definite design development diamond diary disappear disappoint embarrass energy engagement enquire environment evaluation evidence explanation February fierce forty fulfil furthermore guard happened health height imaginary </p>	<p> improvise industrial interesting interrupt issue jealous knowledge listening lonely lovely marriage material meanwhile miscellaneous mischief modern moreover murmur necessary nervous original outrageous parallel participation pattern peaceful people </p>	<p> performance permanent persuade/persuasion physical possession potential preparation prioritise process proportion proposition questionnaire queue reaction receive reference relief remember research resources safety Saturday secondary separate sequence shoulder sincerely </p>	<p> soldier stomach straight strategy strength success surely surprise survey technique technology texture tomorrow unfortunately Wednesday weight weird women </p>
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Maths Core Knowledge



<http://hegartymaths.com>

Data

Mean
Median
Mode
Range
Scale
Proportion
Discrete data
Continuous data
Frequency
Cumulative frequency
Upper quartile
Lower quartile
Interquartile range
Distribution
Correlation
Scatter graph

Shape

Names 3D

Sphere
Cylinder
Tetrahedron
Prism
Cone
Pyramid

Shape

Names 2D

Quadrilaterals

Parallelogram
Trapezium
Rectangle
Rhombus

Triangles

Equilateral
Right-angle
Isosceles
Scalene

Keywords

Circle
Polygon
Interior angles
Exterior angles
Acute angle
Right angle
Obtuse angle
Reflex angle
Vertically opposite angles
Corresponding angles
Alternate angles
Co-interior angles
Pythagoras
Trigonometry
Parallel
Perpendicular

Maths Lesson Essentials!

- Have you written and underlined the date and title?
- Have you written the question and shown your working out?
- Have you shown your units?
- Have you brought your calculator?
- Have you marked your answer in green pen?
- Does your answer make sense?

Number and Algebra

Ascending	Solution
Descending	Decimal
Denominator	Percentages
Numerator	Binary
Solve	Integer

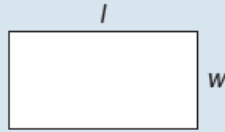
Article 29: 'Education must develop every child's personality, talents and abilities to the full.' Article 30: 'Every child has the right to an education.' The Rights of the Child.



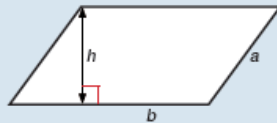
Maths Core Knowledge

Areas

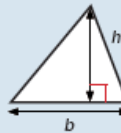
Rectangle = $l \times w$



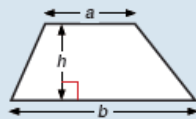
Parallelogram = $b \times h$



Triangle = $\frac{1}{2} b \times h$

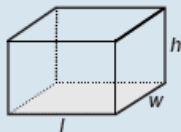


Trapezium = $\frac{1}{2}(a + b)h$

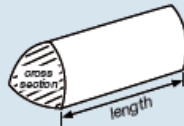


Volumes

Cuboid = $l \times w \times h$



Prism = area of cross section
x length



Cylinder = $\pi r^2 h$



Important Formulae

Compound measures

Speed

$$\text{speed} = \frac{\text{distance}}{\text{time}}$$

Pressure

$$\text{pressure} = \frac{\text{force}}{\text{area}}$$

Density

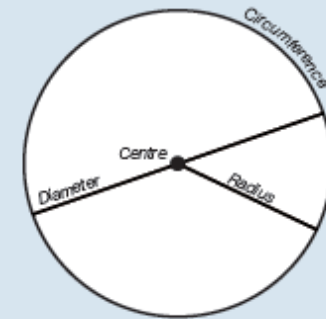
$$\text{density} = \frac{\text{mass}}{\text{volume}}$$

Circles

Circumference =
 $\pi \times \text{diameter}, C = \pi d$

Circumference =
 $2 \times \pi \times \text{radius}, C = 2\pi r$

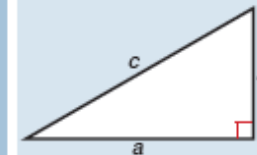
Area of a circle =
 $\pi \times \text{radius squared } A = \pi r^2$



Pythagoras

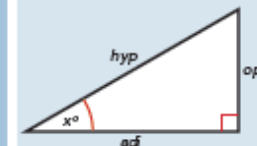
Pythagoras' Theorem

For a right-angled triangle,
 $a^2 + b^2 = c^2$



Trigonometric ratios (*new to F*)

$$\sin x^\circ = \frac{\text{opp}}{\text{hyp}}, \cos x^\circ = \frac{\text{adj}}{\text{hyp}}, \tan x^\circ = \frac{\text{opp}}{\text{adj}}$$



<http://hegartymaths.com>

Science Core Knowledge

1. How Science Works Keywords

Keyword	Definition
Evidence	A set of data that proves a prediction or hypothesis.
Hazard	Something that could be dangerous.
Risk	Chance of something dangerous happening.
Prediction	Something you think will happen.
Hypothesis	Why you think something will happen.
Variables	Something that changes.
Independent variable	The variable that is changed or controlled in an experiment to test the effects on the dependent variable.
Dependent variable	The variable being tested and measured in an experiment.
Control variable	Something that is constant and unchanged during the experiment.
Repeatability	Closeness of repeats of results to each other.
Reproducibility	Agreement of results from different groups testing the same factor.
Accuracy	Closeness of a measured value to a standard or known value.
Precision	Closeness of two or more measurements to each other.
Reliability	The degree to which the result of a measurement can be depended on to be accurate.

2. Key Equipment

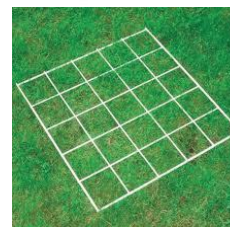


Measuring cylinders – 10 ml cylinders will allow measurement to the nearest 0.1 ml.

100 ml cylinders will allow measurement to the nearest 1 ml.



Thermometers – digital thermometers allow measurement to 1 decimal place, whereas alcohol thermometers only allow measurement to the nearest degree.



Quadrats – are used to do sampling and find the amount of a species in a certain area. Quadrats are placed onto the ground.



Metre ruler – used in multiple investigations in the lab. Allows us to measure to the nearest cm.



Measuring tape – used in sampling alongside the quadrat. Placed onto the ground to make a transect line to measure against.

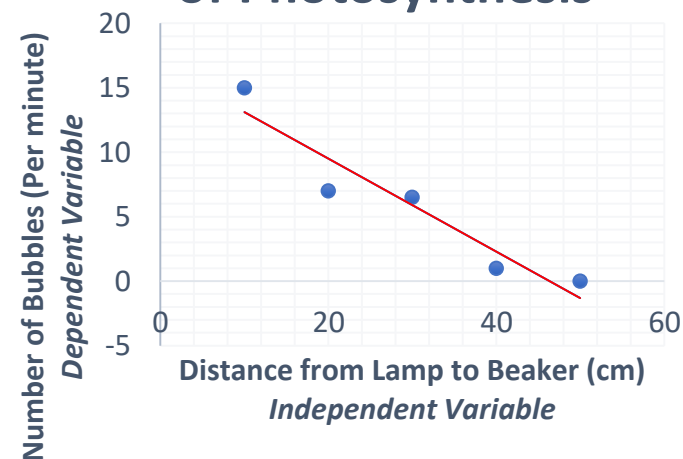
Science Core Knowledge

3. Graphing, Analysis and Evaluation Keywords

Keyword	Definition	Example
Hypothesis	An educational guess based on what you already know.	The rate of photosynthesis will increase as the lamp moves closer to the beaker.
Independent Variable	The variable that can be changed by the scientist, it is the cause. Found on the x-axis.	Distance from lamp to beaker (cm)
Dependent Variable	The variable that the scientist observes, it is the effect. Found on the y-axis.	Number of bubbles (per minute)
Control Variable	The variables that must always be kept the same	Temperature, the size of the pond weed, amount of water
Line of Best Fit	A line that goes roughly through the middle of all the scatter points on a graph.	The red line on the graph above shows the line of best fit for the data plotted
Calculations	Use the correct equation to be used based on the variables of the experiment. Use correct units.	Calculation for mean of number of bubbles per minute: $\text{Trial 1} + \text{Trial 2} + \text{Trial 3} \div 3$ $15 + 14 + 15 \div 3$ $= 14.6$
Results Analysis	Identify patterns in data. Describe what the table and graph show.	As the lamp is getting closer to the beaker, more bubbles are produced.
Conclusion	Answer your original question. State whether or not the hypothesis was supported.	The results prove that the rate of photosynthesis is effected by the distance of the light source. As the lamp was moved closer to the baker, more bubbles were produced.
Evaluation	Suggest an improvement for the equipment used. Suggest an improvement for the method used.	Use an LED lamp. Measure the volume of oxygen produced.

Distance from lamp to beaker (cm)	Number of bubbles (per minute)			Mean number of bubbles
	Trial 1	Trial 2	Trial 3	
10	15	14	15	14.6
20	7	7	7	7
30	7	7	6	6.7
40	1	2	1	1.3
50	0	0	0	0

Investigating the Rate of Photosynthesis



Practical Skills Visited

Skills

Colour

- Complementary colours
- Colour and light
- Tertiaries – greys/browns
- Perspective through colour

Drawing

- Directional mark making/shading to create form
- Measuring with a pencil, basic foreshortening
- Proportions of the figure
- Line and stylisation
- Drawing with a pen

Painting

- Colour mixing and variety of colours to create light and shade.
- Brushstrokes to create texture, form and movement

Printing

Printing for pattern Batik or repeat block printing

3D

Sculpture – small scale

Photography

Use of photography to record images to work from in a more independent way – e.g. own landscape images.

Editing images to create contrast/interesting colour ways

Literacy

Ability to compare and contrast two artists' works.

Vocabulary

Complementary colours – colours that are opposite each other on the colour wheel

Tertiary colours – the 'in between' colours e.g. yellow mixed with orange. Purple mixed with red.

Motif – a symbol or image used throughout a particular art work or art style, e.g. the whiplash motif in Art Nouveau

Monet – 'The father of Impressionism'

Impressionism – An art movement that at the time was considered shocking. From the 19th Century, focusing on loose brushstrokes, colour and depicting light.

Henry Moore – British sculptor famous for large-scale semi abstract figures and also drawing of the underground during WW2.

Giacometti – sculptor known for his textured ghost like sculptures.

Sculpture/Sculptor – a 3D art work/an artist who creates sculptures

Maquette – a small try out of a 3D art work

Stretch/Further Reading

Drawing

1. Complete drawings of figures from real life using line only – try to use continuous line
2. Draw a sky using colour only without doing outlines first – paint if you can
3. Draw insects in detail – look at botanical drawings of insects to help you.

4. Find out about Indian Art and pattern

5. Find out about the Impressionists and the Post Impressionists. If possible, visit the National Gallery in London to see some of their work. Also, the Courtauld Gallery is fabulous for Impressionism.

Artists

The Impressionists and Post Impressionists:

- **Monet**
- **Henry Moore**
- **Giacometti**

Computing – Spreadsheets

Spreadsheets are used to store information and data. Once we have our information in a spreadsheet we can run powerful calculations, make graphs and charts and analyse patterns.

Charts and graphs provide a **visual representation** of data, which can often be easier to understand.

Spreadsheets are used by businesses to keep control of the costs and forecasting sales in the future.

Students use spreadsheets to generate charts and graphs for coursework.

Key Points – Explain (Bitesize)

Columns,
rows and
cells

-
-
-

Sorting

Line
graph

Pie Chart

Bar Chart

Accounts (complete in pencil)

Account	Site	Login	P/W hint
Login	18SurnameInitial		
OneDrive/Email	http://outlook.office365.com/owa/theregisschool.co.uk	@theregisschool.co.uk	
Homework / iDEA	https://idea.org.uk Internet & Web , What Is The Cloud? Teamwork, Problem Solving , Automation. Any others.		
Classcharts - H/W	https://www.classcharts.com		
Keywords	https://quizlet.com/login	TRS Year 8 Comp Sci 2019	

Computing – Spreadsheets

Excel Keywords	Definition
ascending	Ascending means starting at the Bottom and going up, for example, 0, 1, 2, 3.. (smallest to largest) or A–Z
axis labels	A label for a graph's horizontal (x) or vertical (Y) axis that explains what the value relates to.
data	Values, typically letters or numbers.
dialogue box	A window that displays some information or an error message for the user and waits for a response.
descending	Descending means starting at the Top and going Down, for example, 10, 9, 8 .. (largest to lowest) or Z - A.
double-click	To quickly click a button twice on a mouse or other computer input device.
duplicates	To make an exact copy of something.
format	The appearance of a document, including the fonts, colours, size and alignment.
formula	The use of symbols to make a calculation e.g. =Sum(A1*B1) or =Sum(A1:A5)
function	A predefined formula that performs calculations using specific values in a particular order. E.g. =Average(A1:A5) or =VLOOKUP(value, table, col_index, [range_lookup]) or =COUNT(A1:A5)

Homework Checklist for first term

1	Use this to complete the KO	https://www.bbc.com/bitesize/guides/zdydmp3/revision/1
2	Homework – Idea Badges	Problem Solving Internet & Web What Is The Cloud? Teamwork (look on class charts for others to do)
3	Keywords from KO	You could also use Quizlet to practice.
4	Extension work	Create your own spreadsheet to balance your budget. Use some more complicated formulas/Functions – look them up -

Performance (Drama and Dance)

Drama Skills and Techniques

- 1 **Conscience alley:** Two physical lines of people creating an 'alleyway' between them. Each person in each line speaks a thought aloud (negative or positive) exploring a character's dilemma/morals as they walk through the 'conscience alley.'
- 2 **Thought tracking:** A character speaks their internal thoughts out loud for the audience, other characters on stage may not be aware of this.
- 3 **Flashback / Flash-forward:** A scene showing a moment from the past or the future.
- 4 **Freeze frames:** A still/frozen image of characters on stage in a specific moment.
- 5 **Transitions:** Movement that links scenes or images from one to the other.
- 6 **Physical Theatre:** Using your body to make/represent an object or using movement to tell a story.

Drama Skills and Techniques

- 1 **Marking the Moment:** Highlighting the key/most important moment in your scene by using slow motion or free frame.
- 2 **Direct Address:** Talking directly to the audience – also known as 'breaking the fourth wall.'



Dance: Mental Skills

- 1 **Systematic rehearsal:** Repeating something in an arranged or ordered way.
- 2 **Response to feedback:** Using peer, self and teacher feedback to improve your dance performance.
- 3 **Capacity to improve:** The ability and desire to improve your performance.



Dance: Physical and Expressive Skills

- 1 **Alignment:** Correct placement of body parts in relation to each other.
- 2 **Isolation:** An independent movement of part of the body.
- 3 **Mobility:** The range of movement in a joint; the ability to move fluently from action to action.
- 4 **Extension:** Lengthening one or more muscles or limbs.
- 5 **Facial expression:** Use of the face to show mood, feeling or character.
- 6 **Sensitivity to other dancers:** Awareness of and connection to other dancers.
- 7 **Communication of choreographic intent:** The aim of the dance; what the choreographer aims to communicate.
- 8 **Interrelationship between constituent features of dance works:** How costume, music, set design and action content relate to each other.

Keywords		Rhetorical Devices		Language and Structural Devices		
Evidence	the use of information to prove a point that you are making	Rhetorical question	Asking a question that gets the reader to consider or do something. Used to emphasise a key point	Simile	comparing two objects using 'as' or 'like' to create imagery	
Quotation	a selection of words or phrases taken, word for word, from a text	Direct address	Directing a statement clearly to the reader / audience using the pronoun 'you'	Metaphor	comparing one thing to another by saying it is something else.	
Fiction	writing that describes imaginary events and people, e.g. <i>Private Peaceful</i>	Tripartite sequence	When you list three actions or descriptions in a sentence.	Personification	giving inanimate objects human properties	
Non-fiction	writing that describes people's opinions or information on facts and reality, e.g. a newspaper	Inclusive pronouns	Use of 'us' / 'our' etc to make the audience feel included and therefore more likely to agree	Pathetic fallacy	when you give human emotions to nature (specifically the weather) to create atmosphere.	
Identify	to pick out a specific piece of information from a text	Hyperbole	Exaggerated or over the top language	Alliteration	words in a passage / sentence that begin with the same sound.	
Inference (noun)	a thought or opinion about a text that is formed by looking at the evidence	Facts / statistics	A statement that is known or proven to be true	Onomatopoeia	words that sound like the sounds they are describing	
Infer (verb)	to have a thought or opinion about a text, formed by looking at the evidence	Opinions	A view or judgement of something that someone could disagree with	Semantic field	a group of words that suggest a theme / topic	
Explicit	obvious, specific or clear	Repetition	Words or phrases repeated across a text for emphasis	Sequence	the order of events in a text (opening, middle, end)	
Implicit	suggested, not openly stated, an educated guess	Parts of Speech				
Analysis (noun)	the close examination of a text	1	Noun	people, place things	Flashback / flash-forward	an interruption of the story to describe a past or future event
Narrator	the person telling the story		Adjective	describes a noun	Past and present tense	identifying whether the events are happening now, or if they have already happened
Perspective	the views and opinions of the writer		Adverb	tells you how, when, where or why something is being done	Narrative viewpoint	writing in the first person ('I'), second person ('you'), or third person (he, she, it, names)
		2	Verb	describes an action	Foreshadowing	Hints about what might happen later in the speech
		3	Pronoun	works as a noun and indicates other people in the discussion		
		4	Connective	a word used to connect clauses or ideas together		
		5	Preposition	usually used in front of nouns or pronouns and they show the relationship between the noun or pronoun and other words in a sentence		

KEYWORDS

Nutritional Analysis – Annotation of nutrients and their functions.

Sensory Analysis – Annotation of how the product looks, tastes, texture and smell.

Gluten – Protein found in wheat.

CO₂ – Gas produced from yeast, used to make bread rise.

Modification – Changing the recipe to meet needs of consumer.

Seasonal foods – Foods that are only available at certain times of the year.

THE EATWELL PLATE



1. Base your meals on starchy food
2. Eat lots of fruit and vegetables
3. Eat more fish
4. Cut down on saturated fat and sugar
5. Try to eat less salt – not more than 6 g a day
6. Drink plenty of water
7. Don't skip breakfast
8. Get active and try to be a healthy weight

FARM ASSURED

The Union Jack on the Red Tractor logo confirms that your food has been born, grown, prepared and packed in the UK.

The label also confirms that the welfare of the animals have been regulated to make sure they are well cared for.



FAIRTRADE

Changes the way trade works through better prices, decent working conditions and a fairer deal for farmers and workers in developing countries.



SEASONAL FOOD

These foods are only available at certain times in the year. Choosing seasonal food has many advantages:

- More likely to be locally grown
- Food miles will be low
- Support for local farmers
- More nutrients as they are fresher
- Fruit can be used to make chutneys, pickles or jams.

RICE DISHES

Rice dishes can harbour a bacteria called *Bacillus cereus*. The bacteria can form spores that are not easily destroyed by heat.

If rice is cooled down slowly or kept warm for some time before serving, the spores will germinate and produce bacteria. The bacteria will multiply and will not be destroyed by heating.

It is therefore important to cool rice down quickly by running it under a cold tap and placing it into a fridge straight away, or with stir fries, risottos and so on, cool in a shallow dish then refrigerate. All foods stored in a fridge should not be kept at 0–5 degrees Celsius. It will then be safe to reheat rice.

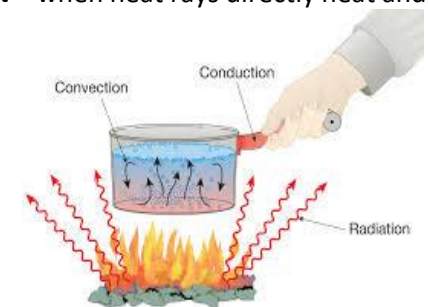
All reheated food should be served piping hot. The rice you prepare will reheat in the microwave for 3–5 minutes, depending on how powerful your microwave is. If you have any left, it must not be heated up again.

HEAT TRANSFERENCES

CONDUCTION – when heat travels through solid materials such as metal and food.

CONVECTION – when heat travels through air or water.

RADIATION – when heat rays directly heat and cook food.



Food Preparation and Nutrition – Recipes

PIZZA

200 g strong bread flour
3 tbsp oil
1 sachet of yeast
50 g cheese
200 ml passata or thick tomato pasta sauce
2 of your own chosen toppings



FOCACCIA

375 g strong plain flour
1 sachet quick acting yeast
3 tbsp olive oil
at least 2 additional ingredients as mentioned in class e.g. sundried tomatoes, rosemary, garlic, olives, grated cheese



BOMBAY POTATOES

6 medium sized potatoes
3 tbsp vegetable oil
1 medium onion
2 cloves garlic
1 red pepper
1 x 400 g tin chopped tomatoes
1 tbsp madras curry powder
Fresh coriander and a lemon wedge to garnish



MUFFINS

250 g plain flour
2 tsp baking powder
100 g caster sugar
240 ml semi skimmed milk
2 eggs
125 ml vegetable oil
muffin cases



EGG FRIED RICE

2 tbsp vegetable oil
4 rashers of smoked bacon
1 onion
2 spring onions
200 g rice
100 g frozen peas
2 eggs
2 tbsp soy sauce



CHICKEN NUGGETS

100 g flour
1 egg
100 g bread crumbs
1 chicken breast
3 tbsp oil



SCONES

300 g self-raising flour
1 tsp baking powder
75 g margarine
50 g caster sugar
150 ml milk
25 g of chosen ingredients depending on savoury or sweet



ROCKY ROAD

250 g digestive biscuits
150 g milk chocolate
150 g dark chocolate
100 g butter
150 g golden syrup
100 g dried apricot, chopped
75 g raisins



Time Expressions		Verb Phrase (past tense)		Nouns (countries)	
L'année dernière,	Last year,	Je suis allé(e)...	I went...	En Suisse	To/in Switzerland
Le weekend dernier,	Last weekend,	J'ai fait...	I did...	En Espagne	To/in Spain
Il y a trois ans,	Three years ago,	On s'est déplacé...	we travelled...	En Allemagne	To/in Germany
		Je suis resté(e).....	I stayed...	En Pologne	To/in Poland
		C'était...	It was...	Au Portugal	To/in Portugal
		Verb Phrase (present tense)		Au Canada	To/in Canada
Normalement,	Normally,	Je vais...	I go...	Aux Etats-unis	To/in the United States
D'habitude,	Usually,	On va...	We go...	Nouns (transport)	
L'année prochaine,	Next year,	Je fais...	I do...	En avion	By plane
À l'avenir,	In the future,	Je me déplace...	I travel...	En bateau	By boat
Un jour,	One day,	Je reste...	I stay...	En voiture	By car
		Je voyage...	I travel...	Nouns (accommodation)	
		C'est...	It's...	Dans une tente	In a tent
Adjectives (describing)		Verb Phrase (future tense)		Dans un hôtel	At a hotel
rapide	fast	Je vais aller...	I'm going to go...	Dans une auberge de jeunesse	In a youth hostel
lent	slow	On va voyager...	We are going to travel...	Nouns (activities)	
dangereux	dangerous	Je vais rester...	I'm going to stay...	Les magasins	Some shopping
sûr	safe	Je vais faire...	I'm going to do...	De l'escalade	Some climbing
Bon marché	cheap	Il sera....	It will be...	De la rando	Some hiking
cher	expensive	Core Questions		Nouns (people)	
génial	great	1) Où es-tu allé(e) en vacances l'année dernière?	Where did you go on holiday last year?	Avec ma famille	With my family
flippant	freaky./scary	2) Qu'est-ce que tu fais normalement pendant les vacances?	What do you normally do in the holiday?	Avec mes copains	With my friends
horrible	horrific	3) Quels sont tes projets pour les prochaines vacances?	What are your plans for the next holidays?	Avec mon collègue	With my school
Un peu	A bit				
très	very				
extrêmement	extremely				
assez	quite				

How do waves form?

Waves are formed as a result of wind blowing over the ocean. The longer the fetch (the distance the wind blows over the water), the bigger the wave will be.

Destructive waves: These waves are steep and they are close together.

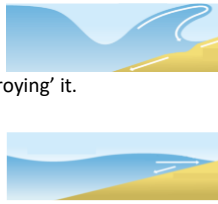
– They have a weak swash and a strong backwash.

– As a result, these waves erode sand and pebbles from the beach, ‘destroying’ it.

Constructive waves: These waves are gentle and they are far apart.

– They have a strong swash and a gentle backwash.

– As a result, these waves transport and deposit a large amount of material onto the beach, ‘constructing’ a new beach.



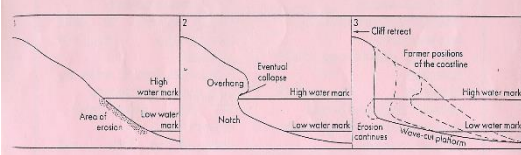
Landforms of erosion: wave cut platforms

As you can see, the cliff is retreating leaving behind a **sloping wave-cut platform**.

The erosion happens between the **high water mark** (high tide) and the **low water mark** (low tide).

The base of the cliff is eroded, **undercutting** the cliff and forming a **wave cut notch**

The cliff is **unsupported**, so it **collapses**
The process **repeats** and the cliff **retreats**.

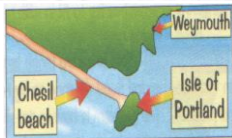


Landforms of deposition: bars and Tombolos

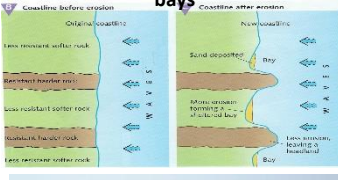
If there is **no river** running into the sea where the spit has formed, it could become a **BAR** and stretch all the way across. Behind the bar is a **Lagoon**, which in time may become a **Salt Marsh**.



If the material reaches an offshore island it is a **tombolo**.



Landforms of erosion: headlands and bays



- Due to destructive waves the coastline is **eroded**, by **hydraulic action** and **abrasion**.
- **Soft rock** erodes **quicker** and **retreats**.
- The hard rock **remains** and forms headlands.
- Due to **attrition** the eroded rock is broken down to form **sand** and then **deposited** in the bay.

Changes in Sea Level:

Sea levels change on a daily basis due to tides. However, Earth's sea levels are also generally rising due to **global warming**. The increase in the Earth's average temperature is causing the polar ice caps to melt, causing sea levels to rise.

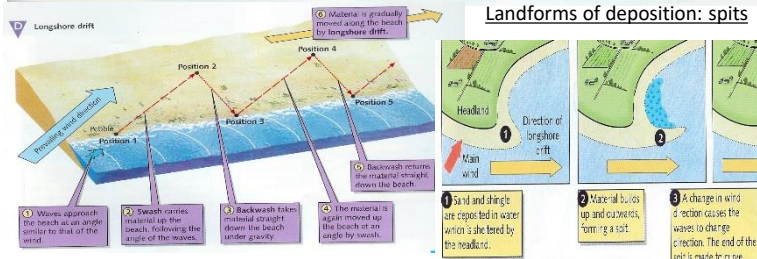
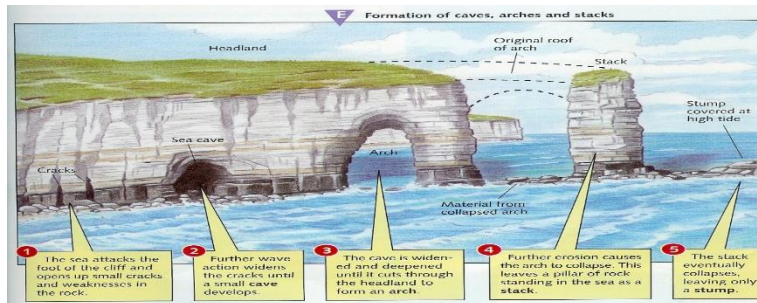
This rise in sea levels can increase **erosion** and can cause area to permanently flood. This affects **coastal areas** but can also affect low lying countries, such as **the Maldives** and cities such as **New York, Shanghai and London**, which will be forced to spend billions on flood defences.

Coastal erosion and weathering:

How coasts change depends on the types of rocks that are in different areas. **Harder rock**, like limestone and sandstone, erodes slowly. **Softer rock**, like clay, **erodes more quickly**.

Name	Description
Abrasion	As waves smash rocks against cliff surfaces, they are worn away and become smoother. This is known as the “sandpaper effect”.
Hydraulic power	Air becomes trapped in faults in cliffs. When waves break against the cliffs, the air is compressed and forces the fault to become bigger. This eventually causes a piece of the cliff to break away.
Solution	Acids in sea water dissolve certain types of rock, such as limestone or chalk, causing them to gradually erode over time.
Attrition	Material from the coastline collides with other material, breaking into smaller pieces.
Freeze-thaw weathering	Water collects in faults during the day. At night, this water freezes and expands. This makes faults bigger over time and is similar to hydraulic power.

Landforms of erosion: caves, arches and stacks



Landforms of deposition: spits

Case study of coastal management

The Holderness Coast

Holderness Coast is in Humberside, North East England. It suffers one of the fastest rates of erosion in world and loses around 1–2 metres of coastline per year. Mappleton is now in danger of falling into the sea and 29 villages lost from coastline since roman times.

Cause Soft rock, made of *till*, which contains small pebbles and clay *and very strong waves*.
Response £2 million spent on rock groynes at Mappleton and rip-rap. They spent this money as they did not want to re-route the Hornsea to Withenssea road due to cost.

Effects

Positive:

Has stopped erosion at Mappleton, as it now has a beach protecting the foot of the cliff.

Negative:

Further south has no beach, as the groynes have stopped longshore drift taking beach material further down the coast.

Sue Earl who owned Cliff Top farm saw erosion increase from 1 metre a year to 20 metres a year in certain places.

Sue Earl's farm has now been demolished, and she had to live in a caravan. Sue Earl blames the Sea defences at Mappleton for causing the increased erosion near her farm, and is trying to sue the local council.

Hard Engineering:

<p>Groynes</p>	<ul style="list-style-type: none"> • Stops Longshore Drift = beach. • Wooden posts out to sea. • No beach further down coast = more erosion.
<p>Gabions</p>	<ul style="list-style-type: none"> • Stones in mesh cages. • Waves energy is dispersed through them. • Look ugly and are a danger for animals e.g. birds.
<p>Sea Wall</p>	<ul style="list-style-type: none"> • Concrete Wall – reflects waves energy. • Can increase wave backwash meaning the beach is removed. • Ugly, expensive, graffiti.
<p>Off-Shore Break Water</p>	<ul style="list-style-type: none"> • A build up of rocks out at sea. • Disperses waves energy out at sea. • Beach builds up behind them as there is little sea current. • Ugly, expensive, dangerous – children.
<p>Revetments</p>	<ul style="list-style-type: none"> • Sloping concrete / wooden platform. • Allows wave energy to be dispersed as it travels up the revetment. • Ugly, expensive.

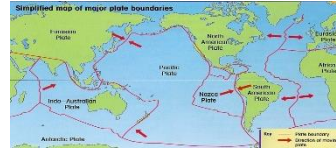
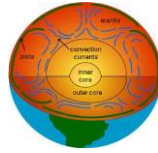
Geography

Layers of the Earth

Inner Core: centre of the earth; solid; 5500°C.
Outer Core: 2000 km thick, second hottest, liquid metal.

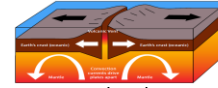
Mantle: 3000 km thick; semi-molten; convection currents active here.

Crust: Rocky outer layer; broken in to oceanic crust (approx. 5km thick, holds the Earth's oceans, can be destroyed) and the continental crust (approx. 35–50 km thick, holds the Earth's continents, cannot be destroyed). **Convection Currents** occur in the mantle. The core heats the magma, which rises towards the crust, cools, spreads, sinks and the process repeats. Without these currents there would be NO tectonic activity.



This shows the major tectonic plates and the movement at their boundaries. At the edges of plate boundaries, the majority of tectonic events will occur i.e. volcanoes and earthquakes. There are a few anomalies to this general rule, e.g. the "hotspots" around Hawaii in the Pacific Ocean.

Divergent (Constructive) Margin



Convection currents move the plates away from each other; **Tremors** will be felt, and a **gap** will be created; Fast flowing **lava** seeps out creating **shield volcanoes** and **new land** e.g. Iceland; The **Mid-Atlantic Ridge** is a famous constructive margin creating 3 cm of new land each year.

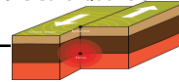
Convergent Destructive Margin

A **destructive margin** occurs due to **convection currents** moving the plates **towards** each other; **oceanic crust** moves towards the **continental crust**. The oceanic is forced down as continental cannot be destroyed; as it is forced down it enters the **subduction zone**, earthquakes happen and the oceanic crust melts in the **magma chamber**; **pressure builds up** and an eruption takes place producing sticky lava = **composite volcano** formed.



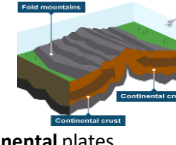
Conservative Margin

Conservative margins occur due to **convection currents** causing plates to **slide past** each other, sometimes they will **stick**, causing **pressure to build up and friction**; The **convection currents** keep trying to move the plates until they **slip past** each other causing an **earthquake**; **Seismic waves** now rush from the earthquake's **focus**.



Convergent Collision Margins

A collision margin Occurs due to Convection currents pushing two **continental plates** towards each other. Remember, **continental crust cannot be destroyed**; As they hit **violent earthquakes** happen (e.g. Nepal 2014); They push upwards to create **fold mountains** (e.g. Himalayas).



Why do people live near volcanoes?

Creates **tourism** (e.g. Vesuvius in Italy); They form **new land** (e.g. Surtsey, Iceland); **Precious stones** can be found nearby; **Geothermal** power plants can locate near volcanoes; the ash makes the **land fertile** meaning jobs for farmers; **friends and family** may live here; some people **take the risk** as it has not erupted in so long; **some people cannot afford to live elsewhere**.

Predicting volcanic eruptions

The **shape** may change (measured by **tilt-meters**); Measure **gas emissions** (e.g. sulphur); Monitor **tremors**;

Smoke coming out the top; Nearby **water temperatures** rising;

Preparing for volcanic eruptions

Evacuation and exclusion zones around the volcano;

Train the **emergency services**;

Reinforce roofs of buildings so unaffected by falling ash;

Ensure **medical, food and water supplies** are stocked; **Diversion channels** for lava flows can be created.



Case Study 2 LIC - Haiti 2010

Located in the **Caribbean**, shares Island with Dominican Republic

Cause

- **Conservative boundary** (read about me!) – **North American plate** and **Caribbean plate** moving in different directions.
- 7 Richter scale, epicentre close to capital Port au Prince.

Effect

- **250,000 dead** due to poorly built buildings collapsing on them, many injured could not be treated as hospitals were overwhelmed.
- **1.5 million homeless**, many have had to live in shanty settlements, as Port au Prince building collapsed.
- Outbreaks of **Cholera** due to the lack of clean water available as people forced to live in shanty settlements
- The local jail collapsed, **4000 inmates** escaped.
- The **destroyed port** also led to the **economy** suffering as trade could not take place causing **people to lose jobs**.

Response (Are these Sustainable??)

- This was made difficult as the **port was destroyed** meaning aid could not get in
- People responded by building houses on the edge of the city – these were poor quality and lacked toilets and running water, this led to the **spread of Cholera** (Not sustainable).
- **USA** sent troops to restore order by stopping looting and organising search and rescue. (Sustainable as it reduced death).
- **Red Cross** raised **\$7 million in 24 hrs**, sending **food, water and medicine** across from the USA.

Case Study 1- HIC Japan 2011 – Japan is located in Asia.

Cause

- Japan sits between the Pacific and North America plate.
- Japan sits on a **convergent destructive** plate boundary.
- The Pacific plate is subducting beneath the North American plate.
- Measured a 9 on the Richter scale.

Effect

- **15,000 deaths** mostly as a result of the tsunami that followed the earthquake.
- **230,000 homeless** from the tsunami.
- **120,000 buildings destroyed** but many were protected as they were earthquake resistant.
- Total economic cost estimated at **\$235 billion**.
- The tsunami **flooded the Fukushima nuclear power plant**, releasing 300 tonnes of radioactive water into the surrounding area

Response

- **100,000 Japanese soldiers** sent out to search and rescue.
- Specialist **search and rescue** teams flown in from **overseas**.
- Exclusion zone set up around Fukushima, **people evacuated** from area.
- **91 countries have offered aid**, from blankets and food to search dogs and military transport.
- Modern innovations, such as **Twitter** were **bringing updates** on the situation far earlier than the media.
- A **Meteorological Agency** official **appeared on TV** urging those affected by the quake not to return home because of possible tsunamis.

Why do people live in and around seismic areas?

Industry and jobs in that area; **friends and family** may live here; people place a lot of faith in earthquake prediction and/or prevention methods; some people **take the risk** as it has not erupted in so long; **some people cannot afford to live elsewhere**.

Predicting earthquakes

Monitor using **seismographs** for irregularities in tremors and plate movements; Monitor **local animal behaviour** – they will sense minor earthquakes and tremors; Measure **radon gas** – this will increase as cracks appear in the rocks; Measure **underground water levels** – these will rise as the plates lock; NB – earthquakes cannot be effectively predicted!

Preparing for earthquakes

- Retro-fit existing buildings with earthquake proof measures (e.g. cross-bracings, springs, etc);
- Ensure new buildings are built to withstand or absorb seismic activity;
- Practice earthquake drills;
- Train the emergency services;
- Prepare earthquake kits at home;
- Ensure streets are as wide as possible (e.g. San Francisco) so emergency services can access.

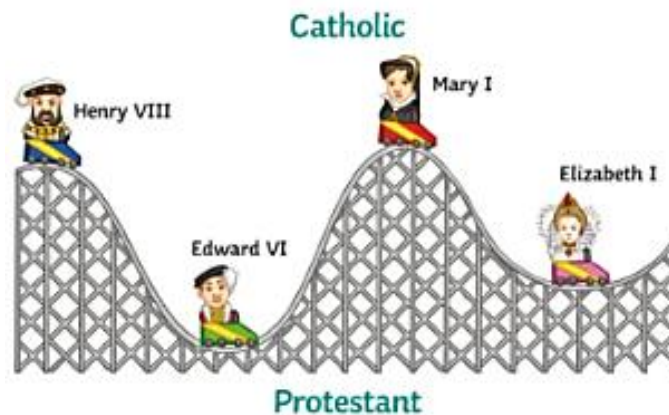
Other important information: Two ways to measure earthquakes:

- **Richter Scale** – uses a **seismograph** to measure the size (magnitude) of the **seismic waves**. Measured on a **logarithmic scale** (e.g. a "8" on the scale is 10x stronger than a "7", and 100x stronger than a "6", and so on).
- The **Mercalli Scale** – visual scale, get a ranked score of 1 (least) to 12 (most) of the **damage caused** by tremors.

Time Expressions		Verb Phrase (past tense)		Nouns (countries)	
letztes Jahr	Last year,	Ich bingefahren	I went....	nach Frankreich	To France
Letztes Wochenende	Last weekend,	Ich habe... gemacht	I did...	nach Spanien	To Spain
Vor drei Jahren	Three years ago,	wir haben ... besucht	we visited...	nach Deutschland	To Germany
		Ich bin....geblieben	I stayed...	nach Polen	To Poland
		Es war ...	it was...	nach Portugal	To Portugal
		Verb Phrase (present tense)			
Normalerweise	Normally,	Ich fahre	I go / travel ...	in die Schweiz	To Switzerland
Gewöhnlich	Usually,	Wir fahren	We go...	nach Amerika	To the United States
		Ich mache	I do...	Nouns (transport)	
Nächstes Jahr	Next year,	Ich besuche	I visited...	mit dem Flugzeug	By plane
In der Zukunft	In the future,	Ich bleibe	I stay...	mit dem Schiff	By boat
Eines Tages	One day,	Ich fliege	I fly	mit dem Auto	By car
		Es ist....	It is...	Nouns (accommodation)	
Adjectives (describing)		Verb Phrase (future tense)			
schnell	fast	Ich werde ...fahren	I'm going to go...	in einem Zelt	In a tent
langsam	slow	wir werden..fahren	We are going to travel	in einem Hotel	At a hotel
gefährlich	dangerous	Ich werde....bleiben	I'm going to stay...	in einer Jugendherberge	In a youth hostel
sicher	safe	Ich werde...machen	I'm going to do...	Nouns (activities)	
billig	cheap	Es wird....sein	It will be...	Einkaufen	shopping
teuer	expensive	Core Questions		Klettern	climbing
toll	great	1) Wohin bist du letztes Jahr auf Urlaub gefahren?	Where did you go on holiday last year?	Wandern	some hiking
gruselig	freaky/scary	Was machst du normalerweise in den Ferien	What do you normally do in the holidays?	Nouns (people)	
furchtbar	awful	Wohin wirst du nächstes Jahr auf Urlaub fahren?	What are your plans for the next holidays?	mit meiner Familie	With my family
ein Bißchen	a bit			mit meinen Freunden	With my friends
sehr	very			mit meiner Schule	With my school
total	totally				
ziemlich	quite				

History – The Tudors

Keywords	
Wars of the Roses	The Wars of the Roses were a series of battles fought in medieval England from 1455 to 1485 between the House of Lancaster and the House of York.
Catholic	Main Christian religion that was followed by people across Europe.
Protestant	A movement that questioned the Catholic Church.
Monastery	A place where monks lived. Destroyed by Henry VIII between 1536 and 1541.
Reformation	A period of time when the Catholic church was challenged.
Treason	The process of trying to remove the king or queen. It was punishable by death.
New World	Modern day America and Canada. It was discovered by Europeans during this time and many countries tried to claim it as their own.
Elizabeth's middle way	Elizabeth's compromise to help Catholics and Protestants live peacefully in Tudor England.
Tudor Period	The period of time between 1485 and 1603.



Key Individuals	
Henry VII	Won the War of the Roses and began the Tudor dynasty.
Henry VIII	Made the break from Rome. Son of Henry VII.
Edward VI	Henry VIII's only son. Protestant.
Mary I	She set about making England Catholic again. Known as bloody Mary. Henry VIII's daughter.
Elizabeth I	She made England a protestant country. Henry VIII's daughter.
Mary, Queen of Scots	Catholic Queen of France and had a claim to the English throne.
Phillip II of Spain	Leader of Catholic Spain. Was a rival of Elizabeth I.
Pope Gregory XIII	Supported Spanish attempts to overthrow Elizabeth.

Key Dates	
1485	Henry VII won the Battle of Bosworth.
1509–1547	Henry VIII ruled England.
1534	Henry VIII created the Church of England, separating England from the Catholic Church.
1547–1553	Edward VI ruled England.
1553–1558	Mary I ruled England.
1558–1603	Elizabeth I ruled England.
1577–1580	Francis Drake circumnavigated the globe.
1585	Spanish Armada was defeated.

Useful links:

<http://www.primaryhomeworkhelp.co.uk/Tudors.html>

<https://www.bbc.com/bitesize/topics/zymp34j>

<http://www.primaryhomeworkhelp.co.uk/tudors/waroftheroses.htm>

1. Prime Numbers

Prime numbers are only divisible by themselves and 1. They have only 2 different factors. 1 is not a prime number because it has only 1 factor. The first 10 prime numbers are: 2, 3, 5, 7, 11, 13, 17, 19, 23, 29

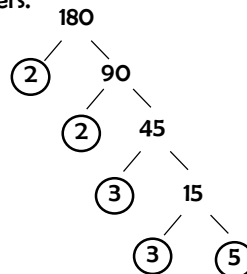
3. Prime Factor Decomposition

Any number can be expressed as a product of its prime factors. To do this, we use a prime factor tree.

Example:

Express 180 as a product of its prime factors

Divide by prime numbers until all the 'branches' end in prime numbers.

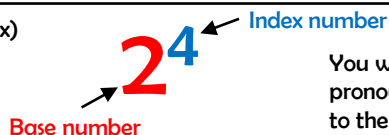


$$180 = 2 \times 2 \times 3 \times 3 \times 5$$

$$180 = 2^2 \times 3^2 \times 5$$

2. Indices

Indices (plural of index) are the numbers written above a base number.



You would pronounce this as "2 to the power of 4"

The index number indicates how many times the 2 appears in the multiplication. For example: $2^4 = 2 \times 2 \times 2 \times 2$

Square numbers

The result of multiplying a number by itself.

When you raise a base number to the power of 2 (the index number is 2).

We call this squaring a number.

Example:

$$3^2 = 3 \times 3 = 9$$

"3 squared equals 9"

$1^2 = 1$	$9^2 = 81$
$2^2 = 4$	$10^2 = 100$
$3^2 = 9$	$11^2 = 121$
$4^2 = 16$	$12^2 = 144$
$5^2 = 25$	$13^2 = 169$
$6^2 = 36$	$14^2 = 196$
$7^2 = 49$	$15^2 = 225$
$8^2 = 64$	$16^2 = 256$

Cube numbers

When you raise a base number to the power of 3 (the index number is 3).

We call this cubing a number.

Example:

$$3^3 = 3 \times 3 \times 3 = 27$$

"3 cubed equals 27"

$1^3 = 1$
$2^3 = 8$
$3^3 = 27$
$4^3 = 64$
$5^3 = 125$
$6^3 = 216$
$7^3 = 343$
$8^3 = 512$
$9^3 = 729$
$10^3 = 1000$

Roots

Square roots:

$\sqrt{1} = 1$
$\sqrt{4} = 2$
$\sqrt{9} = 3$
$\sqrt{16} = 4$
$\sqrt{25} = 5$
$\sqrt{36} = 6$
$\sqrt{49} = 7$
$\sqrt{64} = 8$
$\sqrt{81} = 9$
$\sqrt{100} = 10$
$\sqrt{121} = 11$
$\sqrt{144} = 12$
$\sqrt{169} = 13$
$\sqrt{196} = 14$
$\sqrt{225} = 15$
$\sqrt{256} = 16$

Cube roots:

$\sqrt[3]{1} = 1$
$\sqrt[3]{8} = 2$
$\sqrt[3]{27} = 3$
$\sqrt[3]{64} = 4$
$\sqrt[3]{125} = 5$
$\sqrt[3]{216} = 6$
$\sqrt[3]{343} = 7$
$\sqrt[3]{512} = 8$
$\sqrt[3]{729} = 9$
$\sqrt[3]{1000} = 10$

4. Rounding

Rounding Rules:

- Identify the digit with the place value you are rounding to.
- Check the digit in the place value column immediately to the right of this.
- If it is 5 or more round up. If it is less than 5 round down.

Rounding to the nearest 100:

Th H T U
4 6 2 4
The digit is a 2. This "rounds down" and so keeps the 6 the same. The answer is 4600

Rounding to the nearest integer:

T U . $\frac{1}{10} \frac{1}{100}$
2 3 . 6 7
The digit is a 6. This "rounds up" and so the 3 becomes a 4. The answer is 24

Rounding to 1 decimal place:

U . $\frac{1}{10} \frac{1}{100} \frac{1}{1000}$
2 . 4 7 5
The digit is a 7. This "rounds up" and so the 4 becomes a 5. The answer is 2.5

5. Fractions

Simplify Fractions:

Divide the numerator and denominator by the same number
Your fraction is fully simplified when the Highest Common Factor between your numerator and denominator is 1

Example:

$$\frac{18}{24} \xrightarrow{\div 6} \frac{3}{4}$$

Example:

Multiply Fractions:

Multiply the numerators
Multiply the denominators
Simplify as much possible

$$\frac{4}{9} \times \frac{3}{5} = \frac{12}{45} = \frac{4}{15}$$

Multiply Mixed Numbers:

Convert to improper fractions
Multiply the numerators
Multiply the denominators
Simplify as much possible

Example:

$$1\frac{2}{3} \times 2\frac{1}{2} = \frac{5}{3} \times \frac{5}{2} = \frac{25}{6} = 4\frac{1}{6}$$

Divide Fractions:

Keep, Change, Flip
Keep the first fraction the same
Change the sign to a multiplication symbol
Flip the second fraction
Simplify as much as possible

Example:

$$\frac{2}{3} \div \frac{4}{7} = \frac{2}{3} \times \frac{7}{4} = \frac{14}{12} = \frac{7}{6} = 1\frac{1}{6}$$

Divide Mixed Numbers:

Convert to improper fractions
Keep, Change, Flip
Keep the first fraction the same
Change the sign to a multiplication symbol
Flip the second fraction
Simplify as much as possible

Example:

$$2\frac{1}{3} \div 1\frac{2}{5} = \frac{7}{3} \div \frac{7}{5} = \frac{7}{3} \times \frac{5}{7} = \frac{49}{21} = 2\frac{4}{3}$$

6. Negative Numbers

Multiplying and dividing rules:

positive x positive = positive
 positive x negative = negative
 negative x positive = negative
 negative x negative = positive

positive ÷ positive = positive
 positive ÷ negative = negative
 negative ÷ positive = negative
 negative ÷ negative = positive

When multiplying **OR** dividing, if the signs are **different** the answer will always be negative. If the signs are the **same** the answer will always be positive.

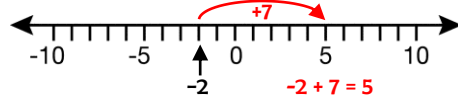
Examples:

$$\begin{array}{l} -5 \times 4 = -20 \\ -4 \times -8 = 32 \end{array} \qquad \begin{array}{l} 24 \div -6 = -4 \\ -18 \div -3 = 6 \end{array}$$

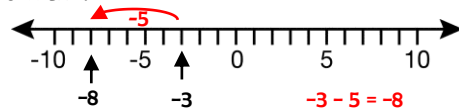
Adding and subtracting rules:

Refer to a number line.

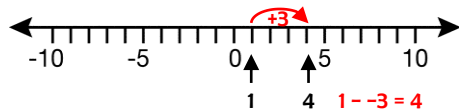
Example: $-2 + 7 \rightarrow$ -2 is the starting number. Add 7 onto this.



Example: $-3 - 5 \rightarrow$ -3 is the starting number. Subtract 5 from this.



Example: $1 - -3 \rightarrow$ becomes $1 + 3$. 1 is the starting number. Add 3



Example: $-2 - -8 \rightarrow$ becomes $-2 + 8$. -2 is the starting number. Add 8.



7. Inverse Operations

An inverse operation is an operation that **reverses** the effect of another operation.

Examples:

The inverse of addition is subtraction.

Start with 5 and add 2: we get 7. Subtract 2 and we get back to 5.

$$\begin{array}{l} 5 + 2 = 7 \\ \text{Inverse: } 7 - 2 = 5 \end{array}$$

The inverse of subtraction is addition.

$$\begin{array}{l} 9 - 6 = 3 \\ \text{Inverse: } 3 + 6 = 9 \end{array}$$

The inverse of multiplication is division.

$$\begin{array}{l} 5 \times 3 = 15 \\ \text{Inverse: } 15 \div 3 = 5 \end{array}$$

The inverse of division is multiplication.

$$\begin{array}{l} 30 \div 5 = 6 \\ \text{Inverse: } 6 \times 5 = 30 \end{array}$$

8. Solving Linear Equations

To solve a linear equation you find the value of the unknown by isolating it on one side of the equals sign (making it the subject).

To solve equations you use inverse operations.

Example Solve $x + 5 = 18$
 $-5 \quad -5$
 $x = 13$
 To solve we need to do the inverse of +5 which is -5.

Example Solve $x - 10 = -2$
 $+10 \quad +10$
 $x = 8$
 The inverse of -10 is +10

Example Solve $4x = 24$
 $\div 4 \quad \div 4$
 $x = 6$
 The inverse of multiplying by 4 is dividing by 4

Example Solve $\frac{x}{5} = 4$
 $\times 5 \quad \times 5$
 $x = 20$
 The inverse of dividing by 5 is multiplying by 5

9. Solving More Complex Linear Equations

When there is more than **one** operation then we will need to perform the inverse operations in the correct order – this is the “reverse” order to “undo” the operations.

Example Solve $2x - 7 = 11$
 $+7 \quad +7$
 $2x = 18$
 $\div 2 \quad \div 2$
 $x = 9$
 The x is being multiplied by 2 and we then subtract 7. Reverse this and perform the inverse operations

Example Solve $8f = 2f - 12$
 $-2f \quad -2f$
 $6f = -12$
 $\div 6 \quad \div 6$
 $f = -2$
 When the unknown is on both sides of the equals sign, resolve this by rearranging.

Example Solve $\frac{3w}{4} = 6$
 $\times 4 \quad \times 4$
 $3w = 24$
 $\div 3 \quad \div 3$
 $w = 8$
 The w is being multiplied by 3 and then divided by 4. Reverse this and perform the inverse operations

Example Solve $3(2c - 7) = 9$
 $6c - 21 = 9$
 $+21 \quad +21$
 $6c = 30$
 $\div 6 \quad \div 6$
 $c = 5$
 Expand any brackets first

Example Solve $7x - 6 = 2x + 19$
 $-2x \quad -2x$
 $5x - 6 = 19$
 $+6 \quad +6$
 $5x = 25$
 $\div 5 \quad \div 5$
 $x = 5$
 Rearrange by subtracting $2x$. Always chose to resolve unknowns on both sides by ‘eliminating’ the ‘smaller’ one

Example Solve $\frac{2x}{7} - 3 = 1$
 $+3 \quad +3$
 $\frac{2x}{7} = 4$
 $\times 7 \quad \times 7$
 $2x = 28$
 $\div 2 \quad \div 2$
 $x = 14$
 Only the $2x$ is being divided by 7. So we need to reverse the ‘-3’ first, before reversing the division.

Evil Grannies Bash Down Fences

F A C E

C D E F G A B C D E F G

Good Boys Deserve Friendly Aliens

All Cats Eat Goldfish

C

F

G

12-Bar Blues – chord sequence (in C)

C / / / | C / / / | C / / / | C / / / |
 F / / / | F / / / | C / / / | C / / / |
 G / / / | F / / / | C / / / | C / / / :||












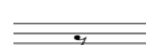

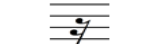
BLUES SCALE ON C

C Eb F G Ab Bb C



Terms Used in Blues

12 bar blues	A set pattern of chords which makes a backing for Blues based music including Boogie-Woogie and Rock'n'Roll.
Blues Scale	A scale or collection of notes for improvising with.
Improvise	Making new melodies up to fit in with the structure of the 12-bar blues.
Syncopation	Rhythms that have strong notes (accents) in between beats, or 'on the off beat' as they say!
Jazz	A term for lots of Afro-American styles that use syncopation and improvising.
Motif	A short idea that forms part of an improvisation.
Call & Response	One idea or motif is answered by another – when two players are involved it's called 'trading riffs'.

Word	Meaning
Polyrhythm	A rhythm that makes use of two or more different rhythms simultaneously
Cyclic Pattern	A cyclic pattern is a melodic or rhythmic pattern that is repeated over and over again
Atumpan	The atumpan is the main talking drum of the Akan people
M'birá	The mbira is an African musical instrument consisting of a wooden board with attached staggered metal tines
Kora	The kora is a 21-string lute-bridge-harp used extensively in West Africa
Djembe	A djembe is a rope-tuned skin-covered goblet drum played with bare hands, originally from West Africa
Djundjun	A djundjun is a rope-tuned cylindrical drum with a rawhide skin at both ends, most commonly cow and goat.
Chekere/ Calabash	the calabash is a percussion instrument of the family of idiophones consisting of a dried half of a large calabash, which is struck with the palms, fingers, wrist or objects to produce a variety of percussive sounds
Agogo bells	A single or multiple bell now used throughout the world but with origins in traditional Yoruba music
Mnemonic notation	In general, a mnemonic is a memory aid, such as an abbreviation, rhyme or mental image that helps to remember something

Name of note	Appearance	Rest	Value (Beats)
Semibreve			4
Dotted Minim			3
Minim			2
Dotted Crotchet			1 ½
Crotchet			1
Quaver			½
Semiquaver			¼

Keywords






Dynamics	Symbol	Definition
Fortissimo	<i>ff</i>	Very Loud
Forte	<i>f</i>	Loud
Mezzoforte	<i>mf</i>	Moderately Loud
Mezzopiano	<i>mp</i>	Moderately Quiet
Piano	<i>p</i>	Quiet
Pianissimo	<i>pp</i>	Very Quiet
Crescendo		Becoming gradually louder
Decrescendo		Becoming gradually quieter

Tempo	Definition
Lento	Slowly
Largo	Slow and stately
Adagio	Leisurely
Andante	At a walking pace
Allegro	Fast
Vivace	Lively
Presto	Very Quickly

Further Listening

<https://www.bbc.com/bitesize/guides/z2xbgk7/video>

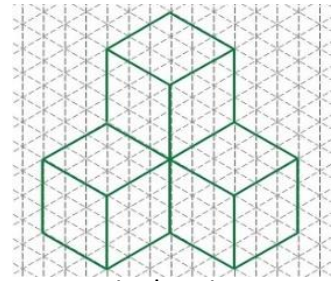
<https://www.bbc.com/bitesize/guides/z2xbgk7/revision/2>

Sports	Key Skills	Components of Fitness
<p>Invasion</p> <ul style="list-style-type: none"> Netball Handball Basketball Football Rugby Hockey 		<p>Balance – the ability to maintain centre of mass over a base of support. There are two types of balance: static balance and dynamic balance. A gymnast uses static balance when performing a headstand and dynamic balance when performing a cartwheel.</p>
<p>Artistic</p> <ul style="list-style-type: none"> Gymnastics Trampolining 		<p>Coordination – the smooth flow of movement needed to perform a motor task efficiently and accurately.</p> <p>Reaction Time – the time taken for a sports performer to respond to a stimulus and the initiation of their response.</p> <p>Agility – the ability of a sports performer to quickly and precisely move or change direction without losing balance or time.</p>
<p>Striking and fielding</p> <ul style="list-style-type: none"> Stoolball Rounder Cricket Softball Tennis 		<p>Power – the product of strength and speed.</p> <p>Expressed as the work done in a unit of time.</p> <p>Muscular Endurance – the ability of the muscular system to work efficiently, where a muscle can continue contracting over a period of time against a light to moderate fixed resistance load.</p>
<p>Athletics</p>		<p>Muscular Strength – the maximum force (in kg or N) that can be generated by a muscle or muscle group.</p> <p>Aerobic Endurance – the ability of the cardiorespiratory system to work efficiently, supplying nutrients and oxygen to working muscles during sustained physical activity.</p>
<p>Swimming</p>		<p>Flexibility – having an adequate range of motion in all joints of the body; the ability to move a joint fluidly through its complete range of movement.</p> <p>Speed – distance divided by the time taken. Speed is measured in metres per second (m/s). The faster an athlete runs over a given distance, the greater their speed.</p>

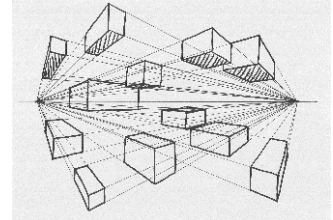
Product Design – Materials, Drawing and Evaluation

Material Knowledge

Material	Description	Example	Use	Advantages	Disadvantages
Hardwood	Broad leaved trees that drop the leaves in winter. Tend to be harder wearing with no need for treatment if used outside.. Slow growing so the grain is closer together making it tougher but heavier. Balsa is soft and light though.	Oak, mahogany, balsa, beech	Outside furniture, good quality child's toys. Boats. Balsa – model aircraft	Stronger, hard wearing, can be used outside	Expensive. Take a long time to replace so damaging to habitats. Harder to work with
Softwood	Trees with needles that stay on in winter.	Pine family (like Christmas trees)	Cheap construction, toys, doors	Cheap, easy to work with	Not good outside without protection, mostly weaker
Man made board	Board manufactured for wood for a specific purpose	MDF (medium density fibreboard), plywood	Lots, building, furniture	Any size or function you want. Predictable properties. Can be cheap	Sometime not attractive
Thermoset Plastic	Made from oil that will run out. Plastic that cannot be re-melted due to rigid cross links	Glass reinforced plastic. Epoxy resin	Boats, fishing rods, glue	Resists heat, strong	Brittle and cannot be recycled
Thermoform plastic	Mostly made from oil that will run out. Can be re-melted and recycled into something else	PET – drinks bottles HDPE – milk bottles	Lots!	Easy to mould, lots of different properties	Often cannot be recycled due to being mixed with other plastic or contaminated with labels or food or metal.
Elastomer	Spring like molecule structure allows flexibility	Rubber, elastic	Lots! Rubber bands, clothes, seals	Flexible	Hardens with age

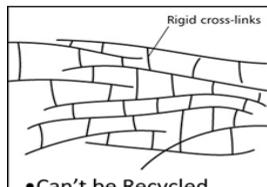


Isometric drawing: Used for practising drawing in 3D for design ideas. Ask for isometric paper to practise on!



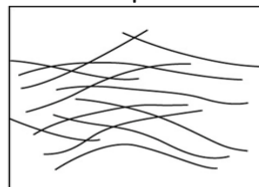
Perspective drawing: Often used architecture. All lines that are not vertical go back to vanishing points.

Thermosets



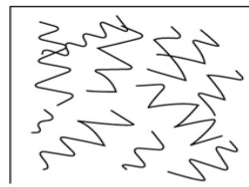
- Can't be Recycled
- Resist heat
- Rigid Cross links

Thermoplastics



- Easily moulded into shape
- Can be recycled
- Can be reheated and remoulded

Elastomers



- Good elasticity
- Can be thermosetting or thermoforming plastic

Literacy – Be able to Write an Evaluation

- What skills have you learnt during this project?
- What skills have you developed (improved)?
- What aspects (parts) of your project do you think have gone well?
- What aspects of your project do you think have gone badly?
- Compare your finished project to your final design drawing, what changed did you make and why?
- If you were given a chance to re do the project, what would you do differently?

Pillar drill

We use this for drilling vertical holes in material. Almost always you will clamp your work down first. Wear glasses, use the guard and know how to turn it off in an emergency. Do not use if you are unsure – ask!



Batch Production

To save time, we can do more than one thing at once. In Food Tech, this may be baking a whole load of bread or cakes at the same time. What advantage to you see here?

When making your lorries we could:

- use the line bender to bend more than one plastic cab at once
- get all the cutting tools out and cut as many wood cuts as possible while the tools are out
- line all the wheels and countersink the holes one after the other
- drill all the axle holes at the same time.

Product Design – Tools

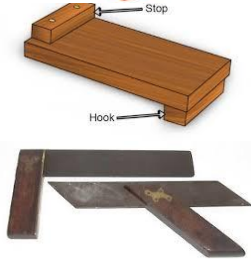
Tenon Saw for cutting straight vertical cuts. The depth of the cut is restricted by the brass spine. You must stretch the index finger out when using this saw to steady it and get a more accurate cut. Start cutting on a corner, drawing back several times. Use a bench hook



Fret Saw for cutting **curved** lines in **thin** material with a thin blade. Always keep your fingers clear. Make sure the guard is intact. Cut slowly. Use the clamp to stop wood rattling about. The manual equivalent is a **coping saw** – you can turn the blade around by unscrewing the handle then tightening up again.



Bench Hook and Clamp use the bench hook to help cut wood with accuracy. Top tip - always cut all the way through your work into the bench hook to avoid splintering the back of your work. Use a clamp for shorter pieces of wood



Squares: 45 degree and 90 degree Take care of these – your work accuracy depends on them being accurate! You must keep the stock (wooden bit) tight against your work and your pencil must be sharp!



Bevel Edge Chisel for removing wood. Always chisel away from yourself. Use only for cutting wood – they must be razor sharp! Bevel edge facing down .



Vernier Measuring with accuracy. Accurate to 0.01 of a mm. Do not forget to zero it first! You will use this to check the sizes of drills and your work



Steel Rule Measuring with accuracy up to 1/2 mm depending on your eyes! It starts at zero on the end, unlike a ruler that has material on the end first. Make sure that you look at the measurements from above to get an accurate reading. You also need a sharp pencil!

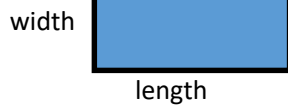


Wood Plane For shaving slithers of wood off your work. The aim is to take a shaving cut that is complete and lasts the whole length of your work. Always rest it on its side so you don't blunt the blade or damage my desk. Usually, we use a wood plane along the grain.



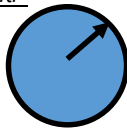
Year 8 Product Design Knowledge Organiser – Maths

Area: the two-dimensional space taken up by something
Measured in: a size appropriate to the problem – either cm² or m² for larger problems.
Area of a rectangle = width × length



Area of a circle = πr^2

radius



$\pi = 3.142$
The radius is half the diameter

Examples – rectangle area.

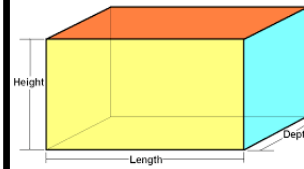
- 1) If the width of a piece of fabric is 10cm and its length is 15cm, what is its area in cm²?
- 2) Width = 12cm, length = 32cm, what is the area?
- 3) Width = 3m, length = 8m, what is the area in m²?

Examples – circle area.

- 1) If the radius of a piece of metal is 5 cm, what is its area in cm²?
- 2) Radius is 3 cm, what is the area?
- 3) Radius = 9.5 cm, what is the area
- 4) Diameter = 12 cm, what is the radius?

Answers:
Rectangle area: 1) 150 cm²; 2) 384 cm²; 3) 24 m²
Circle area: 1) 78.57 cm²; 2) 28.2 cm²; 3) 283.6 cm²; 4) 452.4 cm²
Cuboid volume: 1) 72 cm³; 2) 12 312 cm³; 3) 120 m³; 4) 1596 cm³
Average: 1) 212.2; 2) 9.6

Volume: the space taken up by something
Measured in: a size appropriate to the problem – either cm³ or m³ for larger problems
Volume of a cuboid = depth × length × height
Applications – this could be useful to work out the volume of a material and therefore its cost, or the amount of paint or other liquid used if we use litres or ml instead of cm or metres



Examples - cuboid volume. Work out the volumes below

- 1) The depth of a piece of wood is 3 cm, its length is 4 cm and the height 6 cm
- 2) depth = 18 cm, length = 36 cm, height 19 cm
- 3) depth = 3 m, length = 8 m, height = 5 m
- 4) Length 42 cm, depth = 19 cm, height 2 cm

Average or Mean is adding up all the data you have and dividing by the number of sets of data you have.

Example: you want to know the average head size so you can design a hat that would fit an average person.

P1 head size 420 mm P3 head size 520 mm
P2 head size 480 mm P4 head size 360 mm

The Average = $\frac{420 + 480 + 520 + 360}{4} = 445$

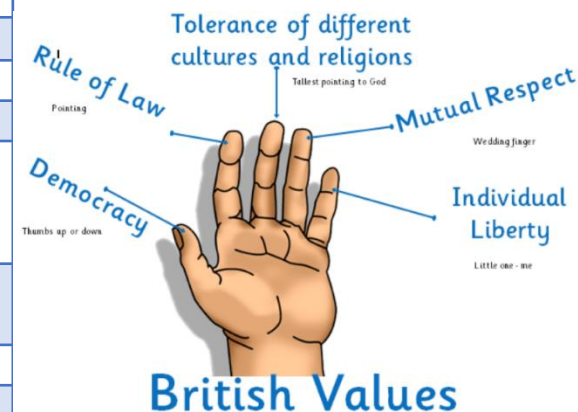
For you to do

- 1). What is the average bottle volume size? 140 ml, 210 ml, 183 ml, 189 ml, 112 ml, 439 ml
- 2). What is the mean shoe size? 10, 6, 9, 8, 15

Christian Beliefs and Practices

Keyword	Definition
Omnipotent	God is all powerful
Omnipresent	God is everywhere
Omniscient	God is all knowing
Eternal	God is beyond time and space and without end
Omnibenevolent	God is all loving
Monotheism	Belief in one God
Forgiveness	Choosing to no longer remember wrong doing against you
Parable	A story with a meaning or moral
Sacrifice	To give up something valued for the sake of others
Salvation	Freedom from sin and its consequences
Messiah	One who saves, saviour
Trust	Faith in another person
Miracles	An act which seems to break the laws of nature
Incarnation	A person who is God in human form
Sin	Wrong doing or thinking (disobedience against God)
Trinity	Christian belief that God is three persons in one: God the Father, God the Son, and God the Holy Spirit
Love	Agape love is a sacrificial love God has for mankind
Prayer	Communication with God
Worship	Expressing the value of God for a believer
Justice	Fairness; bringing about what is right or fair according to the law, or making up for what has been done wrong
Stewardship	The idea that humans have a duty to look after the environment on behalf of God
Compassion	A feeling of pity that makes one want to help
Religious organisation	An organisation based on religious principles, usually set up by one particular religion

Theme	Explanation
Helping the poor and needy	Christians help those in need because all people hold the sanctity of life (all life is God-given and important), everyone is of equal worth, all people should be loved and when making mistakes all people should be forgiven.
CAFOD	Catholic charity who focus on helping the poor and needy. Christians believe that everyone deserves their human rights so many Christians fight for social justice when seeing the unfair treatment of people in society. In over 50 countries, CAFOD partners work alongside people in poor communities. Often this means helping people to learn alternative farming methods or set up new businesses. As a consequence, thousands of people can now feed their families and achieve a decent standard of living.
Mother Teresa	Mother Teresa helped the sick and poor as she became a nurse and started a school in the streets. She showed her Christian faith through action – ‘faith without deeds is dead’ – as she believed that she needed to be poor and give as much as she could to others.
Martin Luther King	Martin Luther King fought for equality in society through fighting for the human rights of black African Americans. He wrote a speech called ‘I have a dream’ and worked to have all different races working together in society. He followed the Bible quote ‘do unto others, as I do unto you’.




British Values

CHALLENGE

Go to this website for further research on Christianity: <http://www.bbc.co.uk/religion/religions/christianity/>
Go to this website, watch the videos and complete the quizzes: <https://www.bbc.com/bitesize/subjects/zh3rkqt>

Christian Beliefs and Practices

Belief	Explanation
Trinity 	<p>Three persons in one: God the Father, God the Son, God the Holy Spirit. Each person has a different role. God the Father existing first and enabling the creation of the world, God the Son, created second and re-educating society, and God the Holy Spirit created for to those who believed Jesus so they would continue to have a guide to help. Each of these persons reveals a different characteristic of God.</p>
The Golden Rule	<p>Christians believe that they should 'Do to others as you would wish them to do to you' or 'love your neighbour as you love yourself'. Meaning 'treat others the way you wish to be treated' so Christians will show this belief through their practices by helping the needy and supporting the sick and poor.</p>
Jesus	<p>Christians believe that Jesus was fully God and human at the same time. Jesus role of earth was to teach, preach and heal people in society, to prove that he was God and to be the ultimate sacrifice so humans could go to heaven and be with God. His role was to educate humanity and repair the relationship between man and God after the separate due to sin created by Adam and Eve.</p>
Prayer	<p>Jesus spoke about prayer on a number of occasions. Some Christians follow set prayer, such as the Lord's prayer, which Jesus taught his disciples, whereas others make them more personal and create their own prayers.</p>
Parables	<p>A parable is a story used to teach a lesson or a moral. For example:</p> <p>The Good Samaritan: Jesus tells a story of a Samaritan helping a Jew even though at the time they would have been enemies. This teaches Christians today to 'Love your neighbour as you love yourself'.</p> <p>The sheep and the goats: Jesus tells a story about the different types of people in life. Those who help the needy, the sheep, and those who do not, the goats. Jesus said 'Whatever you did for the least of these brothers of mine, you did for me'. This teaches Christians today to give to others as then they will be rewarded with an afterlife.</p> <p>The lost son: Jesus tells of a story where a son leaves his father with his future inheritance. He spends all the money on gambling, alcohol and a partying lifestyle. He ends up working with pigs on a farm. He realised that his own father's servants are being treated better than him and decides to return to his father. His father is so happy that he return as he thought he was lost but now he is found. This teaches Christians today that God will always welcome people back to him, even the sinners will have a place in the kingdom of God.</p>
Miracles	<p>A miracle is an extraordinary event that breaks the laws of science and therefore is often seen to be the works of a divine being such as God. Christians believe that Jesus performed miracles that proved he was God and showed that he had been sent to repair the relationship between man and God. Jesus performed different types of miracles, such as calming the storm showing power over nature and the healing a paralysed man.</p>
Salvation and redemption	<p>Christians believe that Jesus was the ultimate sacrifice. Meaning that those who accept believe in Jesus can be saved through his sacrifice and death on the cross. Some Christians believe to be saved from going to hell, believe in Jesus as the son of God is necessary, whereas others believe that good people will be allowed into heaven. Christians believe that Jesus redeemed the situation after Adam and Eve caused original sin to be placed on every human.</p>

Year 8BD: Digestion and Nutrition

1. Diet: Keywords

Keyword	Definition	Examples
Carbohydrate	Provides energy	bread, pasta, rice
Protein	Growth and repair	meat, eggs, beans
Lipids (Fats)	Stored energy in the body	butter, oil, nuts
Minerals and Vitamins	Needed to maintain health	salt, calcium (milk), vegetables
Dietary Fibre	Ensure movement of food through the gut	vegetables, brain
Water	Needed for hydration of body	water, fruit juice, milk

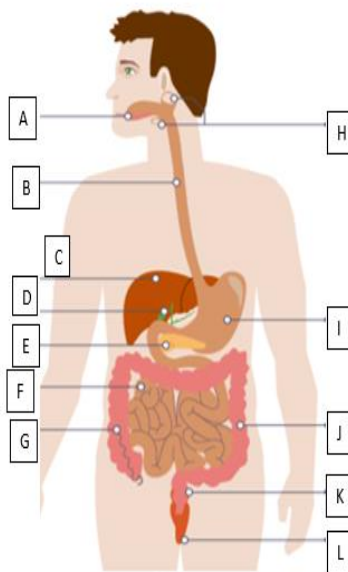
2. Diet: Balanced and Unbalanced

Unbalanced Diet	Health Problem
Too much fat	Heart disease
Too much sugar	Tooth decay
Not enough protein	Poor growth
Not enough carbohydrate	Not much energy

3. Digestion: Keywords

Keyword	Definition
Digestion	When large insoluble food particles are broken down into small soluble particles
Enzyme	Digests food. Breaks down large molecules into small molecules
Biological Catalyst	Speeds up digestion
Respiration	The chemical reaction that happens in mitochondria to release energy from glucose.

4. Digestive System



A	Mouth: mechanical breakdown/chewing food	G	Appendix: useless organ that harbours bacteria (good and bad)
B	Oesophagus (gullet): pushes chewed food to stomach	H	Salivary Glands: produce saliva with enzymes to breakdown starch
C	Liver: makes digestive juices	I	Stomach: Partial digestion of food/mechanically churns food with HCl and enzymes
D	Gall Bladder: makes bile, which breaks down fats (lipids)	J	Large Intestine: re-absorption of water/faeces
E	Pancreas: production of digestive enzymes	K	Rectum: muscular section of the large intestines where faeces is produced
F	Small Intestine: absorption of small soluble particles	L	Anus: where faeces leaves the body

5. Enzymes

Nutrient	Enzyme	Product
Carbohydrate (Starch)	Carbohydrase	Sugar
Protein	Protease	Amino acids
Fat	Lipase	Fatty acids and glycerol

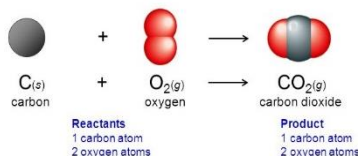
Science – 8CP Periodic Table

1. Keywords	
Atom	The smallest particle of a chemical element that can exist
Element	A substance made from only one type of atom
Compound	A substance made of two or more different types of atom chemically bonded together
Reactants	The chemicals that react with each other at the start of a chemical reaction
Products	The chemicals that are formed in a chemical reaction
Conservation of mass	The mass of the reactants equals the mass of the products
Word equation	An equation in which only the names of the reactants and products are used to model a reaction
Symbol equation	Gives more information about a chemical reaction because it includes the symbols and formulae of the substances involved
Period	Elements in the same row going across the Periodic Table
Group	Elements in the same column going down the Periodic Table

2. Periodic Table	
Invented by	Dmitri Mendeleev , a Russian scientist.
How did he arrange the elements?	In order of atomic mass , and by their chemical properties
What was special about his periodic table?	Predicted the existence of other elements not discovered, and left gaps for them in his table.
Why did scientists use Mendeleev's Periodic Table?	New elements were discovered that matched these gaps .

How to use chemical symbols and equations

Reactants → Products

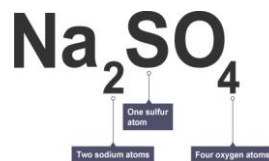


Numbers in formulae

BIG number apply to everything *after* them
Small numbers apply only to the symbol *before* them

The **small** numbers go at the **bottom**. For example:

- CO_2 is correct;
- CO_2^2 and $CO2$ are wrong.



3. Properties – Metals and Non-Metals

Property	Metals	Non-Metals
Density	High (they feel heavy for their size)	Low (they feel light for their size)
Strength	Strong	Weak
Malleable or brittle	Malleable (they bend without breaking)	Brittle (they break or shatter when hammered)
Conduction of heat	Good	Poor (they are insulators)

4. Properties – Groups 1 and 7

Group 1 (I)	Melting point	Density	Reactivity	Group 7 (VII)	Melting point	Density	Reactivity
Lithium (Li)	Decreases down the group	Increases down the group	Increases down the group	Fluorine (F)	Increases down the group	Increases down the group	Decreases down the group
Sodium (Na)				Chlorine (Cl)			
Potassium (K)				Bromine (Br)			
Rubidium (Rb)				Iodine (I)			

Science – 8CP Periodic Table

5. Atomic Structure

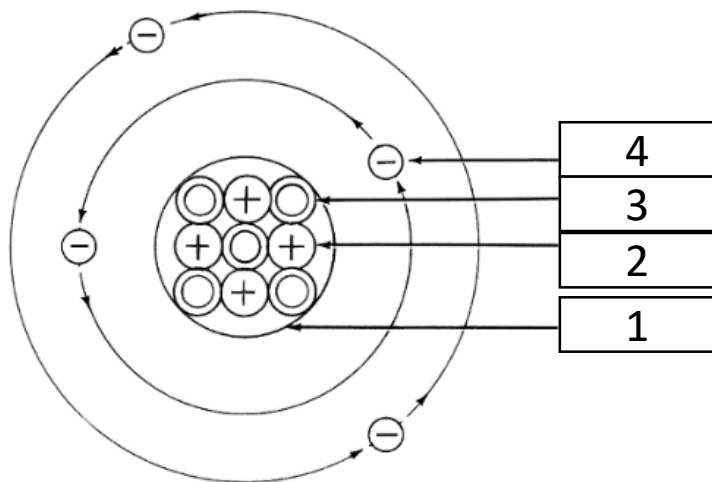
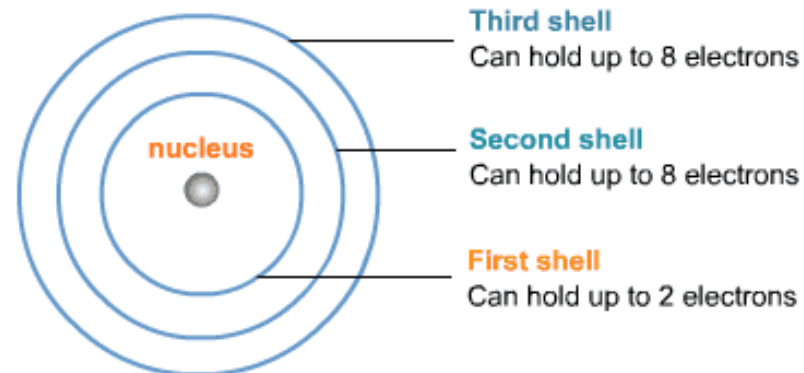
1 Nucleus	The centre of an atom. Contains protons and neutrons
2 Proton	A positively charged particle found in the nucleus
3 Neutron	A neutral particle found in the nucleus. Has no charge
4 Electron	A negatively charged particle found in energy levels (shells) around the nucleus

6. Properties of Sub-atomic Particles

Particle	Relative mass	Relative charge	Location
Proton	1	+1	Nucleus
Neutron	1	0	Nucleus
Electron	0	-1	Shells

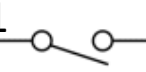
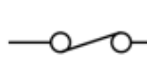

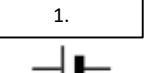

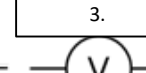
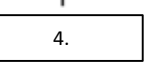
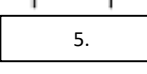
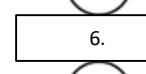
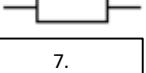
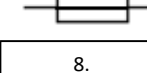
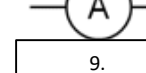
7. Electron Arrangement Rules

1.	Always fill from the inside to the outside
2.	The first shell can only hold 2 electrons
3.	The second and third can hold 8

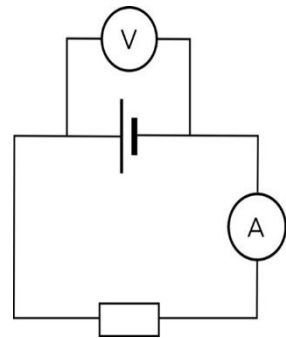


8. Properties – Metals and Non-Metals

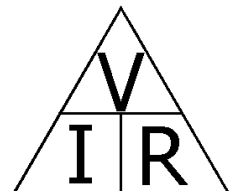
Property	Metals	Non-Metals
Density	High (they feel heavy for their size)	Low (they feel light for their size)
Strength	Strong	Weak
Malleable or brittle	Malleable (they bend without breaking)	Brittle (they break or shatter when hammered)
Conduction of heat	Good	Poor (they are insulators)
Conduction of electricity	Good	Poor (they are insulators) apart from graphite

1	2	3	1	Open switch	7	Resistor
			4	Closed switch	8	Fuse
1.	2.	3.	5	Bulb	9	Ammeter
			7	Cell	10	Variable Resistor
4.	5.	6.	8.	Battery	11	Thermistor
			10.	Voltmeter	12	Light Dependent Resistor
7.	8.	9.	11.			
			12.			
10.	11.	12.				

2	Series	Parallel
Components	connected on one loop	connected by separate loops
Current	same everywhere on circuit	shared evenly between loops
Voltage	shared between components	same everywhere



Property	Unit	Unit Symbol
Voltage or Potential Difference (V or p.d)	Volts	V
Current (I)	Amps (Amperes)	A
Resistance (R)	Ohms	Ω



Conductor: allows charge to flow through it. Does not hold charge, e.g. ALL metals and graphite.

Insulator: does not allow current to flow. Holds charge, e.g. Wood, plastic, glass, rubber.

4 Keywords

Poles	The ends of the magnets (South/North)
Charge	Positive or negative (+ / -)

Magnetic field lines:

Lines with arrows that move from North to South.

Electromagnet:

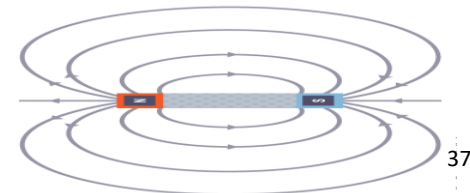
A magnetic field caused by current flowing through a conductor.

To increase the strength of an electromagnet you can do the following:

1. Increase the turns of the coil
2. Increase the current
3. Use a soft iron core

Similarities between magnets and charges:

Poles/Charges	Like/same	repel	each other
	Opposites	attract	each other



Science – 8PL Light and Space

1. Light Keywords

1	Reflection	Light bounces off surface
2	Refraction	Light is bends as it enters and leaves
3	Primary colours	Red/Blue/Green makes all colours
4	Eyes	Senses the light we see
5	Filters	Absorbs light of the same colour
6	Transmitted/Emitted	Light that is given out
7	Absorbed	Light that is taken
8	Scattered	Light that is spread when it reflects
9	Boundary	A place where lights bounces off or bends
10	Secondary light	When primary light mixes

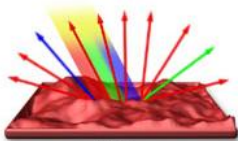
4. Types of Reflection

1. Specular reflection is what you see in a mirror – the image is not distorted

2. Diffuse reflection is what happens from most materials – the light is reflected but the image is not preserved



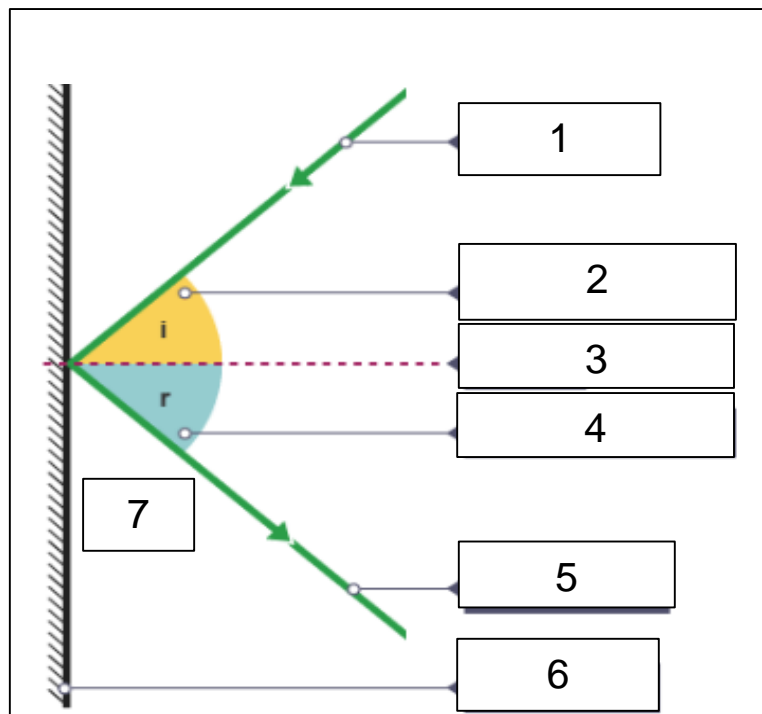
Specular Reflection



Diffuse Reflection

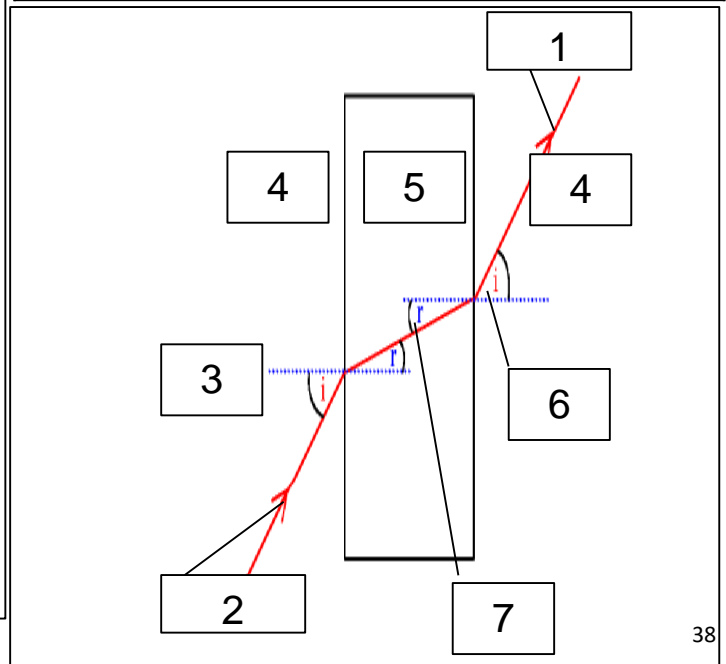
2. Law of Reflection

1	Incident ray	A beam of light that comes from the light source.
2	Incidence angle	The angle made between the incident ray to the normal line
3	Normal line	This line is 90 degrees to the mirror
4.	Reflected angle	The angle made between the reflected ray to the normal line
5	Reflected ray	A beam of light that leaves the mirror
6	Mirror	Light reflective surface
7	Law of reflection	Angle of incident = angle of reflection



6. Law of Refraction

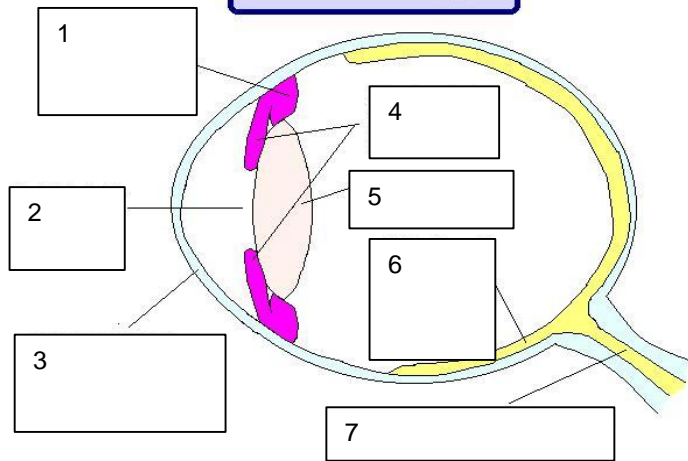
1	Refracted ray	A beam of light that leaves the glass block
2	Incident ray	A beam of light that comes from the light source.
3	Normal line	This line is 90 degrees to the surface
4	Medium 1	Air
5	Medium 2	Glass block
6	Incidence angle	The angle made between the incident ray to the normal line
7	Refraction angle	The angle made between the refracted ray to the normal line
8	Law of refraction	The beam will bend towards the normal line as it goes from a less dense medium to a more dense medium



5. The Eye

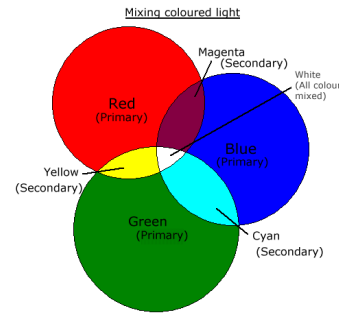
1	Muscle	Controls shape of the lens. Relaxes makes the lens fat.
2	Pupil	Hole that light in like a camera aperture
3	Cornea	Transparent front of the eye
4	Iris	Coloured muscle that controls the amount of light entering the eye
5	Jelly lens	Can change shape to focus light onto the retina
6	Retina	Layer of light sensitives on the back of the eye
7	Optic nerve	Carries the electrical signals to the brain

The Human Eye



6. Colours

Primary colours	Secondary Colours
Red	Magenta
Green	Cyan
Blue	Yellow

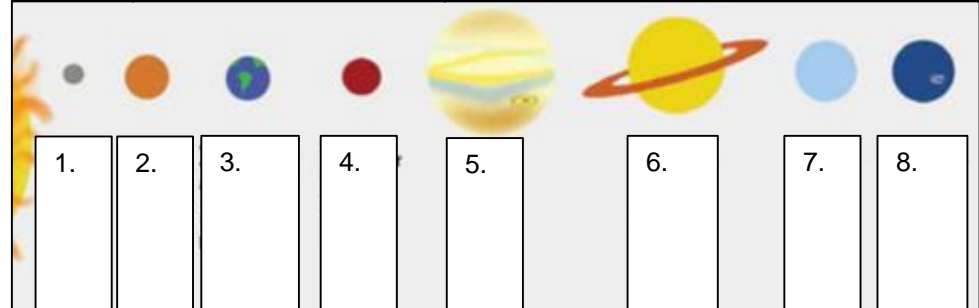


7. Space

Gravity	Non-contact force of attraction between masses. The larger the mass, the larger the pull of gravity
Light	Travels in straight lines
Light	Travels very fast – 300,000,000 m/s
Galaxies	Contain many solar systems

8. Solar System

1	Mercury	My
2	Venus	Very
3	Earth	Easy
4	Mars	Method
5	Jupiter	Just
6	Saturn	Speeds
7	Uranus	Up
8	Neptune	Naming

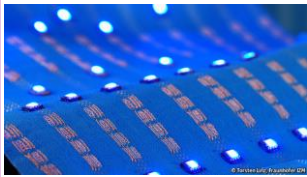


Textiles

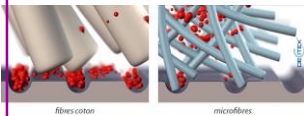
Keywords

Interpret	Inspiration
Applique	Reverse applique
Embroidery	Stencilling
Quilting	Layering and fraying
Label	Annotate
Design	Target Market

Technical textiles are materials and products made for their technical and performance properties rather than their aesthetic (appearance) characteristics. They have a function or purpose rather than looking good.



A **conductive textile** is a fabric which can conduct electricity with metal strands woven into the construction of the textile.



Microfibres are 60 to 100 times finer than a human hair. They are used for clothing for outdoor and active sportswear.



A **fire resistant material** is one that is designed to resist burning and withstand heat.



Kevlar® is extremely strong, **lightweight**, corrosion and heat resistant. It is often used in combination with other materials, forming composites

Health and safety rules:

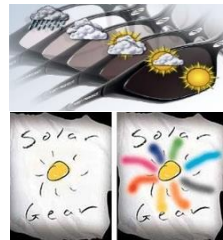
- Long hair must be tied back.
- **NO** food or drink in the workshop.
- **One** person using a machine.

Smart materials are reactive materials.

Their properties can be changed by exposure to stimuli, such as electric and magnetic fields, stress, moisture and temperature. They react to environmental conditions.

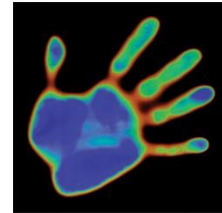


Hydrochromic inks change colour according to the amount of water they detect.



Photochromic inks

Special pigments change colour when exposed to solar light and reverse back to clear when the light source is removed.



Thermochromic

colour change is effected by heat. The different colours can determine the temperatures much in the same way as a thermometer.



Phosphorescent pigments

absorb light energy so that it can be released once it is dark. The energy is released as a glowing light effect.



Tie Dye



Reverse applique



Applique



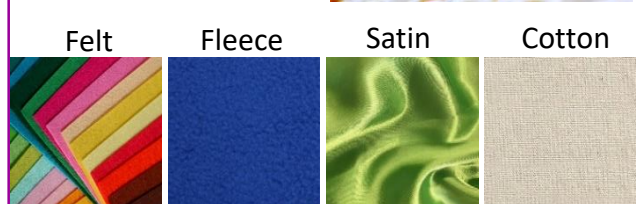
Quilting



Stencilling



Layering and fraying



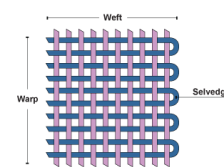
Felt

Fleece

Satin

Cotton

Fabric Production Methods



Woven



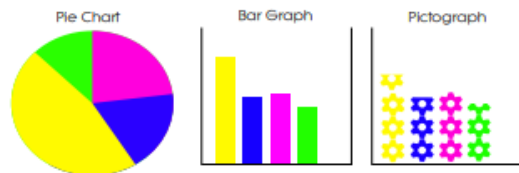
Non-Woven



Knitted ⁴⁰

NUMERACY IN KNOWLEDGE

Data Collection:
Start with a client interview or questionnaire to gain opinions. Now analyse data.



In D&T we are usually designing for others. It is vital to find out what our target market wants out of the product. Analyse these answers & show we have considered them in our designs. Use annotations to link designs to your customer.

MEASURES OF AVERAGES

This help you draw conclusions from data

The **mean** is the most common measure of average. To calculate the mean add the numbers together and divide the total by the amount of numbers:

$$\text{Mean} = \text{sum of numbers} \div \text{amount of numbers}$$

If you place a set of numbers in order, the **median** number is the middle one.

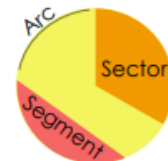
The **mode** is the value that occurs most often.

NUMERACY IN DESIGN

Measuring Circles:



Parts of a circle: Area of a circle:



$$\pi r^2$$

Key facts...

- Diameter, $\varnothing = 2r$
- Circumference, $C = 2\pi r$
- Pi or π is the ratio of a circle's circumference to its diameter
- $\frac{\text{Circumference}}{\text{Diameter}} = \pi = 3.14159$
- Food for thought... **3.14=PI.E**

WRITING ABOUT YOUR DESIGN IDEAS

Being able to write about your own ideas and sources

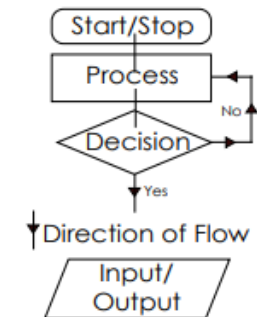
Example: "I am really pleased with the storage unit that I have designed. I like it because it reflects the art deco era as shown in my research. Whilst I think that the 1st idea also portrays the art deco era I feel that the size of the product might be too big".

I think that	reflects	another idea would be to	next time	this particular idea
reminds me of	I like...because	makes me feel	it's almost as if	what I like about this idea is
portrays	signifies	gives the impression that		of all the ideas that I have drawn
suggests that	reinforces	it could be that		it satisfies the specification

NUMERACY IN KNOWLEDGE

Flow Diagrams:

Key:



Flow Diagrams will help you to order a series of instructions and decisions in a task. These decisions are often your QA's (Quality Assurances).