

Article 29 (goals of education) Education must develop every child’s personality, talents and abilities to the full. It must encourage the child’s respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.

The Regis School PSHCE curriculum 2018

The very nature of PSCHE is that it builds upon the skills and knowledge learnt throughout school and the wider world of the student. It aims to draw on elements of their own experiences to empower students to flourish, adapt and succeed. Core skills developed in PSHCE include: teamwork; active listening; time management; self – regulation; resilience; decision making; negotiation and compromise; communication and empathy.

At The Regis School, PSHCE is delivered once fortnightly for Year 7 – Year 10 students. Our PSHCE curriculum is underpinned by the United Nations Rights of the Child manifesto. It endorses British Values, whilst developing education with character for all students, to ensure that pupils are equipped and prepared to take their place in society as responsible citizens and to play a full and active part within it.

When students reach Year 11, the PSHCE curriculum is delivered through the tutor programme, which will include exploring topics such as diversity, extremism and tolerance, stress management and healthy lifestyles.

<u>Year group</u>	<u>Autumn term</u>	<u>Spring term</u>	<u>Summer term</u>
Year 7	<ul style="list-style-type: none"> ✓ Welcome to the Regis School and the Rights of the Child. ✓ United Nations and our Rights respecting school. <p><i>This enables students to distinguish right from wrong and to respect the civil and criminal law of England.</i></p>	<ul style="list-style-type: none"> ✓ Self- esteem and positive body image. ✓ Healthy bodies and healthy minds. <p><i>These topics enable students to develop their self-knowledge, self-esteem and self-confidence.</i></p>	<ul style="list-style-type: none"> ✓ Managing peer pressure and anti – bullying. ✓ E – Safety and social media. <p><i>Students develop an appreciation that living under the rule of law protects individual citizens and is essential for their wellbeing and safety.</i></p>
Year 8	<ul style="list-style-type: none"> ✓ Healthy relationships and friendships. ✓ Positive lifestyle choices. <p><i>This encourages students to accept responsibility for their behaviour, show initiative, and to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely.</i></p>	<ul style="list-style-type: none"> ✓ Further Education and job prospects. ✓ Motivation and Learning to learn. <p><i>These topics, help students to manage their money well and make sound financial decisions. It promotes growth mind-set techniques and strategies, to enable students to overcome barriers in their learning as self-managers.</i></p>	<ul style="list-style-type: none"> ✓ Sex education – peer pressure, health element, contraception. ✓ Consent <p><i>These topics teach students about relationships, whilst providing young people with information about different types of contraception, safe sex and how they can access local sources of further advice and treatment. It also gives young people a clear</i></p>

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			<i>understanding of the arguments for delaying sexual activity and resisting pressure.</i>
Year 9	<ul style="list-style-type: none"> ✓ Qualifications and careers. ✓ The cost of living and finance. <p><i>These topics aim to encourage students to develop their ambition and interest in their future education, training and career choices.</i></p>	<ul style="list-style-type: none"> ✓ Prejudice, discrimination. ✓ Diversity and equality. <p><i>These topics aim to encourage students to stay safe in terms of media influence and e-safety. They focus on current issues including radicalisation and extremism.</i></p>	<ul style="list-style-type: none"> ✓ Drugs and alcohol education ✓ CSE and online risk. <p><i>Topics covered in this term are designed to support students in how to stay safe from harm and risky behaviours. They focus on resisting peer pressure and the role of law.</i></p>
Year 10	<ul style="list-style-type: none"> ✓ Careers education and CV writing ✓ Mock interview techniques <p><i>These topics support students in making decisions to support their Future Education. It also teaches them about how to manage their own behaviour and make positive choices.</i></p>	<ul style="list-style-type: none"> ✓ Mock Interview Day preparation ✓ Your Future <p><i>This term focuses around a ‘Mock Interview Day’ in which, employers from the local area interview every year 10 student in the school, to develop their interview techniques and self- confidence. The future aspect feeds in to their overall development and next steps after completing their GCSE’s.</i></p>	<ul style="list-style-type: none"> ✓ Healthy lifestyles ✓ Risky relationships <p><i>These topics teach students about healthy and safe choices in their social, moral, cultural and mental wellbeing. It gives young people a clear understanding of the arguments for delaying sexual activity and resisting pressure.</i></p>