



**The Regis School**  
The best in everyone™  
Part of United Learning

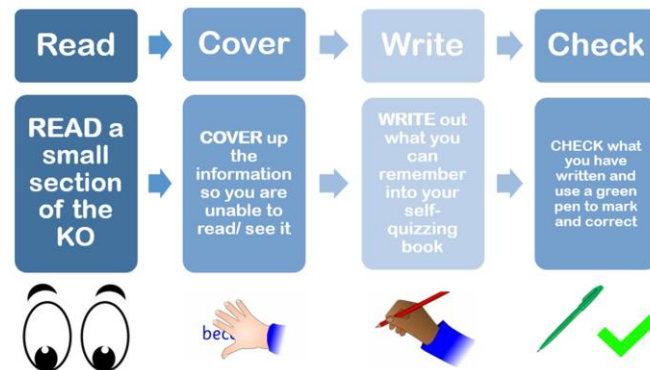


# Year 9

## Knowledge Organiser: Cycle 2

Name: \_\_\_\_\_

Tutor group: \_\_\_\_\_



**Article 29:**

Education must develop every child's personality, talents and abilities to the full. **UNCRC**

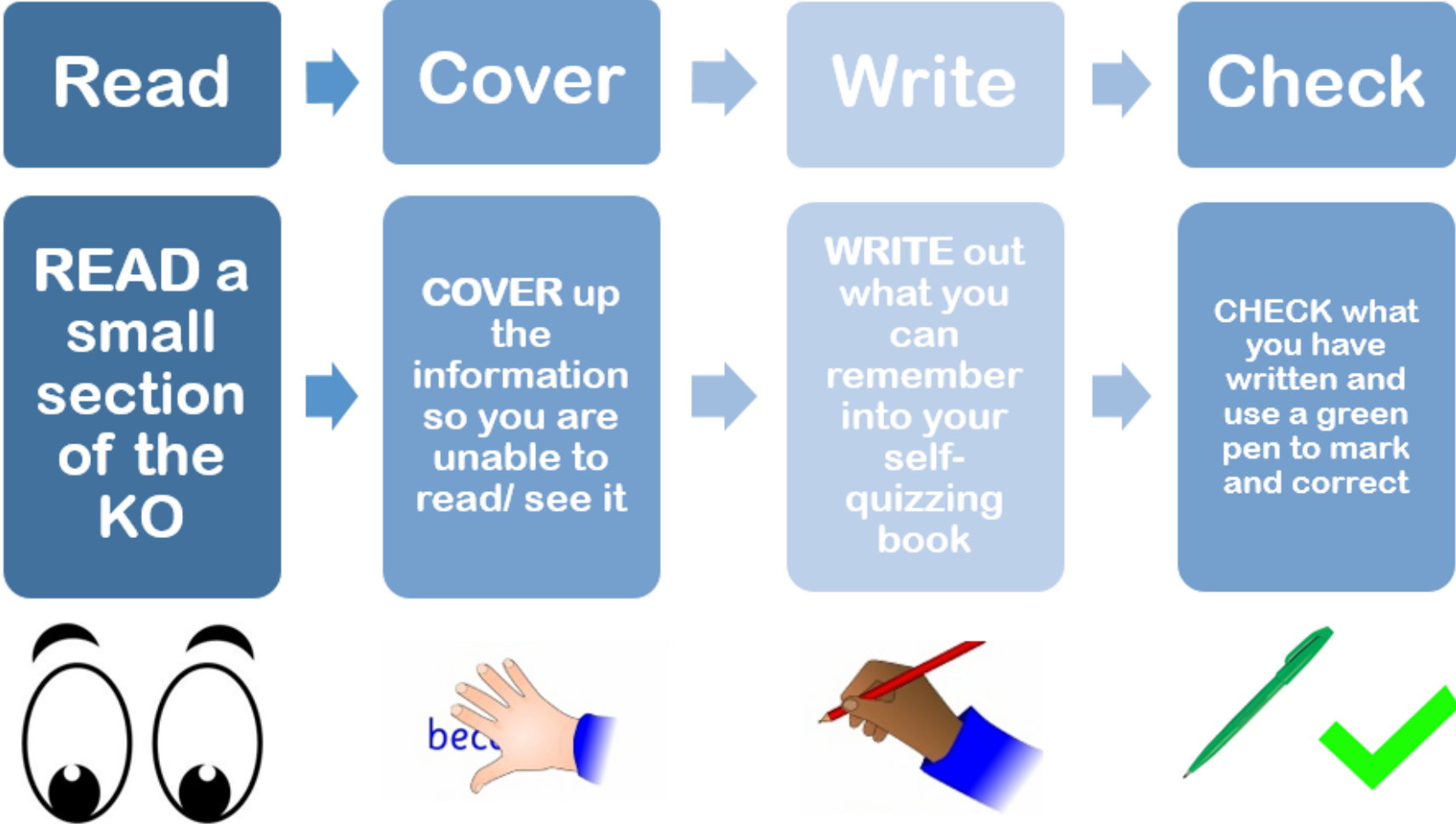
# Your Knowledge Organiser

- Knowledge Organisers contain critical knowledge you must know. This will help you recap, revisit and revise what you have learnt in lessons in order to remember this knowledge for the long-term.
- You must have this book for every lesson – it is part of your equipment.

## Using Your Knowledge Organiser for Revision

- Students remember 50% more when they test themselves after learning.
- You can use your book to help **memorisation**.
- **Read** a section of your Knowledge Organiser.
- **Cover** it up.
- **Write** out what you've remembered.
- **Check** the Knowledge Organiser to see if you're right.
- **Repeat** this process.
- Do this **every day** to help commit the information to your **long-term memory**.

# How to Use the Book for Self-Quizzing



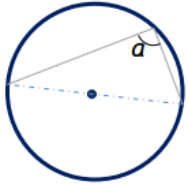
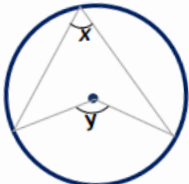
# Using Your Knowledge Organiser for Revision

Research shows that students remember 50% more when they test themselves after learning something.

You can use your 100% book to create flashcards.

These should:

- Be double-sided.
- Have a question on one side, the answer on other.
- Have a keyword on one side, a definition or image on the other.
- Be used for self-testing.

<u>Circles</u>	<u>Circles</u>
<ol style="list-style-type: none"><li>1. What is the size of angle <math>a</math>?</li><li>2. State the rule.</li></ol> 	<ol style="list-style-type: none"><li>1. What do you know about the angles <math>x</math> and <math>y</math>?</li><li>2. State the rule.</li></ol> 

<b>Q1</b> What is <b>emulsion</b> ? Oil, water, droplet, shake, immiscible, bond, mixture.	<b>Q2</b> What is <b>one similarity</b> between an <b>alkene</b> and an <b>unsaturated</b> fat?
<b>Q3</b> What is the name for the <b>test</b> for <b>unsaturated fat</b> or <b>alkene</b> ? Describe what you would <b>see</b> .	<b>Q4</b> Describe two ways that <b>saturated fat</b> and <b>unsaturated fat</b> (oil) are <b>different</b> .
<b>Q5</b> What is <b>the advantage</b> of cooking food in <b>oil</b> ? <b>Explain</b> your answer.	<b>Q6</b> <b>Describe</b> what an <b>emulsifier</b> molecule does.
<b>Q7</b> Name the <b>two parts</b> of an <b>emulsifier</b> molecule.	<b>Q8</b> What is the difference between a <b>monounsaturated</b> fat and <b>polyunsaturated</b> fat? <b>Mono</b> = one <b>Poly</b> = many

# Feedback

**Your teachers will give you feedback about your learning and progress in many different ways. These will include:**

- Verbal feedback about something you are working on in the lesson (practical or written work).
- Verbal feedback through asking questions.
- Guided independent self-assessment.
- Guided peer assessment.
- Instant / quick written comments or identification of SPAG errors on your work as you complete it.
- Written feedback on your work and setting R4 or extension questions for you to complete.
- Knowledge quizzing / short tests that give you a score (i.e. 15/20).
- Longer tests that may also give a score (i.e. in %) as well as feedback about the content you need to re-learn / refresh.

**You will be expected to respond to feedback in the following ways:**

- ✓ Correcting all SPAG errors and copying out spellings as directed by your teacher.
- ✓ Answering R4 questions and completing extension questions / tasks in green pen.
- ✓ Giving peer feedback when it is expected by the teacher, using the format provided.
- ✓ Setting yourself targets when required, to ensure that you keep developing your knowledge and skills.
- ✓ Focusing on the areas of knowledge that you need to learn and quizzing yourself on these for homework.
- ✓ Showing that you take pride in your work by presenting it neatly.
- ✓ Always asking for help if you don't understand the work or what to do.



# The Literacy Mat: Common Spellings

<p>                     accommodation                      actually                      alcohol                      although                      analyse / analysis                      argument                      assessment                      atmosphere                      audible                      audience                      autumn                      beautiful                      beginning                      believe                      beneath                      buried                      business                      caught                      chocolate                      climb                      column                      concentration                      conclusion                      conscience                      conscious                      consequence                      continuous                      creation                 </p>	<p>                     daughter                      decide / decision                      definite                      design                      development                      diamond                      diary                      disappear                      disappoint                      embarrass                      energy                      engagement                      enquire                      environment                      evaluation                      evidence                      explanation                      February                      fierce                      forty                      fulfil                      furthermore                      guard                      happened                      health                      height                      imaginary                 </p>	<p>                     improvise                      industrial                      interesting                      interrupt                      issue                      jealous                      knowledge                      listening                      lonely                      lovely                      marriage                      material                      meanwhile                      miscellaneous                      mischief                      modern                      moreover                      murmur                      necessary                      nervous                      original                      outrageous                      parallel                      participation                      pattern                      peaceful                      people                 </p>	<p>                     performance                      permanent                      persuade / persuasion                      physical                      possession                      potential                      preparation                      prioritise                      process                      proportion                      proposition                      questionnaire                      queue                      reaction                      receive                      reference                      relief                      remember                      research                      resources                      safety                      Saturday                      secondary                      separate                      sequence                      shoulder                      sincerely                 </p>	<p>                     soldier                      stomach                      straight                      strategy                      strength                      success                      surely                      surprise                      survey                      technique                      technology                      texture                      tomorrow                      unfortunately                      Wednesday                      weight                      weird                      women                 </p>
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# Maths Core Knowledge



<http://hegartymaths.com>

## Data

Mean  
Median  
Mode  
Range  
Scale  
Proportion  
Discrete data  
Continuous data  
Frequency  
Cumulative frequency  
Upper quartile  
Lower quartile  
Interquartile range  
Distribution  
Correlation  
Scatter graph

## Shape

### Names 3D

Sphere  
Cylinder  
Tetrahedron  
Prism  
Cone  
Pyramid

## Shape

### Names 2D

#### Quadrilaterals

Parallelogram  
Trapezium  
Rectangle  
Rhombus

#### Triangles

Equilateral  
Right-angle  
Isosceles  
Scalene

### Keywords

Circle  
Polygon  
Interior angles  
Exterior angles  
Acute angle  
Right angle  
Obtuse angle  
Reflex angle  
Vertically opposite angles  
Corresponding angles  
Alternate angles  
Co-interior angles  
Pythagoras  
Trigonometry  
Parallel  
Perpendicular

## Maths Lesson Essentials!

- Have you written and underlined the date and title?
- Have you written the question and shown your working out?
- Have you shown your units?
- Have you brought your calculator?
- Have you marked your answer in green pen?
- Does your answer make sense?

## Number and Algebra

Ascending	Solution
Descending	Decimal
Denominator	Percentages
Numerator	Binary
Solve	Integer

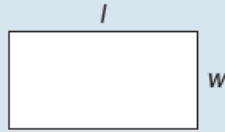
Article 29: 'Education must develop every child's personality, talents and abilities to the full.' Article 30: 'Every child has the right to an education.' The Rights of the Child.

right to learn and use their language.' Article 28: 'Every child has the right to an education.'

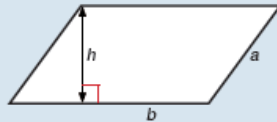
# Maths Core Knowledge

## Areas

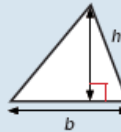
Rectangle =  $l \times w$



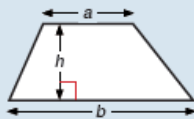
Parallelogram =  $b \times h$



Triangle =  $\frac{1}{2} b \times h$

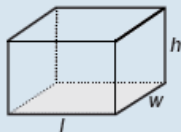


Trapezium =  $\frac{1}{2}(a + b)h$

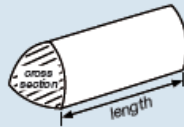


## Volumes

Cuboid =  $l \times w \times h$



Prism = area of cross section  
x length



Cylinder =  $\pi r^2 h$



## Important Formulae

### Compound measures

Speed

$$\text{speed} = \frac{\text{distance}}{\text{time}}$$

Pressure

$$\text{pressure} = \frac{\text{force}}{\text{area}}$$

Density

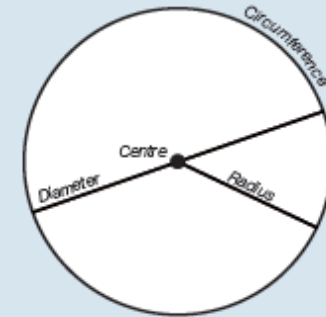
$$\text{density} = \frac{\text{mass}}{\text{volume}}$$

## Circles

Circumference =  
 $\pi \times \text{diameter}, C = \pi d$

Circumference =  
 $2 \times \pi \times \text{radius}, C = 2\pi r$

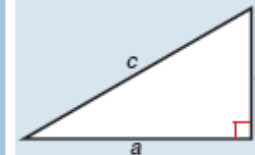
Area of a circle =  
 $\pi \times \text{radius squared } A = \pi r^2$



## Pythagoras

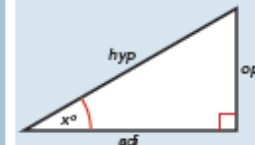
Pythagoras' Theorem

For a right-angled triangle,  
 $a^2 + b^2 = c^2$



Trigonometric ratios (new to F)

$$\sin x^\circ = \frac{\text{opp}}{\text{hyp}}, \cos x^\circ = \frac{\text{adj}}{\text{hyp}}, \tan x^\circ = \frac{\text{opp}}{\text{adj}}$$



<http://hegartymaths.com>

# Science Core Knowledge

## 1. How Science Works Keywords

Keyword	Definition
Evidence	A set of data that proves a prediction or hypothesis.
Hazard	Something that could be dangerous.
Risk	Chance of something dangerous happening.
Prediction	Something you think will happen.
Hypothesis	Why you think something will happen.
Variables	Something that changes.
Independent variable	The variable that is changed or controlled in an experiment to test the effects on the dependent variable.
Dependent variable	The variable being tested and measured in an experiment.
Control variable	Something that is constant and unchanged during the experiment.
Repeatability	Closeness of repeats of results to each other.
Reproducibility	Agreement of results from different groups testing the same factor.
Accuracy	Closeness of a measured value to a standard or known value.
Precision	Closeness of two or more measurements to each other.
Reliability	The degree to which the result of a measurement can be depended on to be accurate.

## 2. Key Equipment

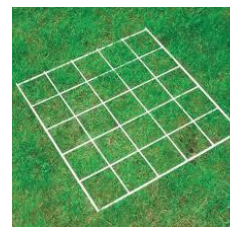


Measuring cylinders – 10 ml cylinders will allow measurement to the nearest 0.1 ml.

100 ml cylinders will allow measurement to the nearest 1 ml.



Thermometers – digital thermometers allow measurement to 1 decimal place, whereas alcohol thermometers only allow measurement to the nearest degree.



Quadrats – are used to do sampling and find the amount of a species in a certain area. Quadrats are placed on to the ground.



Metre ruler – used in multiple investigations in the lab. Allows us to measure to the nearest cm.



Measuring tape – used in sampling alongside the quadrat. Placed on to the ground to make a transect line to measure against.

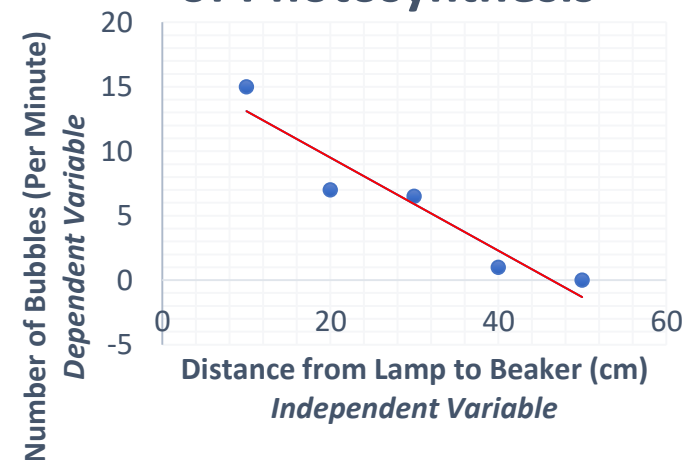
# Science Core Knowledge

## 3. Graphing, Analysis and Evaluation Keywords

Keyword	Definition	Example
Hypothesis	An educational guess based on what you already know.	The rate of photosynthesis will increase as the lamp moves closer to the beaker.
Independent Variable	The variable that can be changed by the scientist, it is the cause. Found on the x-axis.	Distance from lamp to beaker (cm).
Dependent Variable	The variable that the scientist observes, it is the effect. Found on the y-axis.	Number of bubbles (per minute).
Control Variable	The variables that must always be kept the same.	Temperature, the size of the pond weed, amount of water.
Line of Best Fit	A line that goes roughly through the middle of all the scatter points on a graph.	The red line on the graph above shows the line of best fit for the data plotted.
Calculations	Use the correct equation to be used based on the variables of the experiment. Use correct units.	Calculation for mean of number of bubbles per minute: $\text{Trial 1} + \text{Trial 2} + \text{Trial 3} \div 3$ $15 + 14 + 15 \div 3$ $= 14.6$
Results Analysis	Identify patterns in data. Describe what the table and graph show.	As the lamp is getting closer to the beaker, more bubbles are produced.
Conclusion	Answer your original question. State whether or not the hypothesis was supported.	The results prove that the rate of photosynthesis is effected by the distance of the light source. As the lamp was moved closer to the baker, more bubbles were produced.
Evaluation	Suggest an improvement for the equipment used. Suggest an improvement for the method used.	Use an LED lamp. Measure the volume of oxygen produced.

Distance from lamp to beaker (cm)	Number of bubbles (per minute)			Mean number of bubbles
	Trial 1	Trial 2	Trial 3	
10	15	14	15	14.6
20	7	7	7	7
30	7	7	6	6.7
40	1	2	1	1.3
50	0	0	0	0

## Investigating the Rate of Photosynthesis



# Art

## Practical Skills Visited

### Colour

Nuances of tone and colour within objects

### Drawing

Continued reinforcement of basics of shape and shading

Complex shapes and compositions, detail

Highlight and reflections

Drawing for recording ideas in different ways

### Painting

Use of acrylics

Use of different surfaces / mixed media work

Painting on a larger / smaller scale – painting to suit scale

### Printing

Collagraph

### 3D

Sculpture / installation

### Photography

Using photographs and edits to support practical work

### Literacy

Writing about Art and own ideas in details with a focus on evidencing ideas and thoughts through annotation in the sketchbook

## Vocabulary

- **Installation** – artwork created by putting objects together in a particular way
- **Contemporary Art** – art that is being created in society today
- **Mixed media** – using different media together
- **Annotation** – adding useful notes to your work to explain ideas
- **Development** – showing progression within a project and showing links between artists you study and your own work
- **Refinement** – improving your ideas by trying them out in order to create a successful final piece
- **Collagraph** – a print that is created by building up a surface and then printing from this
- **Acrylic** – a thick, water based paint, often used as an alternative to oil paint

## Stretch / Further Reading

- 1 Complete at least one drawing a week from real life of ANYTHING using a different media – pencil, pen, thread, crayon, etc. This will greatly improve your drawing skills.
- 2 Find out about installation Art – which artists first starting working in this way?
- 3 Take photographs that relate to your projects, this will make your work more personal and GCSE in style, preparing you for GCSE and also making your work stand out from the rest.
- 4 Visit a gallery / museum: Pallant House in Chichester is a good start. London – The National Gallery, Tate Britain, Tate Modern, The British Museum and the V&A Museum are just a few that are free.

### LINKS

#### Drawing

<https://www.studentartguide.com/articles/realistic-observational-drawings>

## Artists

This year your teacher will be being more creative and choosing artists specifically for you and your class. You need to ensure that you read about the artists fully to understand them and be able to say HOW they influence the work that you create.

### LINKS

#### How to analyse and use artists work

<https://www.bbc.com/bitesize/guides/zymtv9q/revision/1>

# Computing - Databases

Database Keywords	Definition	Using query operators		
		Query Operator	Meaning	Example
Data	Values, typically letters or numbers; 'text' – writing; 'date / time' – date or time; 'currency' – euro, pound, dollar; 'autonumber' – number increases by one each time; 'yes/no' – only yes or no can be entered.	<	Less than	<1.65
		<=	Less than or equal to	<=40
Fields	A category of data in a database, e.g. First Name or Date of Birth.	>	Greater than	>1.9
Mail merge	A method of creating lots of documents customised with data from a database, e.g. one letter sent to multiple people. The address of each person is read from and stored in a database.	>=	Greater than or equal to	>=30
		=	Equal to	= "M"
Query	A search or question performed inside a database.	BETWEEN	Tests for a range of values	BETWEEN 18 AND 25
Table	Consists of related records, e.g. Students.			
Primary Key	A field that contains data that is unique for each record.	AND	All criteria must be satisfied	
Record	Consists of related fields, e.g. Paul Smith who is 1.8 m, achieved a grade 9 and is in the basketball team.	OR	At least one of the criteria must be satisfied	"medium" OR "overweight"
<b>Homework Checklist for first term</b>				
1	Use this to revise	<a href="https://www.bbc.com/bitesize/guides/zswnb9q/revision/1">https://www.bbc.com/bitesize/guides/zswnb9q/revision/1</a>		
2	Homework – Idea Badges	Big Data, Personal Statement , Projects Advertising , CRM, Jargon Buster, Money Management		
3	Keywords from KO	You could also use Quizlet to practice		
4	Extension – Work	Research where databases are used in everyday life		
		NOT	All criteria are satisfied except for the ones specified	NOT "bald" AND NOT "fair"

# Dance

This is a recall of knowledge studied at the end of Year 8

Dance Key Terminology			Challenge: Improve your Understanding of Dance			Features of Production		
1	Acceleration	Speeding up the movement.	1	Mood	How the dance makes us feel? How does the dance affect the mood?	1	Performance environment	Where the dance takes place? Site sensitive, end stage or proscenium arch.
2	Contrast	Movements or shapes that have nothing in common.	2	Meaning	What is meant by the performance? The theme, the style, the intent.			
3	Complementary	Movements or shapes that are similar to but not exactly the same.	3	Style	What characteristic can you see in the dance style?	2	Lighting	How is the choreographer using lighting to support their intention? What colours are used and why?
4	Highlight	Important moments of the dance.	4	Narrative	Does the dance tell a story?			
5	Mental rehearsal	Thinking through or visualising the dance.	5	Audience skills	The ability to give accurate feedback to allow others to improve.	3	Costume	What are the dancers wearing? How does this impact on the dance idea?
6	Pathways	Designs traced in the space. This can be in the air or on the floor.	6	Effective warm up	How to include a range of exercises to avoid injury and improve physical skills.			
7	Contact	Working with others using touch or lifts.	<b>Building Blocks of Dance</b>			4	Dancers	How many dancers are performing? Are they performing solos, duets or in an ensemble?
8	Space	The 'where' of movements such as levels, directions, pathways and patterns.	1	Actions	What the dancer is doing. You need to name a variety of actions.			
9	Safe execution	Carrying out actions safely.	2	Space	Where the actions take place. You need to know how the space is used effectively.	5	Aural setting	What can you hear? What instruments are playing? What significance does this have on the dance idea.
10	Physical skills	Aspects enabling effective performance such as posture, alignment, balance, coordination, mobility, flexibility, stamina, strength, extension and isolation.	3	Relationships	Who the dancer is performing with. You need to be able to name a variety of relationship content.			
			4	Dynamics	How the action is performed. The speed and quality of the movements.	6	Use of props	What props are used? How do these props enhance our understanding of the dance work?

# Drama

## Devising Theatre: Generating ideas for scenes and characters

- 1 **Stimulus:** A piece of written text or imagery that is used to inspire ideas for a scene or whole performance.
- 2 **Verbatim Text:** Using exact words from a real person in your performance. You can find verbatim text from interviews and quotes online or in print.
- 3 **Role on the Wall:** You draw the outline of human figure on a piece of paper. Inside the outline you write everything you know about the character and any ideas you have to develop your understanding of them.
- 4 **Writing in Role:** A drama strategy that asks students to write from a character's perspective, typically in a familiar format like a diary entry; a letter, email, or text; a newspaper headline; or a letter to an editor.
- 5 **Hot Seating:** A character is questioned by the group about his or her background, behaviour and motivation. Even done without preparation, it is an excellent way of fleshing out a character. It also can help develop plot idea.


## Devising Theatre: Drama techniques to deliver and shape your performance

- 1 **Narration:** The act of telling the story to the audience.
- 2 **Direct Address:** Speaking directly to the audience and not towards another character on stage.
- 3 **Choral speaking:** When all members of the cast say the same thing at the same time. This can signify that you want to emphasise what is being said or that all the actors are playing one character (known as group role).
- 4 **Thought tracking:** Speaking the thoughts of the character out loud to the audience using direct address.
- 5 **Placards:** A printed or handwritten notice or sign used in the performance to deliver information about the plot, characters, themes or messages.
- 6 **Soundscape:** Using the actors on stage to make the background soundtrack to the scene to add atmosphere.
- 7 **Repetition:** Repeating a particular line or movement again and again. This can help show that is significant to the key themes and / or messages of your performance.
- 8 **Slow motion:** Changing the speed of what is happening on stage so that it is slower than real life. This can make sure the audience focus on specific detail that could be missed at normal speed. It also helps highlight that the moment is significant.
- 9 **Choral Movement:** The same movement, gestures or actions that are performed by more than one actor at the same time. This can signify that you want to emphasise what is being said or that all the actors are playing one character (known as group role).
- 10 **Movement sequence:** Creating a series of *freeze frames* that link together with *transitions*. You could also include moments of *choral movement* and *body as prop*. This helps to get ideas and narrative across quickly using imagery. This works well if you add music to create atmosphere. Text can also be spoken over the top to create further meaning.

















## Year 9 Writing

1. Fiction Writing				2. Non-Fiction Writing					
<b>1a. Literary Terminology</b>				<b>2a. Key Terminology</b>					
1 <sup>st</sup> person narrator	Written from the perspective of 'I'.			bias	An inclination or prejudice for or against one person or group				
omniscient narrator	An all seeing, all wise narrator			humour	The quality of being amusing or comic.				
symbolism	The use of symbols to represent ideas or qualities			tone	The choice of writing style the writer employs to convey specific feelings, emotions or attitudes.				
motif	Repeated image or idea.			empathy	The ability to understand and share the feelings of another.				
foreshadowing	A warning or indication of a future event.			anecdote	A short amusing or interesting story about a real incident or person.				
allegory	A story that can be interpreted to reveal a hidden meaning, usually a political or moral one.			irony	A state of affairs or an event that seems deliberately contrary to what one expects and is often amusing as a result.				
oxymoron	A figure of speech in which apparently contradictory terms appear in conjunction			sarcasm	The use of irony to mock or convey contempt.				
personification	The attribution of a personal nature or human characteristics to something non-human.			perspective	An attitude towards or way of regarding something; a point of view.				
antithesis	Character or ideas that are the opposite of each other.			imperatives	Phrases used to give orders, commands, warning or instructions.				
extended metaphor	Comparison between two unlike things that continues throughout a series of sentences in a paragraph.			syntactic parallels	Repetition of sentences or clauses to emphasise a theme or idea.				
pathetic fallacy	When the weather reflects the feelings of the character and/or mood of the piece.			asyndetic list	Where there are no conjunctions between each item.				
alliteration	The occurrence of the same letter or sound at the beginning of adjacent or closely connected words.			syndetic list	Where there is always a conjunction between each item.				
in medias res	When a piece of writing starts in the middle of the action without exposition.			anaphora	The repetition of a word or phrase at the beginning of successive clauses.				
semantic field	A group of words that share a similar theme or concept.			hypophora	A rhetorical device that involves asking a question and then quickly answering it.				
<b>1b. 5 Part Story Structure for Narrative Writing.</b>				<b>2b. Forms of Non-Fiction Writing</b>					
Exposition	Rising Action	Climax	Denouement	Resolution	Article	Letter	Essay	Speech	Leaflet
This is where you outline your setting, introduce your main characters and the time in which your story is set.	The author puts the character into a complicated situation and forces them into an irreversible situation.	The story reaches a crucial moment. The tension builds reaching a peak.	The story explores the consequences of the climax. The tension starts to ease.	The story's central problem is finally resolved leaving the reader with a sense of completion.	Clear/apt/original title Strapline/subheading Subheadings Introductory paragraph	Dear Sir/Madam or name Addresses Date Paragraphs Yours sincerely/faithfully	An effective introduction and conclusion.	Clear address to audience Rhetorical indicators that an audience is being addressed throughout A clear sign off.	Clear/apt/original title Organisational devices such as inventive subheadings or boxes Bullet points
<b>1c. Ideas to structure a piece of Descriptive writing.</b>				<b>2c. Ideas to structure a piece of Non-Fiction writing.</b>					
 <p><b>Drop:</b> How can we drop the reader into the action.  <b>Shift:</b> Will we shift in time, mood or place? Decide where you want to take your piece of writing.  <b>Zoom in:</b> What tiny detail shall we zoom in on and write a lot about?  <b>Zoom out:</b> Returning to the main scene what shall we focus on?  <b>Leave:</b> Write a one-line paragraph that finishes off your piece.</p>				<p style="text-align: center;"><u>Plan 1</u></p> <p>Introduction outlining your point of view/argument  <b>Point 1</b> (your 1<sup>st</sup> reason for or against)  <b>Point 2</b> (your 2<sup>nd</sup> reason for or against)  <b>Point 3</b> (your 3<sup>rd</sup> reason for or against)  <b>Conclusion:</b> briefly concluding your argument with a strong statement.</p> <p style="text-align: center;"><u>Plan 2</u></p> <p>Introduction outlining your point of view/argument  <b>Point 1</b> (how the issue affects you locally)  <b>Point 2</b> (how the issue affects the country)  <b>Point 3</b> (how the issue affects the world)  <b>Conclusion:</b> briefly concluding your argument with a strong statement.</p>					

Year 9 English Reading Analysis		3. Writing about the effect.	4. Literary techniques
<b>1. What, How and Why prompts</b>	<b>2. Useful vocabulary to analytical writing:</b>	<b>3a. How the reader feels:</b>	<b>4a. Language Techniques:</b>
<p><b>What is the writer doing?</b></p> <ul style="list-style-type: none"> <li>The writer is...</li> <li>In the novel ...the writer uses...to...</li> <li>The writer creates an atmosphere of...by using...</li> </ul> <p><i>In Chapter 3 of, Of Mice and Men the writer uses sound imagery to create a contrast between the men outside the barn and the quiet, content atmosphere within the barn.</i></p> <p><b>How are they doing this? How do they use the language/language techniques/structure to do this? How do key words/phrases show this?</b></p> <ul style="list-style-type: none"> <li>For example [add quotation] the use of...</li> <li>The adjective/alliteration/simile/metaphor...</li> <li>This suggests/implies/demonstrates/presents/highlights/</li> <li>The writer uses...coupled with...to highlight...</li> </ul> <p><i>For example, 'From outside came the clang of horseshoes on the playing peg and the shouts of men,' the use of onomatopoeia creates a sense of excitement and movement. This is contrasted in the next line 'But in the barn it was quiet and humming and lazy and warm.' The repetition of and builds up the atmosphere of lazy content in the barn.</i></p> <p><b>Why are they doing this? Why did they choose that language? Why might they want us to interpret it in different ways?</b></p> <ul style="list-style-type: none"> <li>This may suggest...Alternatively it may suggest...</li> <li>The writer wants to create a feeling of...Additionally it may suggest...</li> </ul> <p><i>This may suggest that the men outside the barn are enjoying a happy and relaxed game whilst inside the barn there is potentially nothing that concerns the majority of the men. Alternatively, the 'clang' and 'shouts' outside suggest the active minds of the men whilst the 'quiet' and 'humming' of the barn hint that something more sinister might be taking place in there.</i></p>	<p><b>To describe a writer's intentions:</b></p> <ul style="list-style-type: none"> <li>portrays</li> <li>depicts</li> <li>represents</li> <li>demonstrates</li> </ul> <p><b>To give an example or quotation:</b></p> <ul style="list-style-type: none"> <li>for example</li> <li>for instance</li> <li>specifically, when</li> <li>in particular</li> </ul> <p><b>To add information:</b></p> <ul style="list-style-type: none"> <li>furthermore</li> <li>in addition</li> <li>also</li> <li>additionally</li> </ul> <p><b>To compare and contrast:</b></p> <ul style="list-style-type: none"> <li>whereas</li> <li>in comparison</li> <li>similarly</li> <li>in contrast</li> </ul> <p><b>To conclude:</b></p> <ul style="list-style-type: none"> <li>in conclusion</li> <li>in closing</li> <li>given these facts</li> </ul>	<p>Suspicion</p> <p>Outrage</p> <p>Disgust</p> <p>Curious</p> <p>Calm</p> <p>Joyous</p> <p>Anxiety</p> <p>Irritation</p> <p>Compassion</p> <p>Respect</p> <p>Horror</p> <p>Concern</p>	<p><b>Superlative:</b> an adjective showing the highest quality or degree</p> <p><b>Hyperbole:</b> A deliberate over exaggeration</p> <p><b>Imagery:</b> vivid description of a particular scene</p> <p><b>Auditory imagery:</b> vivid description of sounds</p> <p><b>Tactile imagery:</b> vivid description of tactile environment</p> <p><b>Kinaesthetic imagery:</b> vivid description of movement.</p> <p><b>Alliteration:</b> words close to or next to each other that start with the same sound</p> <p><b>Onomatopoeia:</b> Words used to imitate sound</p> <p><b>Personification:</b> Non-human things that are given human characteristics</p> <p><b>Simile:</b> A comparison using like or as</p> <p><b>Sibilance:</b> repetition of the 's' sound</p>
		<p>Subtle</p> <p>Pivotal</p> <p>Significant</p> <p>Compelling</p> <p>Powerful</p> <p>Dramatic</p> <p>Challenging</p> <p>Dramatic</p> <p>Insignificant</p> <p>Questionable</p> <p>Crucial</p> <p>Emphatic</p>	<p><b>Contrast:</b> the deliberate positioning of two or more objects/events/characters who have distinctly different characteristics</p> <p><b>Listing:</b> a number of connected items written one after the other to emphasise a particular quality</p> <p><b>Shifts in focus:</b> the change of focus in or between paragraphs</p> <p><b>Zooming in and zooming out:</b> the narrowing and the widening of narrative focus</p> <p><b>Cyclical structure:</b> the end of the extract/novel returns to the same topic as the opening</p> <p><b>Chronological structure:</b> arranged in order of time</p> <p><b>Shifts in tense:</b> moves from past to present tense or vice versa</p> <p><b>Dialogue:</b> the speech of a character indicated by speech marks</p>

1. Punctuation Marks				2. Apostrophe Rules		
<p><b>Full Stop</b></p>  <p>Used at the end of a sentence</p>	<p><b>Question Mark</b></p>  <p>Used at the end of an interrogative sentence to form a question.</p>	<p><b>Exclamation Mark</b></p>  <p>Used at the end of an interrogative sentence to form a question.</p>	<p><b>Comma</b></p>  <p>Use to separate clauses in a sentence.</p>	<p><b>To show contraction:</b> Used to show when letters are omitted from words</p> <ul style="list-style-type: none"> <li>Do not = don't</li> <li>Could not = couldn't</li> <li>They are = they're</li> </ul>		
<p><b>Speech Mark</b></p>  <p>Used to show when a character speaks.</p>	<p><b>Colon</b></p>  <p>Used to separate two independent clauses when the second explains or illustrates the first</p>	<p><b>Semi Colon</b></p>  <p>Used separate two independent clauses that are about the same topic</p>	<p><b>Apostrophe</b></p>  <p>used in three ways to show contraction or possession.</p>	<p><b>To show possession:</b> Can be used to show that one thing belongs to or is connected to something</p> <ul style="list-style-type: none"> <li>The cat's tail was fluffy.</li> </ul> <p>Cat is a singular noun so you need to add an apostrophe and 's' to show that the tail belongs to the cat</p> <ul style="list-style-type: none"> <li>Charles's cat was naughty.</li> </ul> <p>Charles is a singular noun so, even though it ends in an 's' already, you need to add an apostrophe and another 's' to show that the cat belongs to Charles</p> <ul style="list-style-type: none"> <li>The brothers' feet were muddy.</li> </ul> <p>Brothers is a plural noun that ends in an 's' so you don't add another 's' after your apostrophe. You just add the apostrophe to show the feet belong to the brothers.</p> <ul style="list-style-type: none"> <li>The children's toys were broken</li> </ul> <p>Children is a plural noun but it doesn't end with an 's' so you need to add an apostrophe and 's' to show that the toys belong to the children.</p>		
<p><b>Hyphen</b></p>  <p>can take the place of commas, parentheses, or colons—in each case to slightly different effect</p>	<p><b>Slash</b></p>  <p>used to separate numbers, letters or words.</p>	<p><b>Ellipsis</b></p>  <p>Use in non-fiction to show omission. In fiction show hesitancy or long pause.</p>	<p><b>Parenthesis</b></p>  <p>Used to add extra information in a sentence</p>			
3. Sentence Types				4. Word Types		
Simple	<p>Consists for one independent clause. (An independent clause contains a subject and verb and expresses a complete thought. Examples:</p> <ul style="list-style-type: none"> <li>I like coffee.</li> <li>Mary likes tea.</li> </ul>			<b>Noun:</b> A name, place or thing	<b>Verb:</b> A being, doing or having word	<b>Adjective:</b> A word that describes the noun
Compound	<p>Is two (or more) independent clauses joined by a conjunction or semi-colon. Each of these clauses could form a sentence alone.</p> <ul style="list-style-type: none"> <li>I like coffee and Mary likes tea.</li> <li>Mary went to work but John went to the party.</li> <li>Our car broke down; we came last.</li> </ul>			<b>Abstract Noun:</b> An idea or concept e.g. bravery, courage, love	<b>Modal Verb:</b> A word that shows necessity or possibility	<b>Pronoun:</b> A noun that can be substituted for a name
Complex	<p>Consists of an independent clause plus a dependent clause. A dependent clause starts with a subordination conjunction or a relative pronoun and contains a subject and a verb but does not express a complete thought.</p> <ul style="list-style-type: none"> <li>We missed our plane because we were late.</li> <li>Our dog barks when she hears a noise.</li> </ul>			<b>Concrete Noun:</b> A noun that can be identified through one of the five senses (taste, touch, sight, hearing, or smell)	<b>Adverb:</b> A word that describes a verb	<b>Preposition:</b> The position or location of a word
Minor	<p>Consist of a fragment, or incomplete clause that still conveys meaning.</p> <ul style="list-style-type: none"> <li>Hello.</li> <li>The more, the merrier.</li> </ul>			<h2>Key Stage 3 Grammar</h2>		

# Food Preparation and Nutrition

## Introduction

The importance of preparing, storing and cooking food safely to prevent spoilage and contamination that could cause food poisoning.

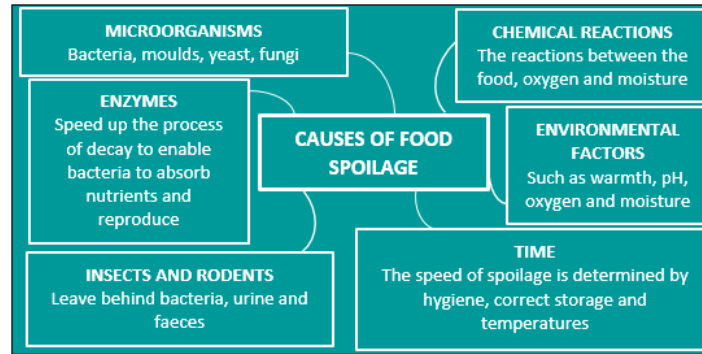
## Keywords

1. Use by date
2. Best before date
3. Frozen food
4. Chilled food

## Key Points

1. Bacteria is found everywhere and needs the right temperature, warmth, time, nutrients, pH level and oxygen to grow and multiply.
2. Microorganisms (bacteria) are used to make a wide range of food products.
3. Bacteria are used to make cheese, yogurt and bread.
4. The most important bacteria in food manufacturing are Lactobacillus species.
5. Bacterial contamination is the presence of harmful bacteria in our food, which can lead to food poisoning and illness.
6. As a food handler you must do everything possible to prevent this contamination.

## Key Points



Boiling point for sterilising equipment / utensils.

100° ————— 212°

Final rinse temperature for dishwashers (82° - 88°)

82° ————— 180°

Temperature for hot holding keep food warm once cooked.

63° ————— 145°

Do not leave raw or cooked items at room temperature as bacteria and micro organisms rapidly multiply.

37° ————— 99°

28° ————— 82°

8° ————— 46°

Fridges - set air temperature at 8° or below for chilled food.

4° ————— 40°

0° ————— 32°

Freezer temperature or below

-18° ————— 0°



## Exam Questions

- What are the different sources of bacterial contamination?
- Name three bacteria responsible for food poisoning.
- List the four conditions needed for rapid bacterial growth.
- What are the main symptoms of food poisoning?
- What are the food safety principles when buying and storing food?
- What temperature should a fridge be?
- What temperature should a freezer be?
- What is the danger zone temperature?

## Stretch

Why is the ever-increasing reliance on processed foods a concern regarding food safety?

## Further Links

[www.foodsafety.com](http://www.foodsafety.com)

<https://youtu.be/flxmB8NKMzE>

# Food Preparation and Nutrition

## Keywords

Enzymic Browning	Aeration
Creaming	Foam
Denaturation	pH level

## Key Points

**Proteins:** Determine the texture of food. Proteins are shaped like coils that react to certain items.

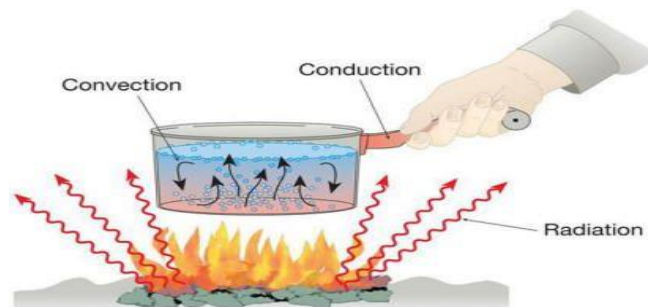
- Heat, salt and acids make coils unwind, producing a soft texture and loose bonds.
- Tight bonds result in coagulation, forming a denser texture (like custard).
- Kneading proteins produces tight bonds (bread dough).
- Coagulation causes proteins to lose water.

**Carbohydrates: Starch:** Breads, pasta, grains, starchy vegetables, fruits. Starch molecules soften in moisture. Absorbing moisture makes them swell, causing liquids to thicken. Starch cells stick to one another and trap moisture.

**Carbohydrates: Sugar:** Water molecules are attracted to sugar so the presence of significant sugar in a cake will help capture and hold on to liquid. This results in a more moist cake.

**Leavening:** When sugar is creamed with butter, the sugar crystals help drive air into the mixture.

## Key Points



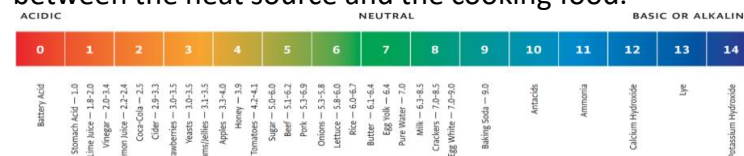
### How convection works:

- Water coming to a boil and circulating in the pot.
- Running cold water over frozen food, which transfers heat into the food to thaw it more quickly.
- Room temperature air moving around frozen food to thaw it.

### How conduction works:

- The transfer of heat from one object to another by direct contact.
- Touching a burner on a stove and being burned.
- Pancakes; grilling steak, chicken breasts or pork chops.
- Using iced water to blanch vegetables after steaming to keep them from losing their colour.

**Radiation:** Radiation is the process where heat and light waves strike and penetrate your food through electromagnetic energy. There is no direct contact between the heat source and the cooking food.



**Acids and alkalis:** pH range measures level of acid / alkali in food. pH scale is 1–14: 1 being the most acidic, 7 is neutral (water). 1–6 acid; 8–14 alkaline.

## Exam Questions

- Give three ways proteins can be denatured.
- Explain how starch can be used to thicken sauces.
- What does the term aeration mean?
- Name the process that makes biscuits browner and crispier when they are baked.
- What is the name of the protein that gives bread dough its elasticity?
- Explain how to prevent gluten molecules from forming long strands.
- Explain why margarine has more plasticity than lard.

## Stretch

Explain how foam formation happens in whisked egg whites.

Explain how emulsifiers can be used to keep oil and water in a stable emulsion.

## Further Links

- <https://www.stem.org.uk/gcse-food-preparation>
- <https://www.ifst.org/lovefoodlovescience>

Time expressions		Verb-phrase (past tense)		Adjectives	
<b>Avant</b>	Before	<b>Dans ma ville il y avait...</b>	In my town there was...	<b>Formidable</b>	Incredible
<b>Autrefois</b>	In the past	<b>J'habitais...</b>	I used to live in...	<b>Absolument fou</b>	Totally crazy
<b>Quand j'étais petit(e)...</b>	When I was younger...	<b>C'était...</b>	It was...	<b>Incroyable</b>	Unbelievable
<b>Maintenant</b>	Now	<b>J'ai vu</b>	I saw	<b>Abrutissant</b>	Mind-numbing
<b>De nos jours</b>	Nowadays	<b>J'ai assisté à</b>	I attended a	<b>Affreux</b>	Awful
<b>À l'avenir</b>	In the future	<b>Verb-phrase (present tense)</b>		<b>Cauchemardesque</b>	Nightmarish
<b>Après les examens</b>	After the exams	<b>Mon genre de musique préféré est...</b>	My favourite music is...	<b>French</b>	<b>English</b>
<b>Nouns (places) + Verbs</b>		<b>Je préfère écouter de la...</b>	I prefer listening to...	<b>ça vaut la peine</b>	It's worth it
<b>Assister à un festival</b>	To see a festival	<b>Dans ma ville il y a...</b>	In my town there is...	<b>il faut que je sois honnêt(e)</b>	I must be honest
<b>Déménager à l'étranger</b>	To move abroad	<b>J'habite à...</b>	I live in...	<b>J'en ai marre</b>	I've had enough
<b>Rester chez moi</b>	To stay in my town	<b>Je n'aime pas habiter à...</b>	I don't like living in...	<b>Si quelqu'un me demandait, je dirais...</b>	If someone asks me, I would say...
<b>Aller à un concert</b>	To go to a concert	<b>J'y habite depuis toujours</b>	I've always lived there	<b>je m'en interesse</b>	I'm interested in it
<b>Nouns (places)</b>		<b>On peut...</b>	You can...	<b>Où qu'on aille, quoi qu'on fasse</b>	No matter what we do...
<b>Un club de jeunes</b>	A youth club	<b>Verb-phrase (conditional tense)</b>		<b>Ça m'enerve</b>	It gets on my nerves
<b>Une grande surface</b>	A hypermarket	<b>Je voudrais...</b>	I would like...	<b>je m'en préoccupe</b>	I'm concerned about it
<b>Des magasins</b>	shops	<b>J'aimerais bien...</b>	I would really like...	<b>J'en ai peur</b>	I'm afraid of it
<b>Des espaces verts</b>	Green spaces	<b>Ça serait...</b>	It would be...	<b>Afin que je puisse...</b>	So that I can/could...
<b>Nouns (music)</b>		<b>Je rêve d'une ville où il y aurait...</b>	My dream town would have...	<b>Tu fais des blagues?</b>	Seriously?
<b>Les musiques du monde</b>	World music	<b>CORE QUESTIONS</b>		<b>Si j'avais du choix, je voudrais...</b>	If I had a choice I would like...
<b>Le raï</b>	Algerian pop music, popular in France	<b>1) C'était comment ton région autrefois?</b>	What was your region like in the past?	<b>Cela m'ennuie à mourir!</b>	It's dead boring!
<b>Chansons (par)</b>	Songs (by)	<b>2) Quel genre de musique aimes-tu? Pourquoi?</b>	What is your favourite type of music? Why?	<b>Quel que soit le prix à payer</b>	Whatever the cost
<b>Les chansons tristes</b>	Sad songs	<b>3) Où voudrais-tu habiter à l'avenir?</b>	Where would you like to live in the future?		
<b>La musique démodée</b>	Old fashioned music				

# Geography

**Drainage Basin:** An area of land drained by a river and its tributaries.

**Watershed:** The dividing line between two drainage basins.

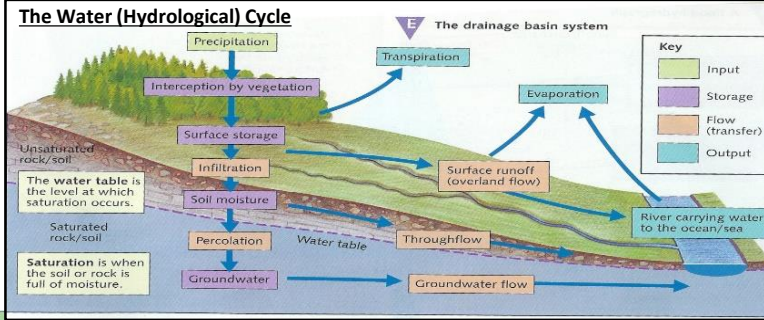
**Source:** Where a river begins (high altitude).

**Mouth:** Where the river enters the sea.

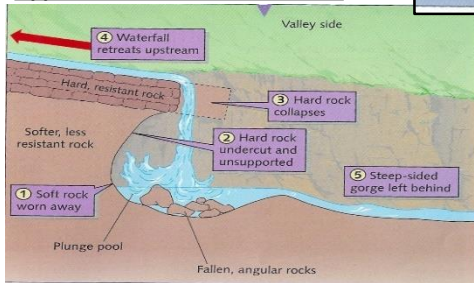
**Tributary:** A river or stream flowing into a larger river or lake.

**Meander:** A bend in a river.

**Confluence:** Where a smaller river meets another river.



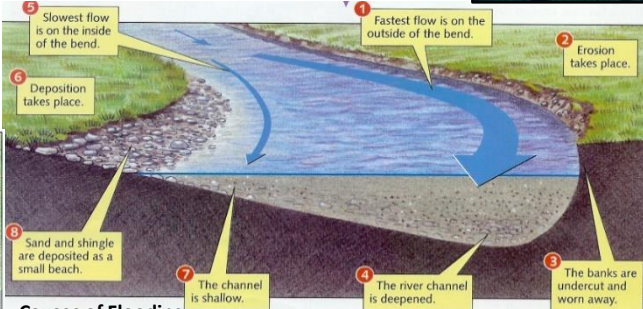
## Upper course feature – Waterfall



## Middle Course Feature – Meander

Meanders are constantly changing shape / position eroding in a lateral direction. Deposition happens on the inside, slow part of the bend = slip-off slope (river beach). Erosion occurs on the outer, faster bend (hydraulic action, abrasion), creating a river cliff.

## Oxbow Lake



## Causes of Flooding:

**Physical** – Steep slopes, impermeable rock, saturated ground, snow melt, heavier than average rainfall, meanders, low lying ground.  
**Human** – Deforestation, impermeable surfaces, e.g. tarmac / concrete, urbanisation, storm drains, bridges and pinch points, climate change leading to changes in intensity of rainfall and rising sea levels.

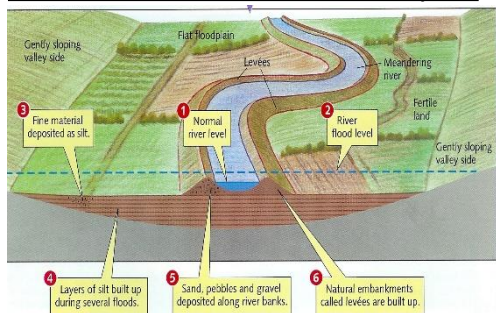
## Flood defences – Hard engineering methods:

**Dams and reservoirs** – control the flow of the river.  
**Widening and deepening** the river – so it can hold more water.  
**Embankments (levees)** – raise the height of the river banks so it can hold more water.  
**Overflow channels** – take excess water away from populated areas.  
**Straightening the channel** – to allow the river to move more quickly past certain locations.

## Flood defences – Soft engineering methods:

**Afforestation** – planting trees to increase interception.  
**Flood zonation** – placing certain buildings in particular flood return periods.  
**Flood warnings** – sirens and messages that warn people to evacuate.

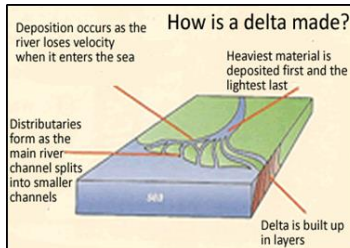
## Lower Course Feature – Levees and Floodplains



The river floods and water covers the flood plain. The transported material, **silt**, is deposited. Material transported as **solution** and **suspension** will travel further out, increasing soil **fertility**. Heavier material carried by **traction**, is dropped on the river bank, and form a **levee**.

Factors that lead to loss of energy so cause deposition:

- Shallow water
- The end of a rivers journey, near the mouth
- Volume of water decreasing



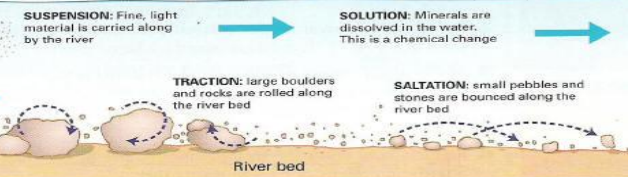
## Cross Profile

Course	Channel shape	Valley shape	Cross profile
Upper	Narrow, shallow	V shaped, steep gradient, narrow valley, river takes up valley floor	
Middle	Wider deeper channel	U shaped, gentle sloping valley sides, valley is wider	
Lower	Very wide and deep channel	Open U shaped, almost flat, river only takes up a small proportion of the channel	

## Erosion:

1. **Hydraulic Action:** The force of the water.
2. **Solution/Corrosion:** The acids in the water causing erosion.
3. **Abrasion:** Material in the river scrapes along the river bed/banks.
4. **Attrition:** The river load hits into each other breaking into pieces.

## Transportation:



## Town of Boscastle, Cornwall, south west of the UK, HIC, 16 August 2004

**Physical factors:** A massive downpour of rain (1.4 million litres of rain) in 2 hours. The soil was already saturated (previous rain) which meant increased surface run-off. Gradient was steep at Bodmin Moor and it contains impermeable rock. Confluence of the River Jordan and Valency.  
**Human factors:** Building on flood plains, Boscastle has some deforestation. Narrow span bridge across causing bottle neck for debris and river flow.

**Social:** Nobody died, 6 injured, 58 properties damaged – stayed in caravans for 6 months during repairs.  
**Economic:** 25 businesses flooded costing £25 million. Four bridges destroyed – decline in tourism and negative impacts for business.  
**Environmental:** 75 cars washed into the river, causing fuel to leak into both the river and sea, damaging habitats.

## Immediate Responses:

Seven helicopters were scrambled from various counties in the south. Community centre used for evacuation for local people and tourists.

## Long-term Responses

Rivers were artificially widened and deepened. Rivers were straightened. Car park rebuilt on higher ground. Bridge spans made wider. Culvert built for flood relief.

## South Asia, Bangladesh, LIC, July and August 2007

**Physical factors:** Heaviest rain in 50 years – 900 mm in July. This saturated the soils. Snow melt from glaciers of the Himalayas. Low-lying country – 80% lies on floodplains and is 1m below sea level.  
**Human factors:** Building on flood plains, deforestation to use wood for fuel and to build houses for the increasing population in areas such as Nepal. This reduced interception and caused more surface run-off.

**Social:** 2,000 deaths, 25 million homeless.  
**Economic:** Many farms flooded, losing jobs and income. 44 schools destroyed, roads destroyed.  
**Environmental:** 60% of country was under water – leading to farm land being contaminated with sewage.  
**Secondary Effects:** Flood water left mud and raw sewage, as a result 10,000 people caught water-borne diseases like cholera. Unemployment, children lost out of schooling. Flooded fields meant a reduced production of rice and so rice prices (rice staple diet) rose considerably.

## Immediate Responses:

No warning system. Many people didn't evacuate areas flooded, as they wanted to stay with their belongings. Destroyed roads slowed down people trying to evacuate. International charities distributed food, water and medical aid.

## Long-term Responses:

International charities have funded the rebuilding of homes. Some homes and flood shelters rebuilt on stilts. Some embankments built along rivers – didn't really work. Provision of flood shelters for people, crops and animals. Flood warning system through speakers in villages.

## Rivers fluency sheet

Background:
1. Rivers affect the landscape and the lives of people who live near them.
2. Rivers are found within their own drainage basin and have their own distinct features. <b>(A)</b>
3. As a river moves from its source in the upper course, to its mouth in the lower course, its profile changes. <b>(B)</b>
4. There are many different river processes which can impact the landscape. <b>(C, D)</b>
5. Processes of erosion and deposition can lead to the formation of different river landforms. <b>(E, F, G)</b>
6. Flooding is a key feature of rivers, and drainage basin processes play a significant role in this. By altering the drainage basin of a river, we can interfere with these processes. <b>(H)</b>
7. There are many famous examples of floods. Today many strategies have been put in place in an attempt to manage the flood risk. <b>(I)</b>

A.	Drainage basin features (6)
Drainage basin	An area of land drained by a river and its tributaries.
Source	The start of a river.
Mouth	Where the river enters the sea or lake.
Tributary	A small river than joins a larger river.
Confluence	The point at which two or more rivers meet.
Watershed	The dividing line between two drainage basins.

B.	River profile (3)
Upper course	The narrow, steep, upper part of a river, contains waterfalls.
Middle course	The wider, deeper channel, contains meanders and oxbow lakes.
Lower course	The widest, flattest part of the river, near the mouth, contains the floodplain.

C.	Types of erosion (4)
Hydraulic action	The sheer force of the river causing the bed and banks to erode.
Abrasion	Material carried by the river erodes by scraping along the bed and banks.
Attrition	Eroded material carried by the river, hits into each other breaking down into smaller pieces.
Solution	The acids in the water causing erosion.

E.	Waterfall – upper course (2)
Plunge pool	A pool which forms at the bottom of a waterfall, undercutting the hard rock above.
Gorge	A steep sided valley left behind when a waterfall retreats up stream.

F.	Meander – middle course (2)
Slip-off slope	The sloping bed of a meander, from the inside (shallow) to the outside (deep).
River cliff	The undercut bank on the outside bend of a meander.

G.	Floodplain – lower course (2)
Silt	The fertile, eroded material transported by a river.
Levees	Banks found at the side of a river in the lower course.

D.	Other river processes (5)
River load	The material which the river is transporting.
Transportation	The movement of material by the river.
Deposition	When a river loses energy so drops its load.
Lateral erosion	When erosion moves across the land, causing the bends of meanders to widen.
Vertical erosion	Erosion which takes place downwards into the land.

H.	Drainage basin processes (6)
Precipitation	Liquid that falls from the sky, e.g. rain, snow, hail.
Interception	When the leaves of trees stop precipitation reaching the ground.
Surface run-off	The movement of water overland back into a river.
Surface storage	Water stored on the surface in lakes or puddles.
Infiltration	The movement of water from the surface into the soil.
Through flow	The movement of water through the soil back into the river.

I.	Case study example: Boscastle		
Where / when?	Cornwall in the south west of the UK, happened in August 2004. A tourist destination.		
	Cause (3)	Effect (4)	Response (3)
	1. Very heavy rainfall, 89mm in just 1 hour. 2. Steep slopes of Bodmin Moor caused surface run-off. 3. Impermeable ground meant precipitation could not infiltrate.	1. 25 businesses ruined, costing £25 million in lost trade. 2. Four bridges destroyed. 3. Homes damaged costing £500 million to repair. 4. 75 cars washed away.	1. Immediate – seven helicopters sent in to rescue people from the roofs of buildings. 2. Long-term – river widened and deepened. 3. Long-term – bridges made wider.



Time expressions		Verb-phrase (past tense)		Adjectives	
<b>Früher</b>	Before	<b>In meiner Stadt gab es...</b>	In my town there was...	<b>Ausgezeichnet</b>	Incredible
<b>In der Vergangenheit</b>	In the past	<b>Ich wohnte in...</b>	I used to live in...	<b>Total verrückt</b>	Totally crazy
<b>Als ich junge war...</b>	When I was younger...	<b>Es war...</b>	It was...	<b>Unglaublich</b>	Unbelievable
<b>Heute</b>	Now	<b>Ich sah</b>	I saw	<b>Todlangweilig</b>	Dead-boring
<b>Heutzutage</b>	Nowadays	<b>Ich ging</b>	I went	<b>Schrecklich</b>	Terrible
<b>In der Zukunft</b>	In the future	Verb-phrase (present tense)		<b>Halbtraumhaft</b>	Nightmarish
<b>Nach den Prüfungen</b>	After the exams	<b>Meine Lieblingsmusik ist...</b>	My favourite music is...	BOOSTER PHRASES!	
Nouns (places) + Verbs		<b>Ich höre lieber...</b>	I prefer listening to...	<b>Es lohnt sich</b>	It's worth it
<b>Ein Festival sehen</b>	To see a festival	<b>In meiner Stadt, gibt es...</b>	In my town there is...	<b>Wir können es uns nicht leisten</b>	We can't afford it
<b>Im Ausland wohnen</b>	To live abroad	<b>Ich wohne in...</b>	I live in...	<b>Es macht Spaß</b>	It's fun
<b>In meiner Stadt bleiben</b>	To stay in my town	<b>Ich lebe nicht gern in...</b>	I don't like living in...	<b>Ich bin gut darin</b>	I'm good at it
<b>Ein Konzert sehen</b>	To see a concert	<b>Meiner Stadt hat...</b>	My town has...	<b>Ich interessiere mich dafür</b>	I'm interested in it
Nouns (places)		<b>Man kann...</b>	You can...	<b>Ich freue mich darauf</b>	I'm looking forward to it
<b>Einen Jugendklub</b>	A youth club	Verb-phrase (conditional tense)		<b>Es kommt darauf an</b>	It depends
<b>Ein Hallenbad</b>	A swimming pool	<b>Ich möchte...</b>	I would like...	<b>Es geht mir auf die Nerven</b>	It gets on my nerves
<b>Geschäfte</b>	shops	<b>Ich würde gern...</b>	I would really like...	<b>Ich mache mir Sorgen darüber</b>	I'm concerned about it
<b>Radwege</b>	Cycle paths	<b>Das wäre...</b>	It would be...	<b>Ich habe Angst davor</b>	I'm afraid of it
Nouns (music)		<b>Meine Traumstadt hätte...</b>	My dream town would have...	<b>Alles hat einmal ein Ende</b>	Everything comes to an end
<b>Weltmusik</b>	World music	CORE QUESTIONS		<b>Nicht mal im Ernst</b>	Seriously?
<b>Lieder (von)</b>	Songs (by)	<b>1) Wie war deine Region früher?</b>	What was your region like in the past?	<b>Wenn ich die Wahl hätte, würde ich ..... -en.</b>	If I had a choice I would...
<b>traurige Musik</b>	Sad music	<b>2) Was ist deine Lieblingsmusik? Warum?</b>	What is your favourite type of music? Why?	<b>Wenn man mir fragt</b>	If someone asks me
<b>Altmodische Musik</b>	Old fashioned music	<b>3) Wo möchtest du in der Zukunft wohnen?</b>	Where would you like to live in the future?		
<b>Unterhaltsame Musik</b>	Entertaining music				
<b>Deprimierende Musik</b>	Depressing music				

# History - The Holocaust

In 1933 550,000 Jews lived in Germany, **under 1%** of the population. Over **5 million** lived in Russia and Poland. Over **60%** of the worlds Jews lived in Europe in 1933. *What does this tell you about Hitler's 'Jewish problem'?*

**Anschluss** – The joining of Austria with Germany in 1938; overturning the ToV. Persecution of Austrian Jews increased dramatically after it.

**Anti-Semitism** – Discrimination against Jews as a religious group or race.

**Aryan** – Meaning pure German blood. Hitler believed they would make Germany great again.

**Concentration camps** – Prison camps set up by the Nazis in 1933, firstly for political opponents (communists), then minorities from criminals, homosexuals, gypsies, Jews. Some later became extermination camps. (Learn 5).

**Eugenics** – The study of races. The Nazis' distorted science such as Darwin's survival of the fittest.

**Euthanasia** – The killing of those with disabilities or diseases.

**Gestapo** – Hitler's spy network, which relied on informants.

**Ghettos** – Parts of cities reserved for Jews from 1939, they were unhygienic places to live, had a lack of water and healthcare. They acted as prisons as they had large walls and curfews.

**Kristallnacht** – The Night of Broken Glass, people encouraged by the SS burned down synagogues, humiliated Jewish people and many were killed.

**Lebensraum** – Living space in the east (e.g. Poland) where Hitler was planning to build his 1,000 year Reich for the master / superior race (Herenvolk).

**Minorities** – Anyone considered non-Aryan, disabled people, homosexuals, Roma.

**Nuremberg Laws** – A series of laws reducing German Jews human rights, such as their ability to marry Germans, to vote, and to be recognised as a citizen.

**Pogrom** – A violent attack on Jewish communities, these had been occurring all over Eastern Europe & Russia since 1900.

**Roma** – Known as gypsies, they were persecuted especially when the Nazis' moved East during WWII.

**SA** – Known as Hitler's bully boys in the early days they helped him gain power by intimidating people.

**SS** – Hitler's elite part of the army, also responsible for the workings of the concentration camp network under Himmler.

**Sterilisation** – Preventing men and women from breeding by an operation.

**Swastika** – The Nazi flag and symbol.

**Synagogue** – A Jewish place of worship.

**Systematic** – Purposeful and considered. Laws made persecution more systematic in 1935. The gassing of Jews became systematic in 1935 meaning this was racial genocide against the Jews.

**Untermenschen** – Anyone considered an undesirable in Hitler's Germany; disabled, Roma, homosexuals and Jews.

## Key themes:

**Religious:** Primarily, Jews were persecuted because of their religion; this had existed since the 14<sup>th</sup> century. However it had developed into a racial prejudice. Hitler blamed the Jews for signing the ToV and stabbing the German people in the back.

**Economic:** Initially persecution was kick-started by boycotting Jewish shops. Due to the small numbers of shops this was unsuccessful and many Germans chose to shop there regardless of the SA bully boy tactics.

**Political:** In 1935, The Nuremberg Laws limited German Jews rights; this was a significant turning point in the persecution of the Jews and foreshadowed how systematic the state persecution would become. In 1938 The Anschluss meant a lot more Jews were now part of Germany. They were persecuted.

**Social:** Kristallnacht was the biggest pogrom, people burned and killed Jewish men and many were imprisoned in concentration camps. This had been encouraged by the SS and the state.

**The outbreak of WWII:** was a turning point it meant that the Jewish problem increased as they inherited more Jews as well as fight a war. Persecution increasingly became more systematic leading to the creation of death camps in 1942.



Hitler is made Chancellor. January 1933	Boycott of Jewish shops. April 1933	The Nuremberg Laws. September 1935	The Anschluss. March, 1938 Kristallnacht. November 1938	WWII breaks out, Hitler invades Poland. September 1939	Polish Jews made to wear yellow star in ghettos. November 1939	Mass deportation of Western European Jews to concentration camps. February 1942	Hungarian Jews sent to Auschwitz were systematically gassed. 1944	Liberation of Auschwitz by the SU. January 1945
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## Indices and Index Notation

If a number is the square, or cube, or some other power of another number, then we can use index notation as an alternative way of writing the number. E.g.  $4 = 2 \times 2 = 2^2$

$2^2$  is the number in index notation or index form.

### Keywords for Indices

Index	The small number written behind and above the base number, which indicates what power we must raise it by. Also called the exponent.
Indices	The plural of index. When we multiply powers of the same number, we add together the indices.
Power	Powers of a number are made by multiplying the number by itself a set number of times. E.g., the third power of 2 or $2^3$ is 8.

### Index Laws

#### Multiplying

When you multiply powers of the same number you add together the indices. E.g.  $5^3 \times 5^4 = 5^7$

#### Dividing

When you divide powers of the same number you subtract the indices. E.g.  $7^5 \div 7^3 = 7^2$

#### Raising a power to a power

When raising a power to another power you multiply the indices. E.g.  $(8^3)^4 = 8^{12}$

#### Special Indices

Anything to the power zero equals 1. E.g.  $9^0 = 1$

Anything to the power 1 is itself. E.g.  $10^1 = 10$

The power  $\frac{1}{2}$  or 0.5 is the square root. E.g.  $16^{\frac{1}{2}} = 4$

## Expanding and Factorising

Expanding and factorising are the processes of removing or including brackets. Expanding brackets is essentially multiplication, and factorising is done by dividing.

### Keywords for Expanding and Factorising

Brackets	Symbols used to group numbers in arithmetic or letters and numbers in algebra and indicating certain operations as having priority.
Expression	A collection of terms which can contain variables (letters) and numbers. E.g. $4pq - 12p$
Expand	To multiply out brackets in an expression.
Factor	A number that divides another number exactly. 4 and 3 are factors of 12.
Factorise	To express a number or expression as a product of its factors.
Coefficient	A factor in an algebraic term. E.g. in the quadratic expression $3x^2 + 4x - 2$ the coefficients of $x^2$ and $x$ are 3 and 4 respectively.

### Expanding a single bracket

Multiply the term on the outside of the bracket by each term on the inside of the bracket.

$3(2a + 5)$  means  $3 \times (2a + 5)$ , which is the same as  $3 \times 2a + 3 \times 5$ , that is  $6a + 15$ .

### Expanding a double bracket

Multiply each term in the first bracket by each term in the second bracket then simplify.

$(a + 3)(a + 4)$  means  $axa + ax4 + 3xa + 3x4$ , that is  $a^2 + 4a + 3a + 12$ , simplifies to  $a^2 + 7a + 12$ .

## Substitution and Formulae

Substitution is replacing a variable (a letter) in an algebraic expression or formula with a number. A formula (formulae is the plural of formula) is a piece of algebra designed to help you work out an unknown quantity from some other things which you do know.

E.g. the formula for the area of a triangle is:

$$\text{Area} = \frac{\text{base} \times \text{height}}{2} \text{ or } A = \frac{b \times h}{2}$$

If I know the base and height of a triangle I can **substitute** these values into the **formula** to find the area.

### Keywords for Substitution and Formulae

Formula	An algebraic relationship connecting two or more variables e.g. $A = \pi r^2$ $A$ and $r$ are variables
Variable	A number represented by a letter in a piece of algebra. A variable can take different values at different times.
Expression	Contains letters (variables) and/or numbers but no equals sign e.g. $3m + 2n$
Equation	Contains an equals sign, one letter (the unknown), and numbers. Solve to find the value of the unknown. e.g. $7x - 9 = -4$
Identity	True for all values of the unknown e.g. $4d = d + 3d$
Substitute	To replace unknowns with numbers
Subject	The variable (shown by a letter) on its own on one side of the equals sign e.g. $M = 3n - 5$ ( $M$ is the subject)
Rearrange	To change the subject of a formula.

## Equations and Inequalities

Equations are algebra with an equals sign and an unknown value represented by a letter, often an "x". These can then be solved to find the value of the unknown.

An inequality is very similar to an equation but replaces the equals sign with an inequality sign.

### Important Symbols

=	Equals
<	Is Less than
>	Is Greater than
≤	Less than or equal to
≥	Greater than or equal to

### Solving Equations

We solve equations by carefully performing inverse operations until all that remains is the unknown on one side of the equals sign, and a value on the other. We must always do the same thing to both sides of the equation.

A useful order to help solve linear equations is:

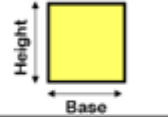
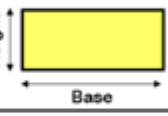

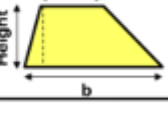



Fractions	Multiply both sides of the equation by the denominator of any fractions.
Brackets	Expand any brackets.
Letters	If the equation has letters (unknowns) on both sides then remove the letters from the side with the least letters. Subtract (or add) the same amount from/to both sides of the equation.
Numbers	Get the unknowns on their own by subtracting (or adding) the same amount from/to both sides of the equation.
Divide	If the unknown has a coefficient, e.g. 3x, then divide both sides of the equation by the coefficient to get the value of just one lot of the unknown.

## Perimeter and Area

Perimeter is the outer edge or rim of a flat shape. We normally find the length of a perimeter by adding together the lengths of all the sides of the shape.

An area is the amount of space contained within a flat shape. Areas can sometimes be worked out or estimated by counting squares, but we normally use a formula which is specific to the type of shape whose area we want to find.

### Formulae for Areas

Shape	Name	Formula for Area
	Square	Base x Height
	Rectangle	Base x Height
	Triangle	Base x Perpendicular Height ÷ 2
	Trapezium	$(a + b) \times \text{height} \div 2$
	Parallelogram	Base x Perpendicular Height
	Rhombus	Length x Height ÷ 2
	Kite	Length x Height ÷ 2

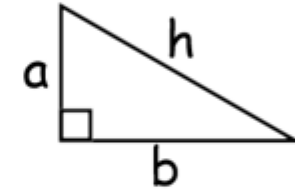
## Pythagoras Theorem

Pythagoras theorem is a formula for finding the length of one side of a right-angled triangle, if we know the other two.

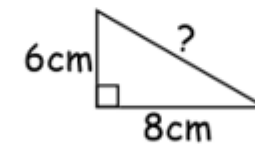
Written in algebra it looks like this:

$$a^2 + b^2 = h^2$$

Sometimes the  $h$  is written as a  $c$  but the letter  $h$  reminds us that this side must be the **hypotenuse**. The **hypotenuse** is the longest side of a right-angle triangle and is the only side which does not touch the right-angle. This diagram might help.



Here is an example to help you understand.



So  $a$  can be 6cm,  $b$  can be 8cm and  $h$ , the hypotenuse is unknown.

$$a^2 + b^2 = h^2$$

$$6^2 + 8^2 = h^2$$

$$36 + 64 = h^2$$

$$100 = h^2$$

$$\sqrt{100} = h$$

$$10 = h$$

# Music

## Rehearsal Skills

- 1. Practice every day** – Help your long-term memory. Improve your learning curve.
- 2. Have Specific Goals** – Create specific, attainable goals before you practice.
- 3. Begin With The Basics** – Go over technique first. Always have a warm-up plan.
- 4. Focus On The Tough Stuff** – Spend your time on what you cannot play. Turn fear into confidence.
- 5. Write It Down** – Get the most from your practice log. See your goals and accomplishments.
- 6. Slow It Down** – Muscle memory. Never make mistakes. Learn it right the first time.
- 7. Break It Down** – Identify musical sections. Don't always start at the beginning. Help memorisation.
- 8. Use A Metronome** – Always work on improving your time. Don't stretch time for the 'tough stuff'.
- 9. Accentuate The Positive** – Use positive language in the practice room. Focus on solutions, not problems.
- 10. Challenge Yourself** – Don't give up, and don't always go for the 'easy' option.

Evil Grannies Bash Down Fences

F A C E

Good Boys Deserve Friendly Aliens

A C E G

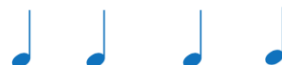
Semibreve – 4 beats



Minim – 2 beats



Crotchet – 1 beat



Quaver – ½ beat



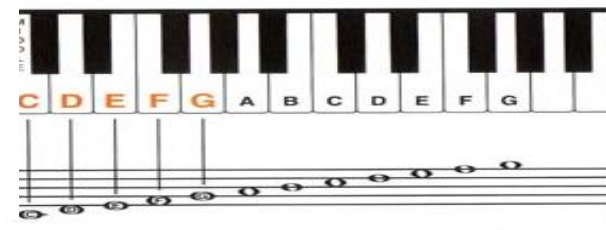
Semiquaver – ¼ beat



## Keywords

Dynamics	Symbol	Definition
Fortissimo	<i>ff</i>	Very loud
Forte	<i>f</i>	Loud
Mezzoforte	<i>mf</i>	Moderately loud
Mezopiano	<i>mp</i>	Moderately quiet
Piano	<i>p</i>	Quiet
Pianissimo	<i>pp</i>	Very quiet
Crescendo		Becoming gradually louder
Decrescendo		Becoming gradually quieter

Tempo	Definition
Lento	Slowly
Largo	Slow and stately
Adagio	Leisurely
Andante	At a walking pace
Allegro	Fast
Vivace	Lively
Presto	Very quickly



# Physical Education

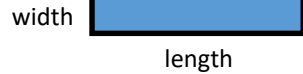
Training Methods			Principles of Training		Components of Fitness		
1	<b>Flexibility Training</b>	Static, Ballistic, PNF	1	<b>Frequency</b>	How often do you train? (How many times a week?)	1	<b>Aerobic Endurance</b>
2	<b>Strength Training</b>	Free Weights, Circuit, Plyometric	2	<b>Intensity</b>	How hard do you train? (Heart rate / pyramid, BPM, BORG scale of RPE...)	2	<b>Muscular Strength</b>
3	<b>Speed Training</b>	Hollow, Acceleration, Interval	3	<b>Time</b>	How long you train for? (Minimum 30 mins.)	3	<b>Muscular Endurance</b>
4	<b>Aerobic Endurance Training</b>	Continuous, Fartlek, Interval	4	<b>Type</b>	What type of training method? (e.g. weight, circuit, interval...?)	4	<b>Flexibility</b>
			<b>Additional Principles of Training</b>		5	<b>Speed</b>	
			1	<b>Specificity</b>	Training specific to the individual needs of athlete	6	<b>Body Composition</b>
<b>Fitness Tests</b>			2	<b>Progressive Overload</b>	Make training gradually harder so body gradually improves and adapts	7	<b>Power</b>
1	<b>Body Composition</b>	BMI, BIA, Skinfold Callipers	3	<b>Adaptation</b>	Body adapts in response to training	8	<b>Agility</b>
2	<b>Aerobic Endurance</b>	Multi-Stage Fitness Test, Forestry Step Test	4	<b>Reversibility</b>	Body will reverse back if training is stopped for a prolonged time	9	<b>Balance</b>
3	<b>Speed</b>	35 m Sprint	5	<b>Variation</b>	Training must be varied to avoid boredom	10	<b>Coordination</b>
4	<b>Strength</b>	Grip Dynamometer	6	<b>Individual Differences</b>	Training must be suited to each persons needs	11	<b>Reaction Time</b>
5	<b>Flexibility</b>	Sit and Reach	7	<b>Rest and Recovery</b>	Avoid injuries due to fatigue / tiredness		
6	<b>Muscular Endurance</b>	Sit Up / Press Up					
7	<b>Agility</b>	Illinois Agility					
8	<b>Power</b>	Vertical Jump					

# Product Design

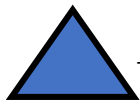
**Area:** The 2-dimensional space taken up by something – for example, the area of a sheet of material like card. Measured in a size appropriate to the problem - either  $\text{cm}^2$  or  $\text{m}^2$  for larger problems.

**Area of a rectangle = width × length**

**Area of a circle =  $\pi r^2$**



$\pi = 3.142$   
The radius is half the diameter  
The circumference of a circle =  $\pi D$



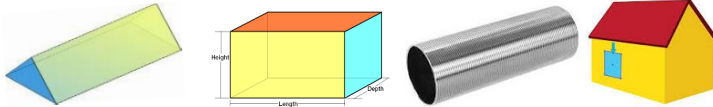
The area of a triangle =  $\frac{\text{base} \times \text{height}}{2}$

## **Volume:**

**Description:** The space taken up by something – for example, the volume of a material like wood or plastic – or even gas. Measured in a size appropriate to the problem – either  $\text{cm}^3$  or  $\text{m}^3$  for larger problems

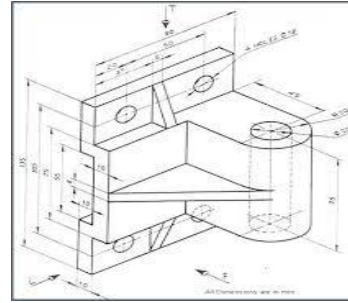
**Applications:** This could be useful to work out the volume of a material and therefore its cost – or the amount of paint or other liquid used.

For any solid with a linear cross section (the same shape all way along), the volume is just the end area times the length!

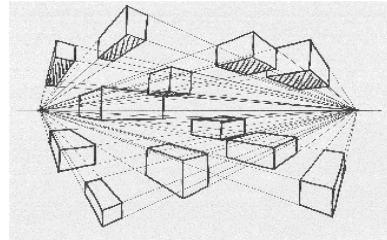


**Stretch:** What if you have a more complex shape like a house – how would you work out the volume now?

**Estimation:** You must be able to estimate (accurate guess) ROUGHLY what the answer to a problem may be. For this you could round figures up or down and work the easier answer out in your head so you know if your calculator answer is correct later.



**Isometric drawing:** Used for practising drawing in 3D for design ideas. Ask for isometric paper to practise on!



**Perspective drawing:** Often used in architecture. All lines that are not vertical go back to vanishing points.

## **Literacy – Be able to write an Evaluation**

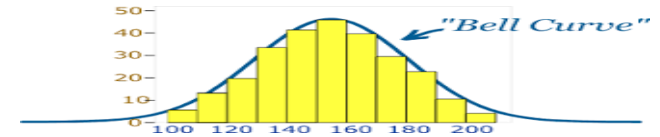
- What skills have you learnt during this project?
- What skills have you developed (improved)?
- What aspects of your project do you think have gone well?
- What aspects have been less successful?
- Compare your finished project to your final design drawing: what changes did you make and why?
- If you were given a chance to revisit the project, what would you do differently?

## **Distribution curve:**

You need to be able to graphically represent data like this.

This is a good way of showing a collection of measurements.

For example, you could have collected the heights of all the students in your year group and represented the data in the yellow graph. From this you could easily see the average and the sizes either side, to help you design products better.



## **Mean average:**

The is adding up all the data you have and dividing by the number of sets of data you have.

**Example:** You want to know the average head size so you can design a hat that would fit an average person.  
Person 1: head size 420 mm Person 2: head size 520 mm  
Person 3: head size 480 mm Person 4: head size 360 mm  
The Average =  $\frac{420+480+520+360}{4} = 445$

## **For you to do:**

1. What is the average bottle volume size?  
140 ml, 210 ml, 183 ml, 189 ml, 112 ml, 439 ml
2. What is the mean shoe size?  
10, 6, 9, 8, 15

You need to also understand that abnormal measurement could effect your averages. From those last examples can you spot the abnormal measurement that you may like to take out to get a better average?

# Product Design

## Key Terms

<b>National Grid</b>	System to balance supply and demand by shifting power around the country and turning some energy plants on / off.
<b>Photovoltaic</b>	Cells used to convert light energy from the sun to electrical energy.
<b>Life cycle analysis</b>	The environmental impact that a product has on the environment during its manufacture and life and death.
<b>Hydroelectric</b>	Production of electricity by passing water through a turbine, or a wave through a paddle machine.
<b>Sustainable</b>	The ability to exist constantly.
<b>Renewable energy</b>	A source of energy or a material that can be replenished – hydroelectric.
<b>Carbon footprint</b>	Amount of carbon used throughout the life of a product from raw materials to final end of life.
<b>Portable power source</b>	Non-National Grid power: solar, batteries, petrol generator.



### Example Questions:

1. Explain the life cycle of a named product. Include its carbon footprint.
2. Explain how companies can help to reduce global warming.
3. Explain what a finite resource is.
4. For each of the following give an example that we could adopt in school:

- Reduce
- Reuse
- Recycle
- Repair
- Reduce
- Refuse

## Carbon-Based Energy Production

Source	What it is and how it is converted into energy	Advantages	Disadvantages
<b>Biomass</b>	<ul style="list-style-type: none"> <li>Organic matter derived from organisms, such as wood, crops, rubbish, landfill gas and alcohol fuels</li> <li>Can be used directly via combustion (of wood or biodegradable wastes) to produce heat, or converted to electricity</li> </ul>	<ul style="list-style-type: none"> <li>Waste from plants and farming can be used</li> </ul>	<ul style="list-style-type: none"> <li>Large areas needed to cultivate crops</li> <li>Emits fumes that add to global warming</li> </ul>
<b>Biodiesel</b>	<ul style="list-style-type: none"> <li>Made from natural elements such as plants, vegetables and fermented waste cooking oil</li> <li>Can be used in diesel-powered vehicles without modifying the engine</li> </ul>	<ul style="list-style-type: none"> <li>Uses waste from plants and farming</li> <li>Does not give off harmful chemicals</li> </ul>	<ul style="list-style-type: none"> <li>Large areas needed to cultivate crops</li> </ul>
<b>Tidal</b>	<ul style="list-style-type: none"> <li>Turbines generate electricity from the movement of tidal water</li> <li>Artificial tidal barrages are constructed across tidal rivers, bays and estuaries, for example – the water is trapped and then released through turbines as the water levels change</li> </ul>	<ul style="list-style-type: none"> <li>No emissions</li> <li>Powerful</li> <li>Tides are predictable and stable</li> <li>Barrages can have a secondary purpose such as a bridge</li> </ul>	<ul style="list-style-type: none"> <li>Lower energy output than fossil fuels</li> <li>Large barrages may have an ecological impact</li> <li>Expensive to build</li> <li>Only available in coastal areas</li> </ul>
<b>Wind</b>	<ul style="list-style-type: none"> <li>Wind turbines use propeller blades, which spin a shaft to create electricity through a generator</li> </ul>	<ul style="list-style-type: none"> <li>Freely available</li> <li>Can be used in remote areas</li> <li>No emissions</li> </ul>	<ul style="list-style-type: none"> <li>Could restrict shipping traffic when placed in the sea</li> <li>Wind can be unpredictable</li> <li>Wind farms are often regarded as unsightly</li> <li>Expensive to set up</li> </ul>
<b>Solar</b>	<ul style="list-style-type: none"> <li>Solar (<b>photovoltaic</b>) panels convert sunlight into electricity</li> <li>Solar thermal power plants use the sun's rays to heat a fluid that is circulated through pipes, transferring heat to water and producing steam</li> <li>Steam is converted into mechanical energy in a turbine, which powers a generator to produce electricity</li> </ul>	<ul style="list-style-type: none"> <li>Reliable source of power in warmer countries</li> <li>Homes can have their own electricity supply</li> <li>More electricity is produced in stronger sunshine</li> </ul>	<ul style="list-style-type: none"> <li>Could change ecology when large solar farms replace traditional farms</li> <li>Expensive to set up</li> <li>Effectiveness of power generation depends on geographical location</li> </ul>
<b>Hydroelectric</b>	<ul style="list-style-type: none"> <li>A dam traps water that flows through tunnels and turns turbines to make electricity</li> </ul>	<ul style="list-style-type: none"> <li>Large amount of low-cost power</li> <li>Can have secondary purpose such as a water reserve</li> </ul>	<ul style="list-style-type: none"> <li>Expensive to set up</li> <li>Construction may damage the environment</li> </ul>

## Renewable Energy Resources

Source	How it is converted into energy	Advantages	Disadvantages
<b>Coal</b>	<ul style="list-style-type: none"> <li>Heat energy and hot gases convert water into steam which powers a turbine to create high-voltage electricity</li> <li>Smaller amounts used as a domestic heat source</li> </ul>	<ul style="list-style-type: none"> <li>Stable, large-scale and high-power electricity generation</li> <li>Relatively cheap to extract and convert</li> <li>Reliable</li> </ul>	<ul style="list-style-type: none"> <li>Coal power plants emit pollution such as carbon dioxide, sulfur, mercury, selenium and arsenic</li> <li>Technologies to reduce coal power plant emissions are expensive</li> <li>Coal mining impacts significantly on the landscape</li> </ul>
<b>Oil</b>	<ul style="list-style-type: none"> <li>Processed and split into petroleum products such as petrol, paraffin and diesel</li> <li>In power plants oil is burnt to heat water and produce steam, which propels turbine blades to produce electricity</li> </ul>	<ul style="list-style-type: none"> <li>Stable, large-scale and high-power electricity generation</li> <li>Relatively cheap to extract and convert</li> </ul>	<ul style="list-style-type: none"> <li>Oil power plants are highly polluting</li> <li>Oil exploration impacts on the landscape</li> <li>Oil extraction risks environmental disasters</li> </ul>
<b>Gas</b>	<ul style="list-style-type: none"> <li>Burning gas can power turbines, with the waste heat powering a steam turbine</li> <li>Natural gas is used in homes for heating or cooking</li> <li>It has lower emissions than other fossil fuels – its combustion emits carbon</li> </ul>	<ul style="list-style-type: none"> <li>Stable, large-scale and high-power electricity generation</li> <li>Relatively cheap to convert and extract as ready-made fuel</li> </ul>	<ul style="list-style-type: none"> <li>Burning gases are highly polluting</li> </ul>



# Religious Education

## Religion and Human Rights – Wealth and Poverty

Keyword	Definition
<b>Wealth</b>	An abundance of valuable possessions or money
<b>Tithe</b>	One tenth of annual produce or earnings
<b>Poverty</b>	Being without money, food or other basic needs of life (being poor)
<b>Relative poverty</b>	A condition where household income is a certain percentage below average income for that country
<b>Absolute poverty</b>	A condition where household income is below a necessary level to maintain basic living standards (food, shelter, housing)
<b>Exploitation</b>	Misuse of power or money to get others to do things for little or unfair reward
<b>Human trafficking</b>	The illegal movement of people, typically for the purposes of forced labour or commercial sexual exploitation
<b>Emergency Aid</b>	Also known as short-term aid; help given to communities in a time of disaster or crisis, e.g. food during a famine, shelter after an earthquake
<b>Long-term aid</b>	Assistance given to a poor country over a long period of time that has a lasting effect
<b>Standard of living</b>	The degree of wealth and material comfort available to a person or community
<b>Quality of life</b>	The standard of health, comfort, and happiness experienced by an individual or group
<b>LEDC</b>	Less Economically Developed Country. A country with a low average income per family and with a low standard of living
<b>Justice</b>	Fairness

Problems	Explanation
<b>What is the use of wealth?</b>	Christians believe that the wealthy have a responsibility to not only use their money on themselves, but to also give their money away to the poor and to the church for its upkeep and mission. Christians believe that by sharing their wealth they are helping Jesus and showing love to others.
<b>What does the Old Testament say about wealth?</b>	In the Old Testament, God blessed people with wealth in response to their faithfulness to him; God promised that if Israel followed him and obeyed the law he gave Moses, he would bless them: 'The Lord will grant you abundant prosperity' (Deuteronomy 28:11). People thanked God for what wealth they had by giving a tithe, which was a tenth (10%) of their earnings: 'Be sure to set aside a tenth of all that your field produce each year' (Deuteronomy 14:22). Some Christians today still give 10% of their income to the Church.
<b>What does the New Testament say about wealth?</b>	The New Testament focuses on the dangers associated with wealth, greed and selfishness. People can become so involved with money that they forget to love God and forget to love their neighbour. Jesus told a rich young man to sell all he had, give it to the poor and follow him and he would have treasure in heaven. Wealthy Christians should also feel the need to give to the poor. Jesus told the Parable of the Rich Man and Lazarus, in which the rich man ended up in hell because he had not helped the beggar, Lazarus, at the gate. The Parable of the Sheep and the Goats states that those who help the disadvantaged receive the reward of eternal life in heaven, whereas those who ignore the needy are thrown into 'the eternal fire'.
<b>Poverty and its causes</b>	Everyone shares the same basic needs. We all need food, water, clothing, shelter, health care, education and employment to achieve a basic standard of living. Approximately 1 in 8 people on the planet do not have access to these basic needs. There are many causes of poverty. Many poor countries have borrowed money at a high rate of interest to help pay for basic necessities like health care and education, which has resulted in an ever-increasing debt.
<b>Exploitation of the poor</b>	Many people in poverty can be paid very little for their work – because although this is unfair, those in poverty have no other source of income. Those who are poor can also be vulnerable targets of moneylenders; those in poverty may take out financial loans in desperation, but are then forced to pay back huge amounts of interest. Those in poverty are also vulnerable to human trafficking. In order to try and escape to a better life in a richer country, poor people may pay smugglers to help them migrate. However, criminal gangs may then force these migrants to work in poor conditions for little pay, or as prostitutes. These people are then threatened with being taken to the authorities, as they are illegal immigrants.
<b>Giving money to the poor</b>	There are times when people require immediate help with basic needs. Emergency aid can be needed after terrible disasters such as earthquakes or floods and charities can often help by offering temporary shelter, supplies of food and water and emergency healthcare services. However, this support is only usually short-term, and so charities will try to offer long-term aid to provide education, tools and skills to help people get out of poverty themselves.
<b>Christian attitudes to the poor</b>	Christians are guided by the key concept of justice. They believe that people should be treated fairly, and that Christians should show compassion. One way in which Christians might act justly is to buy Fairtrade products which pay a fair amount to farmers who grow the products. In Britain, many Christians are also involved in supporting soup kitchens, food banks and other charities that help those in need. 'Send a Cow' is an initiative that was started by British Christian dairy farmers and involves people paying for cows to be sent to support communities in LEDCs.

**CHALLENGE:** Go to the link below and extend your knowledge:

<https://www.bbc.com/bitesize/guides/z4g9mp3/revision/4>

# Religious Education

## Religious Education - Sikhism

Keyword	Definition
<b>Guru</b>	A spiritual teacher
<b>Sikh</b>	A disciple or learner
<b>Waheguru</b>	God, the wondrous enlightener
<b>Equality</b>	Treating all people the same
<b>Guru Granth Sahib</b>	The Sikh holy book / holy scriptures
<b>Religious Tolerance</b>	The belief that all people should be treated the same, no matter what race or religion they come from
<b>Martyr</b>	A person who is killed because of their religious or other beliefs
<b>Mool Mantra</b>	Sikh statement of faith and prayer recited each day. It means basic teaching and is found at the start of every section of the Guru Granth Sahib
<b>Ik Onkar</b>	Symbol which represents the One supreme reality that sustains all
<b>Justice</b>	Fairness; treating people the same
<b>Gurdwara</b>	A Sikh place of worship
<b>Gurmukhi</b>	The language the Guru Granth Sahib is written in. It literally means 'from the Guru's mouth'
<b>Rest Room</b>	The room in the Gurdwara where the Guru Granth Sahib is taken to bed each night as a mark of respect for the Guru
<b>Omnibenevolent</b>	All-loving
<b>Omnipotent</b>	All-powerful
<b>Omniscient</b>	All-knowing
<b>Omnipresent</b>	Always there
<b>Monotheist</b>	Someone who only believes in one God

Belief	Explanation
<b>Guru Nanak</b>	Guru Nanak was the founder of Sikhism. He believed that everybody was equal and showed this through the story of the Sacred Thread. He believed that there should be religious tolerance. He said that there was only one God.
<b>The Ten Gurus</b>	After Guru Nanak died there was a succession of Gurus. These Gurus lead and taught the Sikhs. Some died for their faith as martyrs.
<b>The Guru Granth Sahib</b>	The Guru Granth Sahib is the Sikh holy scriptures. It is written in Gurmukhi which literally means 'from the Guru's mouth'. It is made up of the teachings of the Gurus. Sikhs believe that it is the 11 <sup>th</sup> and final Guru. It is recited aloud in the Gurdwara and every night is put to bed in the Rest Room.
<b>Equality</b>	Sikhs believe that all people should be treated the same; it doesn't matter about their race, religion, gender or the amount of money they have.
<b>Religious Tolerance</b>	Guru Nanak taught that people should be tolerant of other people's religious beliefs; this means that they should be treated the same regardless of their race or religion. Guru Nanak did not oppose Muslims and Sikhs who were living in India at the time when he founded Sikhism.
<b>God – Waheguru</b>	Sikhs believe in one God only – Waheguru, the wondrous enlightener. Waheguru is omnibenevolent, omniscient, omnipotent and omnipresent. The Mool Mantra is found at the start of every section of the Guru Granth Sahib and describes God for Sikhs.

### **CHALLENGE:**

Go to the links below and extend your knowledge on:

BBC Bitesize GCSE Sikhism: <https://www.bbc.com/bitesize/topics/zws4d2p>

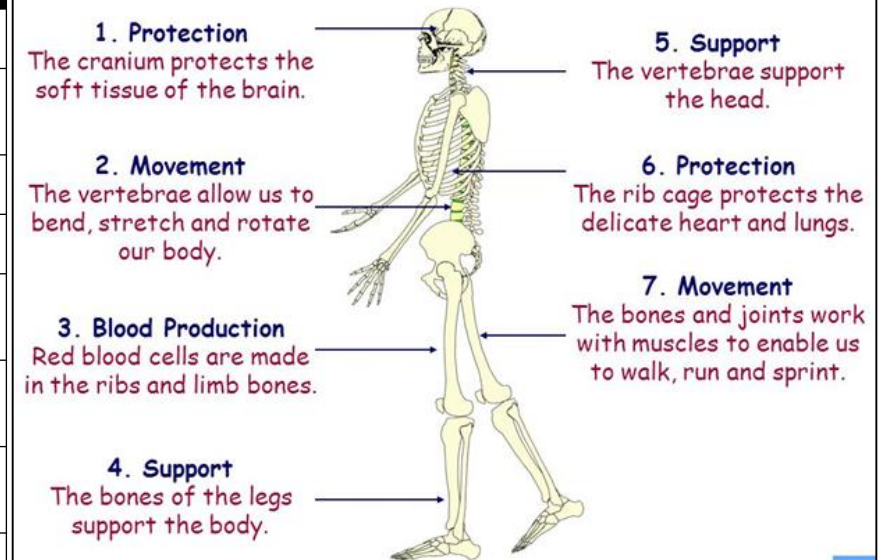
My Life, My Religion: Sikhism video clips:

<https://www.bbc.co.uk/programmes/b05p6t8s/clips>

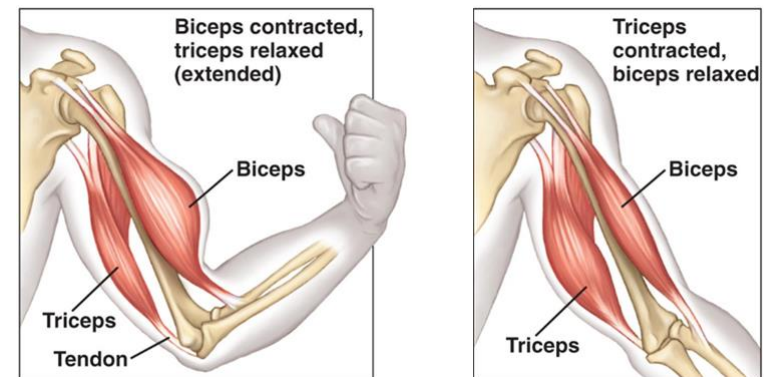
## 1. Keywords

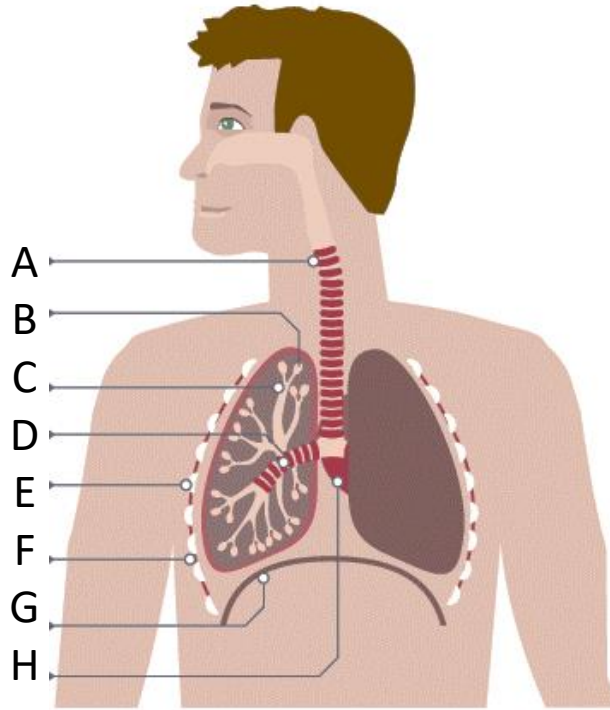
Respiration	Chemical reaction inside all living cells that releases energy.
Respiratory system	Organs in the body that enable us to get oxygen into the blood and remove carbon dioxide.
Inhalation	Breath in.
Exhalation	Breath out.
Cilia	Tiny hair-like structures on the surface of the cell. Helps to sweep dust, mucus, etc. up the back of the throat.
Gas exchange	Moving oxygen from air into our blood and carbon dioxide in our blood into the air.
Alveoli	Tiny air sacs in the lungs that increase the surface area for gaseous exchange.
Diaphragm	Contracts to draw air into the lungs.
Arteries	Blood vessels that carry oxygenated blood away from the heart.
Veins	Blood vessels that carry deoxygenated blood towards the heart.
Diffusion	The spreading out of particles from an area of high concentration to an area of low concentration.
Aerobic respiration	Reaction in which glucose is broken down using oxygen to produce carbon dioxide and water and release energy for the cells.
Anaerobic respiration	Glucose is broken down to produce lactic acid. A small amount of energy is transferred to the cells.
DNA	Complex chemical that carries genetic information.
Nucleus	Found inside many living cells. Contains genetic information.
Chromosomes	Structures found in the nucleus, made up of genes.
Genes	Short sections of DNA which control characteristics.

## 2. Functions of the skeleton



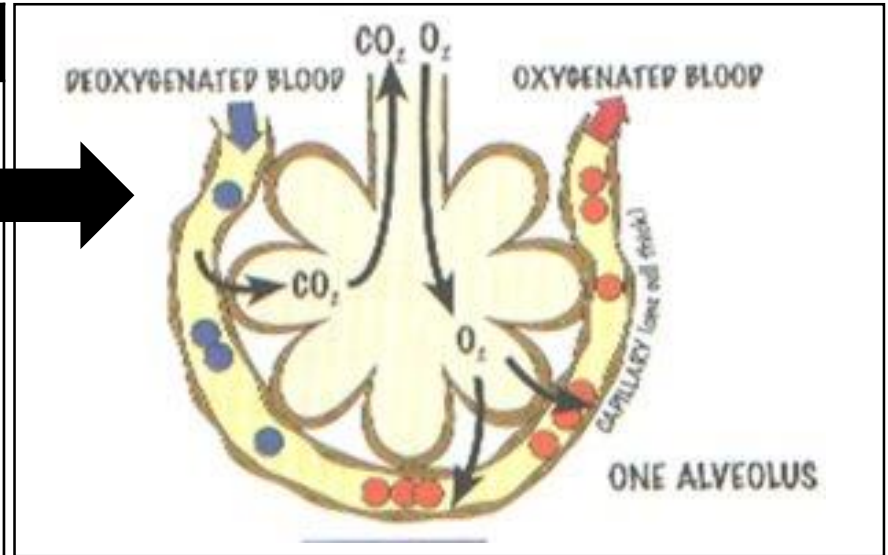
## 3. Antagonistic pairs





## 4. Respiratory system

- A Trachea
- B Alveoli
- C Bronchiole
- D Right bronchus
- E Ribs
- F Intercostal muscles
- G Diaphragm
- H Heart



## 5. Aerobic Respiration

glucose + oxygen  $\rightarrow$  carbon dioxide + water + energy

## 6. Anaerobic Respiration

glucose  $\rightarrow$  lactic acid (+ energy)

## 7. Smoking and pregnancy

1. Nicotine and carbon monoxide can reduce the baby's oxygen supply.
2. This leads to an underdeveloped baby which increases the risk of:
  - baby being underweight
  - heart defects
  - decrease in lung function
  - brain function affected
  - risk of still birth or SIDS (Sudden Infant Death Syndrome)

## 8. Drug: any chemical that effects the nervous system

### Stimulant

Stimulants speed up the activity of the nervous system.

#### This causes:

- Increased alertness
- Raised heart rate and blood pressure
- Reduced appetite

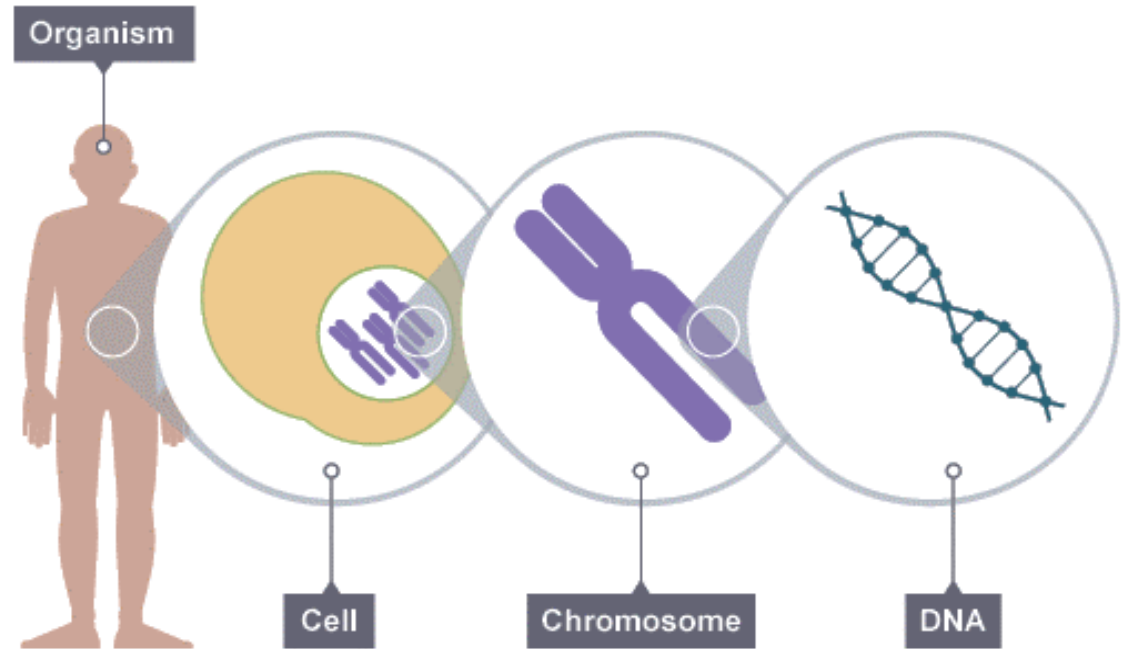
### Depressant

Depressants slow down the activity of the nervous system.

#### This causes:

- Sleepiness
- Forgetfulness
- Can be addictive

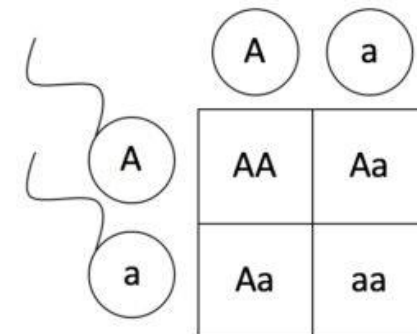
## 9. The organisation of DNA in humans



Each cell with a nucleus contains chromosomes, which are made from DNA

## 10. Genetic inheritance

Allele	Different forms of the same gene, e.g. hair colour
Dominant	When only one copy of the allele is needed to show in the offspring
Recessive	When the allele only shows when there are two copies
Homozygous	Two copies of the same allele
Heterozygous	Two different alleles



## 9CR Reactivity

### 1. Keywords

Reactivity	How easily a substance takes part in a chemical reaction
Acidic	pH value less than 7
Alkaline	pH value more than 7
Oxide	Compound containing oxygen and another element
Displacement reaction	Where a more reactive element takes the place of a less reactive element in a compound

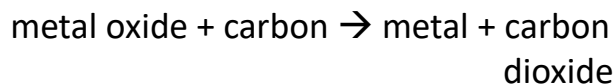
### 3. Reaction of metals and acids



The reaction between metal and acid gets faster when more reactive metals are used.

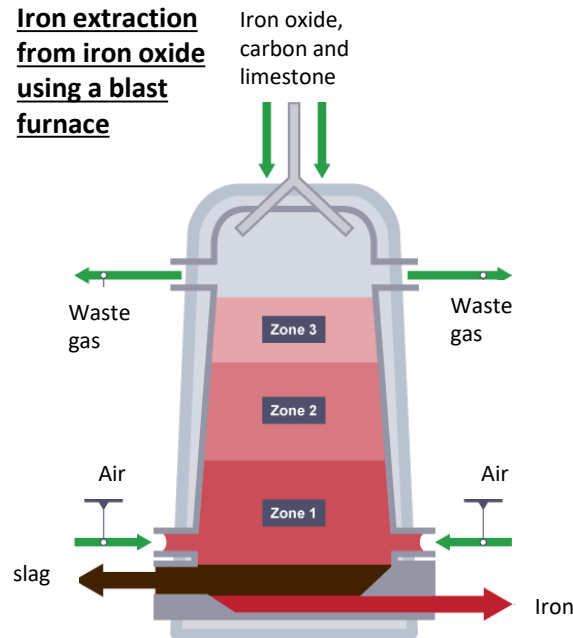
### 4. Extraction of metals

Less reactive than carbon:  
Extracted from their metal oxide by carbon.



More reactive than carbon:  
Extracted from their metal oxide by electrolysis

### Iron extraction from iron oxide using a blast furnace



### 5. Metal oxides

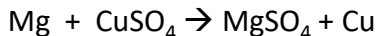
Bases – they dissolve to form alkaline solutions

### Non-metal oxides

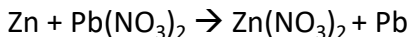
They dissolve in water to form acidic solutions

### 6. Displacement reactions

Magnesium + copper sulphate  $\rightarrow$  magnesium sulphate + copper



Zinc + lead nitrate  $\rightarrow$  zinc nitrate + lead



## 2. Reactivity series

Most reactive

Potassium

Sodium

Calcium

Magnesium

Aluminium

**Carbon**

Zinc

Iron

Tin

Lead

Copper

Silver

Gold

Platinum

Least reactive

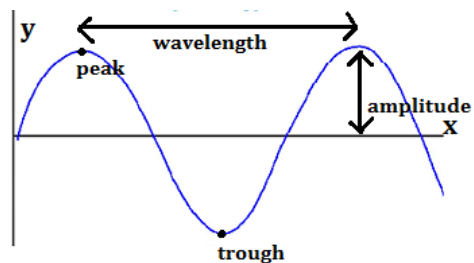
## 9PS Sound Waves

Keyword	Definition
Transverse wave	A wave where the vibration is perpendicular to the direction of travel
Longitudinal wave	A wave where the vibrations are parallel to the direction of travel
Mechanical wave	A vibration that travels through a substance (e.g. sound)
Frequency	The number of wave fronts passing a fixed point every second (measured in Hz)
Ultrasound	Sound above 20 KHz
Superposition	When two waves meet and affect each other
Reflection	When waves bounce off a surface
Echo	Reflection of sound that can be heard

2. Comparing waves	Light wave	Mechanical wave
Type of wave	Transverse	Longitudinal
Can they travel through a vacuum?	Yes	No. Mechanical waves can only pass through a solid, liquid or gas
Can they be reflected?	Yes. By smooth shiny surfaces	Yes. By smooth surfaces
Can they be absorbed?	Yes. By dark surfaces	Yes. Rough surfaces absorb sound
Can superposition occur?	Yes	Yes

3. Uses of ultrasound	
Use	How it works
Cleaning jewellery	The vibrations of the wave shake the dirt loose
Scanning the human body	The waves are partially reflected at different tissue boundaries
Industrial imaging	The waves can detect flaws in metal castings as they are partially reflected by cracks
Physiotherapy	Energy from the wave is absorbed by body tissue and relieves pain

### 4. Labelling a wave



### 5. Speed of sound

Sound travels faster through liquids and solids than it does through a gas because the particles in a gas are further apart.

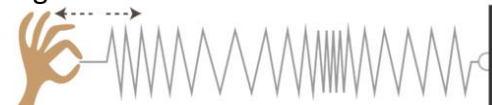
Substance	Speed of sound
Air	343 m/s
Water	1493 m/s
Steel	5130 m/s

6. Humans can hear sound in the 20 Hz – 20 KHz range.  
Dogs can hear up to 50 Hz.

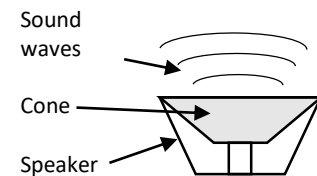
### Transverse wave



### Longitudinal wave



7. Sound waves are produced by all vibrating objects. Loudspeakers work by converting electrical energy into kinetic energy. This moves the cone which creates the sound waves.



# Textiles

## Specialist technical principles: stock forms, types and sizes

### Introduction

Most textiles come in a range of standard sizes. Standard practice is to use length x width for fabrics. Some fabrics are available in range of weights from light through to heavy.

### Keywords

**Drape** – The way a fabric hangs

**Fabric**

**Yarn**

**Hank**

**Ball**

**Reel**

**Buttons**

**Velcro**

**Buckle**

**Press stud**

**Toggle**



**Hook and eye**

**Eyelet**

**Zip**

### Exam Questions

1. What factors make reels of yarn the most appropriate for manufacturing by machine?
2. Give two advantages of using a zip for a trouser fastening compared to buttons.

### Stretch

A. Velcro is a popular types of fastener on children's clothing. Give three reasons why Velcro is a suitable fastening on a school coat for a child.

### Exam Tips

Understand how textiles and components are available in standard forms and sizes.

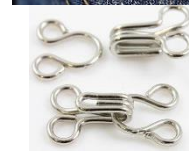
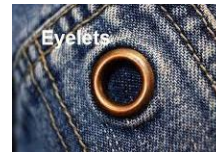
### Key Facts to Memorise



Fabrics are mostly available by the roll and are cut to length as needed. They come in different widths and are usually bought by the linear metre.



Yarn is available in hanks, balls and reels and is generally sold by weight. Reels tend to be used for machine production and hanks and balls are better for handmade constructions. A standard ball of yarn weighs around 100g.



### Shears

**Rotary cutter** – Cuts accurate lines and curves on multiple layers of fabric

**Band saw** – Can cut multiple layers of cloth in one pass. Used in commercial settings

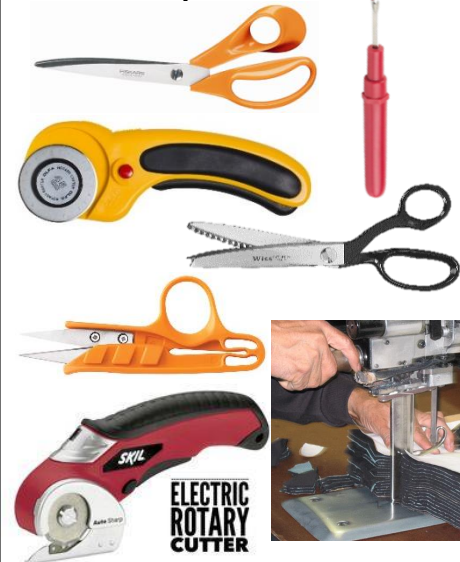
**Embroidery scissors**

**Thread snips** – Multi-purpose mini shears for trimming threads or ripping seams

**Seam ripper**

**Pinking shears**

**Electric rotary cutter**





# Textiles

**Specialist technical principles:**  
sources and origins

## Introduction

Textiles can be made from natural or synthetic fibres and can also be combined to make modern textiles that perform more usefully.

## Keywords

**Animal skins** – Leather suede and fur. The skins and hides are tanned and then be dyed before use.

**Chemical sources** – Nylon, polyester, acrylic, lycra, Kevlar, Nomex

**Vegetable sources** – Cotton, flax (linen), jute, hemp, bamboo, coir

**Fibre** – Filament and staple

**Yarn**

**Spinning**

**Animal fibres:**  
Wools and silk



**Plant fibres:**  
Cotton and linen



**Chemical sources:**

Polyester, polyamide, elastane, polypropylene, acrylic, PVC, Kevlar

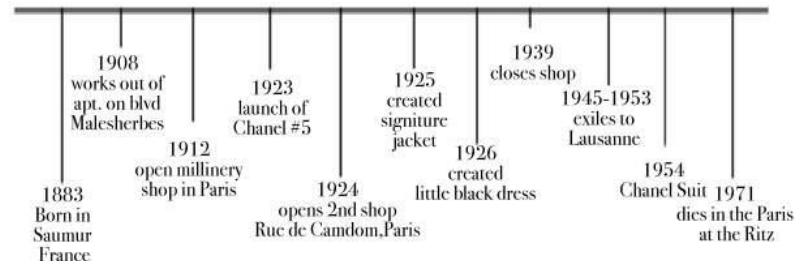
## Coco Chanel

[http://inside.chanel.com/en/timeline/1883\\_birth-of-gabrielle-chanel](http://inside.chanel.com/en/timeline/1883_birth-of-gabrielle-chanel)

<https://www.google.com/culturalinstitute/beta/search?q=coco%20chanel>

[https://www.google.com/culturalinstitute/beta/exhibit/7QKCy\\_v7yDpulg](https://www.google.com/culturalinstitute/beta/exhibit/7QKCy_v7yDpulg)

## Gabrielle Bonheur Chanel Timeline



*Fashion is not something that exists in dresses only. Fashion is in the sky, in the street, Fashion has to do with ideas, the way we live, what is happening.*  
Coco Chanel

